City and County of San Francisco

London Breed, Mayor

Human Services Agency

Department of Human Services Department of Aging and Adult Services Office of Early Care and Education

Trent Rhorer, Executive Director

MEMORANDUM

TO:	AGING & AI	OULT SERVICE	S COMMISSI	ON	
THROUGH:	SHIREEN Mo	SPADDEN, EX	ECUTIVE DIR	ECTOR	
FROM:		FFMAN, DEPU' AKAWA, DIREC			
DATE:	NOVEMBER	6, 2019			
SUBJECT:		DIFICATION: S Y SERVICES FO BILITIES			
GRANT TERM:	7/1/2018-6/30)/2020			
GRANT AMOUNT:	Current \$1,201,721	Modification \$103,405	Revised \$1,305,126	Contingency \$130,513	Total \$1,435,639
ANNUAL AMOUNT	FY 18-19 \$582,646	FY 19-20 \$722,480			
Funding Source MODIFICATION: PERCENTAGE:	<u>County</u> \$70,000 68%	<u>State</u> \$16,702.50 16%	<u>Federal</u> \$16,702.50 16%	<u>Contingency</u> \$103,405 100%	<u>Total</u> \$10,341 100%

The Department of Aging and Adult Services (DAAS) requests authorization to modify the existing grant agreement with Sequoia Living for the provision of Community Services to older adults and adults with disabilities during the period of July 1, 2019 to June 30, 2020, for an additional amount of \$103,405 plus a 10% contingency for a total amount not to exceed \$1,435,639.

Background

DAAS funded Community Services programs can be most easily identified as the network of Community Centers located throughout the City of San Francisco. These Community Centers are home to the rich history of San Francisco and have been built and nurtured over the years, with direct input, insight and support from the people and neighborhoods they serve. Community Centers are more than just a meeting place for older adults and adults with disabilities. To meet the overall goal of Community Services programming, the centers offer a wide array of activities and programming to enhance the cultural, educational, mental and physical well-being of participants. Community Centers may also be the entry point for many older adults and adults with disabilities in need of additional services, thus translation and social services are made available on site. Additional DAAS funded services, including nutrition and health promotion programs, are often co-located at DAAS funded Community Centers.

Modification:

The Downtown Center will provide enhanced outreach to support CalFresh Expansion activities for older adults in District 6. District 6, the Tenderloin, has one of the highest concentration of residents potentially eligible for CalFresh Expansion benefits. The services provided with this grant include application assistance and outreach. Application assistance is direct help to consumers with completion of applications and provision of supportive documents. This assistance leads to more complete applications and more efficient processing for the consumer and staff. Outreach includes educational efforts that provide information about the nutritional and other benefits of CalFrash participation and the basic application process for nonparticipating but potentially eligible persons. The goal is to inform as many SSI recipients of their possible eligibility for CalFresh and to assist them in completing the application process.

The Downtown Senior Center will also expand their Living Well, Aging Well (LWAL) community services programming which was first introduced at their other branch, Aquatic Park Center, with great success and was then piloted at the Downtown Center in FY18-19. This best practice program includes individual support from staff as participants set personal goals to improve wellbeing through activities and services at the Downtown Center, where older adults can be individually supported, have access to appropriate programs and services, where they can support others, and where they can increase their capacity for self-sufficiency through goalsetting. By offering comprehensive, supportive, coordinated services with a focus on the modalities of human development, (physical, intellectual, social, environmental, spiritual, creative), LWAW will help the center's most at-risk population become more self-motivated, self-regulated, less isolated, and more socially connected. The funding will provide a program coordinator who will perform intake and assessment for the LWAW program and work with individuals to set personal goals. This staff will initially follow participants to their activities, support their schedules and encourage participation. They will collect data on each individual and track their progress. This initial assessment is later used to measure individual progress and to evaluate outcomes for the LWAW program.

Sequoia Living operates two senior centers: Aquatic Park Senior Center and Downtown Senior Center. The added funding of \$33,405 for CalFresh Expansion and \$70,000 for Living Well, Aging Well program are both for Downtown Senior Center.

	FY 18-19	FY 19-20	Addback	Total
Aquatic Park Senior Center	\$348,367	\$377,768		\$726,135
Downtown Senior Center	\$234,279	\$241,307	\$103,405	\$578,991
				\$1,305,126

Services to be Provided

Activities and services at DAAS funded Community Center programs can be described as fitting within four main categories of services:

1) <u>Activity Scheduling</u>: Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other activities that bring people together, for education or wellness purposes that help consumers maintain/enhance their level of functioning.

2) <u>Translation</u>: Translation assistance is provided to consumers that cannot speak/read English. Translation may also include the use of American Sign Language, braille, or teleprompting. Services can include translation of forms and letters. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, and presentations.

3) <u>Social Services</u>: Social services consist of one-to-one assistance for individuals to help resolve problems. Assistance may include information and referral, forms/application completion, home visits, and emotional support by phone or in person.

4) <u>Enhanced Outreach</u>: While there is an expectation that Community Center will do outreach to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, or problem-solving certain barriers to service, e.g., safety issues or transportation needs.

Performance

Programmatic monitoring was completed on May 16, 2019 and Sequoia Living was found to be in compliance. The fiscal and compliance monitoring for fiscal year 2017-2018 reports no findings.

Selection

Grantees were selected through RFP #785 issued in February 2018.

Funding

Sequoia Living's Community Service grant is currently funded through County General Funds. The added Living Well, Aging Well program will be funded thru Dignity Fund saving. The added CDA CalFresh Expansion initiative will be funded 50% through Federal fund and 50% through State fund.

ATTACHMENTS

Appendix A-2 – Services to be Provided, Downtown Senior Center Appendix B-2 – Program Budget, Downtown Senior Center Appendix F-1 – Site Chart

APPENDIX A-2 – SERVICES TO BE PROVIDED

Sequoia Living – Downtown Center

COMMUNITY SERVICES

Effective July 1, 2018 to June 30, 2020

I. Purpose

The purpose of this grant is to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities in site based Community Centers.

II. Definitions

Adult with a Disability	Person 18 years of age or older living with a disability
CA GetCare	A web-based application that provides specific functionalities for contracted agencies to use to perform consumer intake/assessment/enrollment, record service objectives, run reports, etc.
CARBON	Contracts Administration, Reporting and Billing On Line System
City	City and County of San Francisco, a municipal corporation.
DAAS	Department of Aging and Adult Services
Disability	A condition or combination of conditions that is attributable to a mental, cognitive or physical impairment, including hearing and visual impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: activities of daily living (ADL), and instrumental activities of daily living (IADL); b) Capacity for independent living and self-direction; c) Cognitive functioning, and emotional adjustment
Frail	An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or others.
Grantee	Sequoia Living
HSA	Human Services Agency of the City and County of San Francisco

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Low Income	Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.
Minority	An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulation Sec. 7130.
Older Adult	Person who is 60 years or older, used interchangeably with senior.
OCP	Office of Community Partnerships (Previously Office on the Aging/OOA)
Senior	Person who is 60 years or older, used interchangeably with older adult.
SOGI .	Sexual Orientation and Gender Identity; <i>Ordinance No. 159-16</i> amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (Chapter 104, Sections 104.1 through 104.9.)
Unit of Service	Defined as one hour of service
Unduplicated Consumer (UDC)	A unique consumer receiving services in Grantee's Community Service program and reflected via enrollment in CA GetCare.

III. Target Population

Services must target those older adults and adults with disabilities (aged 18-59) who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited English speaking
- Minority
- Frail
- Lesbian, Gay, Bisexual, Transgender

IV. Eligibility for Community Services

- Resident of San Francisco and
- Person aged 60 and above or
- Person 18 years of age or older with a disability

V. Location and Time of Services

The details of the sites and operation hours are as attached in the Site Chart (Appendix F).

VI. Service Description

Community Services consist of activities/services that maintain or improve the quality of life of consumers. Activities and services focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older persons and adults with disabilities. These activities and services are provided in the agency's Community Center and in the community.

There are four categories of services:

- <u>Activity Scheduling</u> Units of service are measured by the number of scheduled activity hours sponsored by the Community Centers. Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes that help consumers maintain/enhance their level of functioning.
- 2) <u>Translation</u> Units of service are measured by the number of hours of translation assistance provided to consumers that cannot speak/read English. In addition, translation may also include the use of American Sign Language, braille, or teleprompting. Translation services may include translation of forms, letters, applications, phone calls, etc. for an individual. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, presentations, etc.
- 3) <u>Social Services</u> Units of service are measured by the number of hours providing one-to-one assistance for individuals to enable them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- 4) <u>Enhanced Outreach</u> While there is an expectation that Community Centers will do outreach within their existing Community Service budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from Office of Community Partnerships staff before commencing. Units of Service are measured by the number of hours spent working on enhanced outreach.

For FY 2019-2020:

With the recent CalFresh eligibility expansion, the Downtown Center will be providing enhanced outreach activities to inform SSI recipients of their possible eligibility and assist in completing the application process. Center staff will help in application completion, provision of supportive documents and educational efforts about the benefits of CalFresh participation. Grantee will comply with all California Department of Aging reporting requirements including number of applications processed, volume of outreach materials distributed and time study.

The Downtown Center will also expand their Living Well, Aging Well (LWAL) community services programming. This best practice program includes individual support from staff as participants set personal goals to improve wellbeing through activities and services at the Downtown Center. By offering comprehensive, supportive, coordinated services, LWAW will help the center's most at-risk population.

The funding will provide a program coordinator who will perform intake and assessment and work with individuals to set personal goals which will be used to measure their progress and evaluate outcomes.

VII. Contractor Responsibilities

Services should be provided according to OOA Community Services Standards, Program Memorandum #41.

Service offerings in the four categories of Community Services should be designed to:

- Provide quality services that attain a high satisfaction level from participants.
- Provide services that meet the needs of individual consumers.
- Provide physical activities that may improve the health of participants.
- Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
- Provide activities to increase socialization opportunities for individual consumers.

Grantee will administer an annual consumer satisfaction survey, pre-approved by Office of Community Partnerships staff, to consumers with a response rate of <u>at least 35%</u> of the annual unduplicated consumer service objective as specified in the Service Objectives section below.

VIII. Service Objectives

On an annual basis:

- Grantee will serve 700 unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>3,996</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>782</u> units of service of social services.
- Grantee will provide <u>240</u> units of translation services
- Grantee will provide 520 units of service of enhanced outreach.

IX. Outcome Objectives

- At least 80% of participants surveyed will indicate that they receive the services and/or activities they need from the agency.
- At least 80% of participants surveyed who participate in physical activity programming will report positive impact on their health.
- At least 80% of participants surveyed who received social services or translation assistance, or participated in an educational program, will report that this helped to improve their lives.
- At least 80% of participants surveyed will report that center activities increased their socialization opportunities and interaction with others.

X. Reporting and Other Requirements

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5th working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from Annual Consumer Satisfaction survey to Office on the Aging staff by March 15th of each grant year.
- E. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAAS for the months of February, May, August and November. The time study is due on the 10th day following the time study month.
- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31st of each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAAS/OCP.
- H. Grantee shall develop and deliver an annual summary report of SOGI data collected in the year as required by state and local law. The due date for submitting the annual summary report is July 10th.
- I. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- K. Apart from reports requested to be sent via e-mail to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Paulo Salta Program Analyst P.O. Box 7988 San Francisco, CA 94120 Paulo.Salta@sfgov.org

or

Ella Lee Contracts Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 ella.lee@sfgov.org

XI. Monitoring Activities

A. <u>Program Monitoring</u>: Program monitoring will include review of compliance to specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit

reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.

<u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

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Appendix B-2, Page 1 Document Date: Oct 2019

HUMAN SERVICES AGENCY BUDGET SUMMARY **BY PROGRAM**

		1		Term	
San Francisco Senior Center				7/1/18 - 6/30/20	
Check One) New 🗌 Renewal					
modification, Effective Date of Mod. 7/1/2		d.	· · · ·		
rogram: Community Services - Downto	wn Senior Center				
udget Reference Page No.(s)					
	7/1/18 - 6/30/19	7/1/19 - 6/30/20			
rogram Term	Revised	Budget	Modification	Revised	Total
AAS Expenditures					
Salaries & Benefits	\$188,885	\$194,995	\$89,918	\$284,913	\$473,798
Operating Expenses	\$14,836	\$14,836		\$14,836	\$29,672
ubtotal	\$203,721	\$209,831	\$89,918	\$299,749	\$503,470
Indirect Percentage (%)	15.00%	15.00%		15.00%	15.00%
Indirect Cost	\$30,558	\$31,476	\$13,487	\$44,963	\$75,521
CDA Indirect Cost			· · ·	\$29,975	
General Fund Indirect Cost				\$14,988	
Capital/Subcontractor Expenditures					
otal DAAS Expenditures	\$234,279	\$241,307	\$103,405	\$344,712	\$578,991
AAS Revenues					
General Fund	\$208,508	\$208,508		\$208,508	\$417,016
CFDA 93.778	\$25,771	\$25,771		\$25,771	\$51,542
General Fund - CODB		\$7,028		\$7,028	\$7,028
General Fund - Living Well Aging Well			\$70,000	\$70,000	\$70,000
CFDA - CalFresh Expansion			\$33,405	\$33,405	\$33,40
· · · · · · · · · · · · · · · · · · ·					
otal DAAS Revenue	\$234,279	\$241,307	\$103,405	\$344,712	\$578,99 [,]
Full Time Equivalent (FTE)					
Prepared by:	Telephone No.:			Da	ate: 5/10/18
ISA-CO Review Signature:					

Appendix B-2, Page 2 Document Date: Oct 2019

Program: Community Services - Downtown Senior Center (Same as Line 11 on HSA #1)

			Salari	es & Ben	efits Detail				
	Agency To	tals	HSA Prog	ram			DAAS		
DAAS Salary	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)	Adjusted FTE	7/1/18 - 6/30/19 Revised	7/1/19 - 6/30/20 Budget	Modification	Revised	Total
Program coodinator	\$62,500	1.00	55.00%	0.55	\$33,119	\$34,375		\$34,375	\$67,494
Service coodinator	\$69,800	1.00	64.49%	0.64	\$44,305	\$45,013		\$45,013	. \$89,318
Receptionist	\$36,700	0.50	25.00%	0.13	\$4,326	\$4,588		\$4,588	\$8,914
Center Director	\$90,500	1.00	20.00%	0.20	\$17,939	\$18,100		\$18,100	\$36,039
Outreach Worker	\$42,550	1.00	50.00%	0.50	\$19,800	\$21,275		\$21,275	\$41,075
Activity Assistant	\$42,180	1.00	50.00%	0.50	\$20,426	\$21,090		\$21,090	\$41,516
LWAW Program Coordinator	\$51,852	1.00	86.96%	0.87	-		\$45,089	\$45,089	\$45,089
CalFresh Enhanced Outreac	\$47,154	2.00	22.82%	0.46			\$21,517	\$21,517	\$21,517
Totals	\$443,236	8.50	374.26%	3.85	\$139,915	\$144,441	\$66,606	\$211,047	\$350,962
		0.00							
Fringe Benefits Rate Employee Fringe Benefits	<u>35.00%</u> \$155,133				\$48,970	\$50,554	\$23,312	\$73,866	\$122,836
Total DAAS Salaries and Benefits	\$598,369				\$188,885	\$194, <u>9</u> 95	\$89,918	\$284,913	\$473,798
HSA #2									10/25/201

Sequoia Living Community Services 18-20 (Downtown)

Appendix B-2, Page 3 Document Date: Oct 2019

Program: Community Services - Downtown Senior Center (Same as Line 11 on HSA #1)

		Operating Exp	ense Detail			
	Term	7/1/18 - 6/30/19 Revised	7/1/19 - 6/30/20 Budget	Modification	Revised	Total
DAAS Operating Expenses						
Expenditure Category						
Rental of Property		\$4,172	\$4,172		\$4,172	\$8,344
Utilities (Elec, Water, Gas, Phone, Garbage)		\$6,135	\$6,135		\$6,135	\$12,270
Office Supplies, Postage		\$2,179	\$2,179	· .	\$2,179	\$4,358
Building Maintenance Supplies and Repair						
Printing and Reproduction		\$650	\$650		\$650	\$1,300
Insurance						
Staff Training	-			·		
Staff Travel-(Local & Out of Town)						
Rental of Equipment				•		
Security		\$1,700	\$1,700		\$1,700	\$3,400
Consultant						
			<u></u>			
Total DAAS Operating Expenses		\$14,836	\$14,836	•	\$14,836	\$29,672
HSA #3						10/25/2016

FISCAL YEAR: 2018-2020

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AGENCY: Sequoia Living

CONTRACT MAILING ADDRESS: 1525 Post Street San Francisco, CA 94109

DIRECTOR: Sue Horst			NOHd	PHONE NO.: 415-775-2562	
<u>SITES</u> : (Community Services) Name of Site	Downtown Center	Aquatic Park Center			
Address and Zip	481 O'Farrell Street 94102	890 Beach Street 94109	-		
Phone Number	415-771-7950	415-775-1866			
Fax Number	415-923-4495	415-775-4020			
Neighborhood	Tenderloin	SF Markine National Tistorical Park/Polk Gulch			
Muni Line #s	#38, #39, #19	#28, #47, #49, #30, #F Line, #19			-
Person in Charge Site Manager	Sue Horst Crystal Booth	Sue Horst Frank Mitchell			
Programs Offered at Site	Community Services - Muttiservice senior center programming – health & wellbeing education, lifelong learning, computers, hot lunch & breakfast, SRO outreach, exercise, Chinese cultural song and dance, translation, ADRC, case management, social services	Community Services - Multiservice senior center programming – health & wellbeing education, lifelong learning, computers, hot lunch & breakfast, SRO outreach, exercise, Chinese cultural song and dance, translation, ADRC, case management, social services			
Days Open	<u>x</u> Mon <u>x</u> Tues <u>x</u> Wed <u>x</u> Thurs <u>x</u> Fri <u>x</u> Sat x Sun	<u>x</u> Mon <u>x</u> Tues <u>x</u> Wed <u>x</u> Thur <u>x</u> Fri Sat x Sun	MonTues WedThur Sat Sun	Mon Tues Wed Thur Fri Sat Sun	Mon Tues Wed Thur Fri Sat Sun
Hours Open	9am – 4pm M-Th Fri 9am – 3:30pm Sat/Sun – 10am – 1pm	9am – 4pm M-F, Sun 10am – 2pm			
Hours of <u>scheduled</u> programming	333 per month 3,996 per year	839 per month 10,068 per year			
Hours of meal service	3 hours	2 hours	-		
Annual number of meals at site	Lunch - 23,000 M-Sun Breakfast – 9,100 M-F	Lunch - 19,820 M,Tu,W,Th,F,Su			
Average number of meals per day	100 (Breakfast & Lunch)	8			
Total number of service days in FY	365	306			
Days closed	SFSC – Sat/Sun & National Holidays POH - none	SFSC/POH – Sat & National Holidays			
ADA Accessible	<u>x</u> Yes No	X Yes No	Yes No	Yes No	Yes No