

MEMORANDUM

Department of Benefits and Family Support									
Department of Disability	TO:	DISABILIT	Y AND	AGIN	IG SE	RVIC	ES COMMISS	SION	
and Aging Services	THROUGH:	KELLY DEARMAN, EXECUTIVE DIRECTOR							
Office of Early Care and Education	FROM:	CINDY KA ESPERANZ		-			ECTOR OF CONTRA	EL	
	DATE:	OCTOBER	6, 2021						
P.O. Box 7988 San Francisco, CA 94120-7988 www.SFHSA.org	SUBJECT:	GRANT MODIFICATION: MULTIPLE GRANTEES for PROVISION OF COMMUNITY SERVICES (see table belo					20 101		
www.srnsA.org		Current	Modifi	cation	Rev	ised	<u>Contingency</u>	<u>Total</u>	
	GRANT TERM:	01/01/21- 06/30/23	07/01/ 6/30/2		07/0 06/3	1/21- 0/23			
	GRANT AMOUNT:	\$8,072,624	\$1,529	9,505	\$9,6	02,129	\$960,213	\$10,562,342	
	Funding Source MODIFICATION	<u>County</u>	<u>State</u>	<u>Fede</u>	<u>ral</u>	Cont	ingency	<u>Total</u>	
	FUNDING: PERCENTAGE:	\$1,384,731 91%		\$144, 9%	,774	\$152	2,951	\$1,682,456 100%	

London Breed Mayor

Trent Rhorer Executive Director

The Department of Disability and Aging Services (DAS) requests authorization to modify the existing grant agreements with multiple providers for the provision of community services to older adults and adults with disabilities for the time period beginning July 1, 2021 and ending June 30, 2023 in the additional amount of \$1,529,505, plus a 10% contingency for a total not to exceed amount of \$10,562,342. The specific breakdown of funding per grantee is summarized in the following table.

Grantee	Current Amount 1/1/2021 - 6/30/2023	Modification	Revised FY 21/22 FY 22/23	Grant Total	10% Contingency	Total Not to Exceed
Felton Institute	\$463,972	\$44,930	\$198,590 \$173,590	\$508,902	\$50,890	\$559,792
Golden Gate Senior Services (Castro)	\$511,602	\$37,792	\$219,418 \$215,048	\$549,394	\$54,939	\$604,333
Golden Gate Senior Services (Richmond)	\$839,070	\$161,314	\$458,102 \$333,722	\$1,000,384	\$100,038	\$1,100,422
On Lok Day Services / 30th Street Senior Center	\$1,075,215	\$95,015	\$468,064 \$453,749	\$1,170,230	\$117,023	\$1,287,253
Openhouse	\$763,549	\$413,614	\$541,658 \$416,658	\$1,177,163	\$117,716	\$1,294,879
Self Help for the Elderly	\$2,363,465	\$248,797	\$1,022,536 \$915,093	\$2,612,262	\$261,226	\$2,873,488
Sequoia Living (Aquatic Park)	\$912,208	\$305,700	\$508,518 \$446,318	\$1,217,908	\$121,791	\$1,339,699
SteppingStone	\$278,289	\$50,081	\$220,618 \$0*	\$328,370	\$32,837	\$361,207
YMCA (Richmond)	\$252,108	\$59,025	\$134,901 \$83,783	\$311,133	\$31,114	\$342,247
YMCA (Stonestown)	\$613,146	\$113,237	\$303,245 \$268,078	\$726,383	\$72,639	\$799,022
Total	\$8,072,624	\$1,529,505	\$4,075,650 \$3,306,039	\$9,602,129	\$960,213	\$10,562,342

*SteppingStone expires June 30, 2022

Background

Community connection and engagement is critical to the health, functioning, and increased quality of life for older adults and adults with disabilities in San Francisco. DAS funds Community Centers located throughout San Francisco to provide community services programming intended to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities.

Community services program and activity offerings at DAS funded Community Centers are designed to engage with the community around them while enhancing the cultural, educational, mental, and physical well-being of participants. Community Centers are also the entry point for many older adults and adults with disabilities in need of information and support services, thus translation and social services are available through community services programming.

Services to be Provided

Grantees will operate a Community Center space designed to engage with the surrounding community and be welcoming and accessible for older adults and adults with disabilities. Each grantee will offer a variety of activities, social services, translation assistance, and outreach that are designed to maintain or improve the quality of life of program participants. In addition to community services programming, some DAS funded community services providers offer Higher Learning classes, which are college level classes that were originally part of City College of San Francisco's (CCSF) Older Adults program. These courses supplement traditional community services activities and services funded by DAS. Beginning in 2020, Higher Learning classes were continued using funding resources from the Dignity Fund.

Modification

The purpose of this modification is to provide funding in the amount of \$1,529,505 to DAS funded community services programs. Modifications are split into two categories:

Higher Learning Classes

The purpose of the Higher Learning modification is to continue providing Higher Learning classes through December 2022. Course topics include physical fitness, wellness, nutrition, language arts, art, and music appreciation. The classes will be open to any older adult or adult with disability interested, and classes are taught by instructors with advanced degrees and teaching experience in the field of study. Higher Learning courses will continue by leveraging Dignity Fund resources at the following locations:

Grantee	Class Location	Course Topics
Golden Gate	Castro Senior Center	Principles of Balance
Senior Services		
On Lok Day	30 th St. Senior Center	Body Dynamics, Art
Services		
Sequoia Living	Aquatic Park Senior Center	Creative Writing, Painting, Music
		Appreciation, Collage Collective, Mind
		Body Health, Self-Care, Acting and
		Self-Expression, Chair Ballet, English
		as a Second Language
Sequoia Living	Jewish Community Center	Women's Literature
Self-Help for the	Jackie Chan Senior Center, Geneva	Healthier Nutrition and Fitness,
Elderly	Community Center, Taraval	Managing Chronic Health Conditions,
	Community Center, John King	Healthy Aging, Forever Young Fitness
	Community Center, West Portal	
	Clubhouse	

Stepping Sone	Golden Gate Day Health, Mabini Day Health, Mission Creek Day Health, Presentation Day Health	Body Dynamics
YMCA Stonestown	YMCA Stonestown	Mind Body Health, Textile Arts, Principles of Balance

Addback Funding

This modification allocates funding provided through the Board of Supervisors addback process to enhance community services:

- Felton Institute: The additional funding will go towards Tech Squad services for District 1 residents. Felton's Tech Squad seeks to provide culturally appropriate tech training and ongoing coaching with the goal of teaching individuals how to navigate the internet with confidence, connect effectively to online resources, and be included in the increasingly digital world. Services will include one-on-one tech training and enhanced outreach to find older adults and adults with disabilities that are unconnected.
- Golden Gate Senior Services: Richmond Senior Center will increase support for Russian, Cantonese, and Mandarin speaking wellness calls and staffing to continue senior service agency collaboration in District 1. Staffing for facility safety management will also increase to establish and maintain increased cleaning and sanitization procedures in response to the COVID-19 pandemic.
- **Openhouse:** The additional funding will provide ongoing food support that includes home delivered groceries, shopping and grocery delivery support, and cooking classes to participants experiencing food insecurity as a result of the COVID-19 pandemic. Openhouse will deliver supplemental food items and other supplies (e.g. masks, hand sanitizers, household items, etc.) on a weekly basis to LGBTQ+ older adults. In partnership with Mon Ami, shopping support includes errand runs (e.g. prescription or pet food pickups) and regular grocery runs for participants in varying frequency. Virtual cooking classes are offered through a partnership with a local non-profit cooking school to participants who struggle with cooking their own food, particularly fresh produce and other items from the home delivered groceries. One time support for Tenderloin Tessie Holiday Dinners is also provided through Openhouse to provide holiday meals to homeless individuals on Easter, Thanksgiving, and Christmas.
- Sequoia Living: The additional funding will go towards increasing the translation services for the monolingual Chinese speaking community. This will bring the center staff providing the service from 32 hours to 40 hours per week. The remaining dollars will go towards the purchase of equipment and materials for classes and activities occurring at the center.
- YMCA Richmond: The additional funding will go towards the purchasing of exercise equipment for older adults, safety seminars for older adults in response to the increase in AAPI/API hate, and Senior Explorations

Adventures to YMCA Camp Jones Gulch and YMCA Pt Bonita focusing on mental/spiritual/physical well-being.

• YMCA Stonestown: The additional funding will go towards safety seminars in response to the increase in AAPI/API hate, purchasing of safety equipment (e.g whistles, flashlights) that can help with feeling safe as folks walk around the neighborhood, and personal protective equipment (PPE) for staff and center participants to minimize the spread of COVID-19.

Selection

Grantees were selected through RFP #785, issued in February 2018 and RFP #767, issued in August 2017.

Funding

These grants will be funded through a combination of Federal Funds, Dignity Funds, and other local funds.

ATTACHMENTS

• Felton Institute

Appendix A-1 – Services to be provided Appendix B-1 – Budget

• Golden Gate Senior Services

Castro Senior Center Appendix A-1 – Services to be provided Appendix B-1 – Budget

Richmond Senior Center Appendix A-1 – Services to be provided Appendix B-1 – Budget

• On Lok Day Services / 30th Street Senior Center

Appendix A-1 – Services to be provided Appendix B-1 – Budget

• Openhouse

Appendix A-1 – Services to be provided Appendix B-1 – Budget

• Self-Help for the Elderly

Appendix A-1 – Services to be provided Appendix B-2 – Budget

• Sequoia Living

Aquatic Park Senior Center Appendix A-1 – Services to be provided Appendix B-1 – Budget

• SteppingStone

Appendix A-1 – Services to be provided Appendix B-1 – Budget

• YMCA of San Francisco

Richmond Appendix A-2 – Services to be provided Appendix B-2 – Budget

Stonestown Appendix A-1 – Services to be provided Appendix B-1 – Budget

Appendix A-1 - Services to be Provided Felton Institute

Community Services

Effective January 1, 2021 to June 30, 2023

Modification: October 6, 2021

I. Purpose

The purpose of this grant is to provide community services programming for older adults and adults with disabilities in the City and County of San Francisco through site based Community Centers. The programming will maintain or improve the well-being of older adults and adults with disabilities by providing activities and services designed to support individuals to live independently in their own homes and communities, reduce social isolation, and serve as an access point for other home and community-based services.

II. Definitions

Adult with a Disability	A person 18 years of age or older living with a disability
CA-GetCare	A web-based application that provides specific functionalities for contracted agencies to use to perform consumer intake/assessment/enrollment, record service objectives, run reports, etc.
CARBON	Contracts Administration, Reporting and Billing On Line System
City	City and County of San Francisco, a municipal corporation.
DAS	Department of Disability and Aging Services
Disability	Mental, cognitive and/or physical impairments, including hearing and visual impairments, that result in substantial functional limitations in one (1) or more of the following areas of major life activity: self-care, receptive and expressive language, learning, mobility, and self-direction, capacity for independent living, economic self-sufficiency, cognitive functioning, and emotional adjustment. Source: California Code of Regulations Title 22, Sec. 7630

Frail	An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or others. Source: California Code of Regulations Title 22, Sec. 7119
Grantee	Felton Institute
LGBTQ+	An acronym/term used to refer to persons who self-identify as non - heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.
Low Income	Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.
Minority	An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulations Title 22, Sec. 7130.
ОСР	Office of Community Partnerships
ОСМ	Office of Contract Management, San Francisco Human Services Agency.
Older Adult	Person who is 60 years or older, used interchangeably with "senior"
Senior	Person who is 60 years or older, used interchangeably with "older adult"
SF-HSA	Human Services Agency of the City and County of San Francisco.

SOGI	Sexual Orientation and Gender Identity; <i>Ordinance No. 159-16</i> amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (<i>Chapter 104, Sections 104.1 through 104.9.</i>)
Unit of Service	Defined as one hour of service
Unduplicated Consumer (UDC)	An individual who participates in community services and the grantee reflects consumer participation in CA-GetCare through enrollment.

III. Target Population

The target population is older adults and adults with disabilities living in the City and County of San Francisco with the greatest economic and social need and with particular attention to the following individuals:

- 1. Low income
- 2. Limited or no English speaking proficiency
- 3. Minority populations
- 4. Frail
- 5. LGBTQ+

IV. Eligibility for Services

- A person who is a resident of San Francisco *and*
- A person who is an older adult or an adult with a disability

V. Location and Time of Services

The grantee will provide community services programming in the City and County of San Francisco. The details of the sites and operation hours are located in the site chart.

VI. Description of Services and Program Requirements

- 1. Grantee will provide community services programming for older adults and adults with disabilities. Community services programming shall consist of activities and services that focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older adults and adults with disabilities. Activities and services may be provided in the grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection. There are four categories of community services programming:
 - i. <u>Activity Scheduling</u>: Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for

education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.

- ii. <u>Translation:</u> Translation assistance provided to consumers that cannot speak/read English. Translation may also include the use of American Sign Language, braille, or teleprompting. Services may include translation for an individual, such as translation of forms, letters, applications, or phone calls, and may also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements or presentations.
- iii. <u>Social Services</u>: The provision of one-to-one assistance to individuals that enables them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- iv. <u>Enhanced Outreach</u>: While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from DAS OCP before commencing.

Enhanced outreach efforts under this specific grant:

Grantee's enhanced outreach will work to develop meaningful collaborations with residents and other stakeholders in the Visitacion Valley Community in order to gain better knowledge of community needs and raise awareness of Grantee's service offerings at 66 Raymond. Grantee will continue to participate in the Visitacion Valley Services Collaborative (a collective of 11 community-based organizations operating in the neighborhood), the Visitacion Valley Neighborhood Association, and the Visitacion Valley Family Center Advisory Committee in order to pursue these goals.

For FY21/22, grantee will provide enhanced outreach to unconnected District 1 residents for their Tech Squad program. This will include outreach in the public library branches, and district churches. They will also work with individuals identified by the Richmond Senior Roundtable, District 1 senior centers, board and care operators, neighborhood centers, and Supervisor Chan's office.

- 2. Grantee will ensure that service offerings in the four categories of community services are designed to:
 - i. Provide quality services that attain a high satisfaction level from participants.
 - ii. Provide services that meet the needs of individual participants.
 - iii. Provide physical activities that may improve the health of participants.
 - iv. Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.

- v. Provide activities to increase socialization opportunities for individual consumers.
- 3. Grantee will develop and maintain policies and procedures that align with city, state, and local regulatory agencies, including the DAS OCP policy memoranda.
- 4. Grantee will administer an annual consumer satisfaction survey using a survey tool approved by DAS OCP. The grantee will share the survey results with DAS OCP by March 15th each grant year or on a mutually agreed upon date between DAS OCP and the grantee. At minimum, the consumer response rate shall be at least 35% of the annual unduplicated consumers.
- 5. Grantee will ensure adequate and culturally competent staffing to administer the program, deliver quality services to meet the needs of the consumer, and adhere to all program standards.
- 6. Grantee will ensure that units of service provided are tracked and distinguishable.
- 7. Grantee will attend in-service trainings and meetings coordinated and provided by DAS OCP, and share the information with their staff and volunteers as needed.
- 8. Grantee shall follow guidance or instructions from the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments related to the provision of services in the community. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. The grantee shall follow the requirements with the intent to maximize the health and safety of their staff and clients receiving services.
- 9. For FY 21/22, grantee will expand their Tech Squad program to include services in District 1. Grantee will provide culturally appropriate tech training and ongoing coaching with the goal of teaching individuals how to navigate the internet with confidence, connect effectively to online resources, and be included in the increasingly digital world.

VII. Service Objectives

Grantee will enroll at minimum the number of unduplicated consumers and provide the units of service detailed in Table A and B below:

Table A- Community Services	01/01/2021- 6/30/2021	FY21/22	FY22/23						
Unduplicated Consumers (UDC)	108	216	288						
Activity Scheduling	414	828	1,104						
Translation Services	113	225	300						
Social Services	75	150	200						
Enhanced Outreach	65	130	173						
One (1) unit of service = one (1) hour of service provision									

Table B- Community Services: Tech Squad	FY21/22
Unduplicated Consumers (UDC)	35
Activity Scheduling – One-on-One Tech Support	100

Enhanced Outreach	50						
One (1) unit of service = one (1) hour of service provision							

VIII. Outcome Objectives

Community Services

- Consumers receive the services and/or activities they need from the agency. Target: 80%
- 2. Consumers who participate in physical activity programming report a positive impact on their health. Target: 80%
- 3. Consumers who received social services or translation assistance, or participated in an educational program, report the services helped to improve their lives. Target: 80%
- 4. Consumers report an increase in their socialization opportunities and interaction with others. Target: 80%

Based on an annual satisfaction survey created by DAS OCP and with a sample size of at least 35% of the annual unduplicated consumers.

Community Services: Tech Squad

- 1. Participants enhance their well-being/wellness by using learned skills to search online for programs or services. Target: 75%
- Participants improve their self-sufficiency by accessing digital services they learned through the program (e.g. housing, online maps, banking, and shopping). Target: 75%
- Participants improve their self-sufficiency by accessing digital services they learned through the program (e.g. housing, online maps, banking, and shopping). Target: 75%
- 4. Participants are able to connect with relatives and/or friends through technology using learned skills (i.e. Zoom, email, social media, digital messaging). Target: 75%

IX. Reporting and Other Requirements

- 1. Grantee will enroll eligible consumers into the program funded through this grant agreement by entering the consumer data obtained from consumers, using the DAS OCP approved intake form, into the CA-GetCare database in accordance to DAS OCP policy memorandum.
- 2. Grantee will enter into the CA-GetCare Service Unit section all service objectives by the 5th working day of the month for the preceding month.
- 3. Grantee will enter monthly reports and metrics into the CARBON database system by the 15th of the following month that includes the following information:
 - Number of unduplicated consumers served
 - Number and type of service units provided
- 4. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by

DAS and Contracts Department staff.

- 5. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15th of each grant year or on a mutually agreed upon date between DAS OCP and the grantee.
- 6. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10th day following the time study month.
- 7. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31st of each grant year. The grantee must submit the report in the CARBON system.
- 8. Grantee shall develop and deliver ad hoc reports as requested by SF-HSA, DAS, and OCP.
- 9. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by SF-HSA, DAS, and OCP. The due dates for submitting the bi-annual summary reports are January 10th (June-December data) and July 10th (January-June data).
- 10. Grantee will maintain an updated site chart, using the DAS OCP approved form, with details about the program.
- 11. Grantee program staff will complete an Elder Abuse Mandated Reporter Training and the California Department of Aging (CDA) Security Awareness Training on an annual basis. The grantee will maintain evidence of staff completion of these trainings.
- 12. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- 13. Grantee will develop a grievance policy consistent with DAS OCP policy memorandum.
- 14. For assistance with reporting and contract requirements, please contact:

Theresa Ballesteros Program Analyst DAS OCP (415) 319-3141 theresa.ballesteros@sfgov.org

and

Rocio Duenas Contract Manager HSA OCM (415) 557-5626 rocio.duenas@sfgov.org

X. Monitoring Activities

A. <u>Program Monitoring</u>: Program monitoring will include review of compliance to specific program standards or requirements; client eligibility and targeted

mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.

B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

Appendix B-1, Page 1 Document Date: 9/22/21

HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

Name: Felton Institute						Te	erm	
						January 1, 2021	- June 30, 2023	
(Check One) New Renewal	Modificati	on <u>X</u>						
If modification, Effective Date of Mod. 7	7/1/21 No. of	Mod. 2						
Program: Community Services								
Budget Reference Page No.(s)	-	_		_	_		_	_
			Modification	REVISED		Modification	REVISED	Total
Program Term	1/1/21-6/30/21	7/1/21 - 6/30/22	7/1/21 - 6/30/22	7/1/21-6/30/22	7/1/22 - 6/30/23	7/1/22 - 6/30/23	7/1/22 - 6/30/23	1/1/21-6/30/23
Expenditures								
Salaries & Benefits	\$67,646	\$81,206	\$28,536	\$109,742	\$81,206	\$8,666	\$89,872	\$267,260
Operating Expenses	\$13,145	\$25,185	\$1,868	\$27,053	\$25,185		\$25,185	\$65,383
Subtotal	\$80,791	\$106,391	\$30,404	\$136,795	\$106,391	\$8,666	\$115,057	\$332,643
Indirect Percentage (%)	15.00%	15.00%	15.00%	15.00%	15.00%	15.00%	15%	15.00%
Indirect Cost	\$12,118	\$15,959	\$4,561	\$20,520	\$15,959	\$1,299	\$17,258	\$49,896
Subcontractor/Capital Expenditure	\$43,813	\$41,275		\$41,275	\$41,275		\$41,275	\$126,363
Total Expenditures	\$136,722	\$163,625	\$34,965	\$198,590	\$163,625	\$9,965	\$173,590	\$508,902
HSA Revenues								
General Funds	\$129,222	\$163,625	\$34,965	\$198,590	\$163,625	\$9,965	\$173,590	\$501,402
Federal Funds	\$7,500	φ100,020	φ04,000	\$130,000	ψ100,020	ψ0,000	φ170,000	\$7,500
	ψ1,500							ψ1,500
				-	-	-	-	
	1							
Total HSA Revenue	\$136,722	\$163,625	\$34,965	\$198,590	\$163,625	\$9,965	\$173,590	\$508,902
Other Revenues								
TOTAL DAS AND NON DAS				1	1	1	1	
REVENUE	\$136,722	\$163,625	\$34,965	\$198,590	\$163,625	\$9,965	\$173,590	\$508,902
Full Time Equivalent (FTE)								
Prepared by: Ray Mallett	•	•	1	+	+		+	Date: 9/22/21
HSA-CO Review Signature:								
HSA #1								

Program: Community Services

(Same as Line 11 on HSA #1)

Salaries & Benefits Detail

	Agency Totals HSA Program					DAS budgeted salary						
	Agency I	otais		rogram		5		DAS DUC	dgeted salary			
	Annual Full		% FTE funded by									
Position	Time Salary for FTE	Total FTE	HSA (Max 100%)	Adjusted FTE	1/1/21-6/30/21	7/1/21 - 6/30/22	Modification 7/1/21 - 6/30/22	REVISED 7/1/21-6/30/22	7/1/22 - 6/30/23	Modification 7/1/22 - 6/30/23	REVISED 7/1/22-6/30/23	Total 1/1/21-6/30/23
Program Manager	\$70,000	1.00	(\$15,330	\$9,660		\$11,454	\$9,660		\$11,454	\$38,238
Activities Supervisor	\$50,000	1.00		_	\$28,500	\$50,000	\$4,872	\$54,872	\$50,000	\$4,872	\$54,872	\$138,244
Senior Division Director	\$155,000	1.00	2%	0.02	\$4,503	\$2,806		\$2,806	\$2,806		\$2,806	\$10,115
Tech-Squad Program Coordinator	\$55,000				\$3,702							\$3,702
Community Liaison D1 Resident	\$48,925	1.00	20%	0.20			\$9,785	\$9,785				\$9,785
Program Coordinator/Chinese lang.	\$55,000	1.00	10%	0.10			\$5,500	\$5,500				\$5,500
Totals	\$433,925	5.00	145.61%	1.46	\$52,035	\$62,466	\$21,951	\$84,417	\$62,466	\$6,666	\$69,132	\$205,584
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Fringe Benefits Rate	30.00%	,										
Employee Fringe Benefits	\$130,178				\$15,611	\$18,740	\$6,585	\$25,325	\$18,740	\$2,000	\$20,740	\$61,676
Total Salaries and Benefits	\$564,103				\$67,646	\$81,206	\$28,536	\$109,742	\$81,206	\$8,666	\$89,872	\$267,260
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HSA #2					5/14/21							5/14/2021

Program: Community Services (Same as Line 11 on HSA #1) Appendix B-1, Page 3 Document Date: 9/22/21

Operating Expense Detail

<u>Expenditure Category</u> Rental of Property Utilities (Elec, Water, Gas, Phone, Garbage)	1/1/21-6/30/21 \$4,200	7/1/21 - 6/30/22	7/1/21 - 6/30/22	7/1/21-6/30/22	7/1/22 - 6/30/23	1/1/21-6/30/23
Rental of Property	\$4,200					
	\$4,200					
Utilities (Elec. Water, Gas, Phone, Garbage)		\$8,400		\$8,400	\$8,400	\$21,000
	\$2,600	\$8,185		\$8,185	\$12,000	\$22,785
Office Supplies, Postage	\$1,220	\$2,000		\$2,000	\$2,000	\$5,220
Building Maintenance Supplies and Repair						
Printing and Reproduction	\$368		\$1,868	\$1,868		\$2,236
Insurance	\$975	\$800		\$800	\$798	\$2,573
Staff Training						
Staff Travel-(Local & Out of Town)	\$182	\$400		\$400	\$364	\$946
Rental of Equipment						
<u>Consultant</u>						
<u>Dther</u>						
Activities Supplies and Program Expenses	\$3,600	\$5,400		\$5,400	\$1,623	\$10,623
otal Operating Expenses	\$13,145	\$25,185	\$1,868	\$27,053	\$25,185	\$65,383
ISA #3						

Program: Community Services (Same as Line 11 on HSA #1) Appendix B-1, Page 4 Document Date: 9/22/21

Subcontractor & Capital Expenditure Detail

Subcontractor Expenditure	1/1/21-6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total 1/1/21-6/30/23
Asian Pacific American Community Center	\$20,638	\$41,275	\$41,275	\$103,188
ESL teacher	\$9,555			\$9,555
Total Subcontractor Expenditure	\$30,193	\$41,275	\$41,275	\$112,743
Equipment (Qty)	1/1/21-6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total 1/1/21-6/30/23
Equipment purchases for Internet access for ser	\$700			\$700
14 iPads	\$4,900			\$4,900
14 Samsung Galaxy Tablet	\$3,500			\$3,500
Macpro laptop	\$1,420			\$1,420
Electric piano	\$3,100			\$3,100
Total Equipment Cost	\$13,620			\$13,620
Remodeling	1/1/21-6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total 1/1/21-6/30/23
Total Remodeling Cost				
Total Capital Expenditure	\$43,813	\$41,275	\$41,275	\$126,363

APPENDIX A-1 – SERVICES TO BE PROVIDED

Golden Gate Senior Services: Castro Senior Center

COMMUNITY SERVICES

Effective January 1, 2021 to June 30, 2023

I. Purpose

The purpose of this grant is to provide community services programming for older adults and adults with disabilities in the City and County of San Francisco through site based Community Centers. The programming will maintain or improve the well-being of older adults and adults with disabilities by providing activities and services designed to support individuals to live independently in their own homes and communities, reduce social isolation, and serve as an access point for other home and community-based services.

II. Definitions

Adult with a Disability	Person 18 years of age or older living with a disability
CA GetCare	A web-based application that provides specific functionalities for contracted agencies to use to perform consumer intake/assessment/enrollment, record service objectives, run reports, etc.
CARBON	Contracts Administration, Reporting and Billing On Line System
City	City and County of San Francisco, a municipal corporation.
DAS	Department of Disability and Aging Services
Disability	Mental, cognitive and/or physical impairments, including hearing and visual impairments, that result in substantial functional limitations in one (1) or more of the following areas of major life activity: self-care, receptive and expressive language, learning, mobility, and self-direction, capacity for independent living, economic self-sufficiency, cognitive functioning, and emotional adjustment. Source: California Code of Regulations Title 22, Sec. 7630

Frail	An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or others. Source: California Code of Regulations Title 22, Sec. 7119
Grantee	Golden Gate Senior Services
Higher Learning classes	College level classes that are taught by instructors with advanced degrees and teaching experience in the field of study. Higher learning classes were originally part of City College of San Francisco's Older Adults program. Classes are provided at community service centers throughout the City and supplement traditional community services activities and services.
LGBTQ+	An acronym/term used to refer to persons who self-identify as non - heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.
Low Income	Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.
Minority	An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulation Sec. 7130
OCP	Office of Community Partnerships
OCM	Office of Contract Management, San Francisco Human Services Agency
Older Adult	Person who is 60 years or older, used interchangeably with "senior"

Senior	Person who is 60 years or older, used interchangeably with "older adult"
SF-HSA	Human Services Agency of the City and County of San Francisco
SOGI	Sexual Orientation and Gender Identity; <i>Ordinance No. 159-16</i> amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve <i>(Chapter 104, Sections 104.1 through 104.9.)</i>
Unit of Service	Defined as one hour of service
Unduplicated Consumer (UDC)	An individual who participates in community services and the grantee reflects consumer participation in CA-GetCare through enrollment

III. Target Population

The target population is older adults and adults with disabilities living in the City and County of San Francisco with the greatest economic and social need and with particular attention to the following individuals:

- 1. Low income
- 2. Limited or no English speaking proficiency
- 3. Minority populations
- 4. Frail
- 5. LGBTQ+

IV. Eligibility for Services

- A person who is a resident of San Francisco and
- A person who is an older adult or an adult with disability

V. Location and Time of Services

The grantee will provide community services programming in the City and County of San Francisco. The details of the sites and operation hours are located in the site chart.

VI. Service Description

1. Grantee will provide community services programming for older adults and adults with disabilities. Community services programming shall consist of activities and services that focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older adults and adults with disabilities. Activities and services may be provided in the grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection. There are four categories of community services programming:

- i. <u>Activity Scheduling</u>: Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- ii. <u>Translation:</u> Translation assistance provided to consumers that cannot speak/read English. Translation may also include the use of American Sign Language, braille, or teleprompting. Services may include translation for an individual, such as translation of forms, letters, applications, or phone calls, and may also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements or presentations.
- iii. <u>Social Services</u>: The provision of one-to-one assistance to individuals that enables them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- iv. <u>Enhanced Outreach</u>: While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from DAS OCP before commencing.

Enhanced outreach efforts under this specific grant:

Enhanced outreach efforts will not be provided under this specific grant.

- 2. Grantee will ensure that service offerings in the four categories of community services are designed to:
 - i. Provide quality services that attain a high satisfaction level from participants.
 - ii. Provide services that meet the needs of individual participants.
 - iii. Provide physical activities that may improve the health of participants.
 - iv. Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
 - v. Provide activities to increase socialization opportunities for individual consumers.
- 3. Grantee will develop and maintain policies and procedures that align with city, state, and local regulatory agencies, including the DAS OCP policy memoranda.
- 4. Grantee will administer an annual consumer satisfaction survey using a survey tool approved by DAS OCP. The grantee will share the survey results with DAS OCP by March 15th each grant year or on a mutually agreed upon date between DAS OCP and the grantee. At minimum, the consumer response rate shall be at least 35% of the annual unduplicated consumers.
- 5. Grantee will ensure adequate and culturally competent staffing to administer the program,

deliver quality services to meet the needs of the consumer, and adhere to all program standards.

- 6. Grantee will ensure that units of service provided are tracked and distinguishable.
- 7. Grantee will attend in-service trainings and meetings coordinated and provided by DAS OCP, and share the information with their staff and volunteers as needed.
- 8. Grantee shall follow guidance or instructions from the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments related to the provision of services in the community. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. The grantee shall follow the requirements with the intent to maximize the health and safety of their staff and clients receiving services.
- 9. Grantee will provide Higher Learning classes at Golden Gate Senior Services Castro Senior Center. The classes will be open to any older adult or adult with disability interested. A participant will register for a class as a separate activity within the community services program. The course topic is "Principles of Balance". The classes are college level classes taught by instructors with advanced degrees and teaching experience in the field of study.

VII. Service Objectives

Grantee will enroll at minimum the number of unduplicated consumers and provide the units of service detailed in Table A below:

Table A- Community Services	01/01/2021- 6/30/2021	FY21/22	FY22/23		
Unduplicated Consumers (UDC)	75	225	300		
Activity Scheduling	635	938	2500		
Translation Services	0	0	0		
Social Services	0	0	0		
Enhanced Outreach	0	0	0		
One (1) unit of service = one (1) hour of service provision					

VIII. Outcome Objectives

Community Services

- Consumers receive the services and/or activities they need from the agency. Target: 80%
- Consumers who participate in physical activity programming report a positive impact on their health. Target: 80%
- Consumers who received social services or translation assistance, or participated in an educational program, report the services helped to improve their lives. Target: 80%
- Consumers report an increase in their socialization opportunities and interaction with others. Target: 80%

Based on an annual satisfaction survey created by DAS OCP and with a sample size of at least 35% of the annual unduplicated consumers.

Higher Learning

- 1. Class participants report that the course increased their socialization opportunities and interaction with others. Target: 80%
- 2. Class participants report an increase in knowledge of the Higher Learning course topic. Target: 80%

Based on a satisfaction survey created by the grantee with input from DAS OCP and with a sample size of at least 75% of the participants enrolled in the class.

IX. Reporting and Other Requirements

- 1. Grantee will enroll eligible consumers into the program funded through this grant agreement by entering the consumer data obtained from consumers, using the DAS OCP approved intake form, into the CA-GetCare database in accordance to DAS OCP policy memorandum.
- 2. Grantee will enter into the CA-GetCare Service Unit section all service objectives by the 5th working day of the month for the preceding month.
- 3. Grantee will enter monthly reports and metrics into the CARBON database system by the 15th of the following month that includes the following information:
 - Number of unduplicated consumers served
 - Number and type of service units provided
- 4. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- 5. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15th of each grant year or on a mutually agreed upon date between DAS OCP and the grantee.
- 6. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10th day following the time study month.
- 7. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31st of each grant year. The grantee must submit the report in the CARBON system.
- 8. Grantee shall develop and deliver ad hoc reports as requested by SF-HSA, DAS, and OCP.
- Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by SF-HSA, DAS, and OCP. The due dates for submitting the bi-annual summary reports are January 10th (June-December data) and July 10th (January-June data).
- 10. Grantee will maintain an updated site chart, using the DAS OCP approved form, with details about the program.
- 11. Grantee program staff will complete an Elder Abuse Mandated Reporter Training and the California Department of Aging (CDA) Security Awareness Training on an annual basis. The grantee will maintain evidence of staff completion of these trainings.

- 12. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- 13. Grantee will develop a grievance policy consistent with DAS OCP policy memorandum.
- 14. For assistance with reporting and contract requirements, please contact:

Reanna Albert Program Analyst DAS OCP reanna.albert@sfgov.org

or

Ella Lee Contract Manager SF-HSA OCM ella.lee@sfgov.org

X. Monitoring Activities

- Program Monitoring: Program monitoring will include review of compliance to A. specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs,

and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

								ppendix B-1, Page Date: October 202
		HUMAN SERVI	CES AGENCY BL BY PROGRAM		Y			
Name							Te	rm
Golden Gate Senior Services							Jan 2021 -	- Jun 2023
(Check One) New Renewal Mo	dificationx							
f modification, Effective Date of Mod. 07/01/2021	No. of Mod. 3							
Program: Community Services, Castro								
Budget Reference Page No.(s)								
Program Term	1/1/21 - 6/30/21		7/1/21 - 6/30/22			7/1/22 - 6/30/23		1/1/21 - 6/30/2
	Revised	Budget	Modification	Budget	Budget	Modification	Budget	Total
Expenditures								
Salaries & Benefits	\$62,561	\$110,048	\$10,752	\$120,800	\$110,048	\$10,752	\$120,800	\$304,1
Operating Expenses	\$32,647	\$70,020	(\$21)	\$69,999	\$66,220	(\$21)	\$66,199	\$168,8
Subtotal	\$95,208	\$180,068	\$10,731	\$190,799	\$176,268	\$10,731	\$186,999	\$473,0
Indirect Percentage (%)	15.00%	15.00%	φ10,731	15.00%	\$176,268 15.00%	\$10,731	\$186,999 15.00%	\$473,0 15.0
Indirect Cost	\$14,281	\$27,009	\$1,610	\$28,619	\$26,439	\$1,610	\$28,049	\$70,9
Capital Expenditure	\$5,439	\$27,009	\$1,010	\$20,019	\$20,439	\$1,010	\$20,049	\$70,9
Sub-Contractor Expenditure	\$0,439							\$ 0,4
Total Expenditures	\$114,928	\$207,077	\$12,341	\$219,418	\$202,707	\$12,341	\$215,048	\$549,3
HSA Revenues	\$114,928	\$207,077	\$12,341	\$219,418	\$202,707	\$12,341	\$215,048	\$549,3
General Fund	\$86,744	\$174,537		\$174,537	\$174,537		\$174,537	\$435,8
Federal Fund	\$12,425	\$23,800		\$23,800	\$23,800		\$23,800	\$60,0
Carryforward from 07/01/2020-12/30/2020	\$5,439	\$20,000		\$20,000	\$20,000		\$20,000	\$5,4
Higher Learning	\$4,370		\$8,740	\$8,740		\$4,370	\$4,370	\$17,4
CODB	\$5,950		\$12,341	\$12,341		\$12,341	\$12,341	\$30,6
Total HSA Revenue	\$114,928	\$198,337	\$21,081	\$219,418	\$198,337	\$16,711	\$215,048	\$549,3
Other Revenues								
TOTAL DAS AND NON DAS REVENUE	6444.000	£400.007	£24.004	\$240.440	\$400.207	640.744	¢245.040	\$549,3
TOTAL DAS AND NON DAS REVENUE	\$114,928	\$198,337	\$21,081	\$219,418	\$198,337	\$16,711	\$215,048	\$049,3
Full Time Equivalent (FTE)								
Prepared by: Georgeann Lang	Telephone No.: 4	15-320-9634						Date: 8/13/21
ISA-CO Review Signature:								
HSA #1								10/25/20

Program: Community Services, C	astro										A	ppendix B-1, Page
Same as Line 11 on HSA #1)											Document	Date: October 202
					Salar	ries & Benefits I	Detail					
	1/1/21 - 6/30/21	Agency	/ Totals	HSA P	rogram		7/1/21 - 6/30/22			7/1/22 - 6/30/23		1/1/21 - 6/30/23
Position	Revised	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)	Adjusted FTE	Budget	Modification	Budget	Budget	Modification	Budget	Total
Executive Director	\$11.200	\$89.600	0.08	(Iviax 100%) 100.00%	0.08	Buuger	\$6,720	\$6.720	Buuger	\$6,720	\$6.720	\$24.640
CSS Director	\$45,674	\$86,265	1.00	100.00%	1.00	\$81,000	\$5,265	\$86,265	\$81,000	\$5,265	\$86,265	\$218,204
Program Instructor		\$52,000	0.33	100.00%	0.33	\$19,500	(\$2,165)	\$17,335	\$19,500	(\$2,165)	\$17,335	\$34,670
Totals	\$56,874	\$227,865	1.41	300.00%	1.41	\$100,500	\$9,820	\$110,320	\$100,500	\$9,820	\$110,320	\$277,514
Fringe Benefits Rate	10%	9.50%				9.50%			9.50%			
Employee Fringe Benefits	\$5.687	\$21.647				\$9,548	\$932	\$10,480	\$9.548	\$932	\$10,480	\$26,647
Employee Fringe Benefice	\$0,001	¢21,017				\$0,010	φυσε	\$10,400	\$0,040	\$00L	\$10,100	\$20,0 ⁻¹¹
Total Salaries and Benefits	\$62,561	\$249,512				\$110,048	\$10,752	\$120,800	\$110,048	\$10,752	\$120,800	\$304,161
										· · ·		
HSA #2												10/25/201

Program: Community Services, Castro (Same as Line 11 on HSA #1)								ppendix B-1, Page 3 Date: October 2021
			Operating Expe	nse Detail				
Term _	1/1/21 - 6/30/21		7/1/21 - 6/30/22			7/1/22 - 6/30/23		1/1/21 - 6/30/23
_	Revised	Budget	Modification	Budget	Budget	Modification	Budget	Total
Expenditure Category								
Rental of Property	\$18,587	\$37,175		\$37,175	\$39,035		\$39,035	\$94,797
Utilities (Elec, Water, Gas, Phone, Garbage)	\$3,160	\$6,765	(\$21)	\$6,744	\$6,800		\$6,800	\$16,704
Office Supplies, Postage	\$6,350	\$1,800		\$1,800	\$585	(\$21)	\$564	\$8,714
Building Maintenance Supplies and Repair Printing and Reproduction		\$10,800		\$10,800	\$10,800		\$10,800	\$21,600
Staff Training								
Staff Travel-(Local & Out of Town)								
Rental of Equipment								
Programs & Events	\$750	\$5,880		\$5,880	\$5,200		\$5,200	\$11,830
Consultant								
Consultant A								
Higher Learning								
Accessible Yoga	\$3,800	\$7,600		\$7,600	\$3,800		\$3,800	\$15,200
					·	·		
Total Operating Expenses	\$32,647	\$70,020	(\$21)	\$69,999	\$66,220	(\$21)	\$66,199	\$168,845
HSA #3								10/25/2016

APPENDIX A-1 – SERVICES TO BE PROVIDED

Golden Gate Senior Services: Richmond Senior Center

COMMUNITY SERVICES

Effective January 1, 2021 to June 30, 2023

I. Purpose

The purpose of this grant is to provide community services programming for older adults and adults with disabilities in the City and County of San Francisco through site based Community Centers. The programming will maintain or improve the well-being of older adults and adults with disabilities by providing activities and services designed to support individuals to live independently in their own homes and communities, reduce social isolation, and serve as an access point for other home and community-based services.

II. Definitions

Adult with a Disability	Person 18 years of age or older living with a disability
CA GetCare	A web-based application that provides specific functionalities for contracted agencies to use to perform consumer intake/assessment/enrollment, record service objectives, run reports, etc.
CARBON	Contracts Administration, Reporting and Billing On Line System
City	City and County of San Francisco, a municipal corporation.
DAS	Department of Disability and Aging Services
Disability	Mental, cognitive and/or physical impairments, including hearing and visual impairments, that result in substantial functional limitations in one (1) or more of the following areas of major life activity: self-care, receptive and expressive language, learning, mobility, and self-direction, capacity for independent living, economic self-sufficiency, cognitive functioning, and emotional adjustment. Source: California Code of Regulations Title 22, Sec. 7630

Frail	An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or others. Source: California Code of Regulations Title 22, Sec. 7119
Grantee	Golden Gate Senior Services
LGBTQ+	An acronym/term used to refer to persons who self-identify as non - heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.
Low Income	Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.
Minority	An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulation Sec. 7130
OCP	Office of Community Partnerships
OCM	Office of Contract Management, San Francisco Human Services Agency
Older Adult	Person who is 60 years or older, used interchangeably with "senior"
Senior	Person who is 60 years or older, used interchangeably with "older adult"
SF-HSA	Human Services Agency of the City and County of San Francisco

SOGI	Sexual Orientation and Gender Identity; <i>Ordinance No. 159-16</i> amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (<i>Chapter 104, Sections 104.1 through 104.9.</i>)
Unit of Service	Defined as one hour of service
Unduplicated Consumer (UDC)	An individual who participates in community services and the grantee reflects consumer participation in CA-GetCare through enrollment

III. Target Population

The target population is older adults and adults with disabilities living in the City and County of San Francisco with the greatest economic and social need and with particular attention to the following individuals:

- 1. Low income
- 2. Limited or no English speaking proficiency
- 3. Minority populations
- 4. Frail
- 5. LGBTQ+

IV. Eligibility for Services

- A person who is a resident of San Francisco *and*
- A person who is an older adult or an adult with disability

V. Location and Time of Services

The grantee will provide community services programming in the City and County of San Francisco. The details of the sites and operation hours are located in the site chart.

VI. Service Description

- 1. Grantee will provide community services programming for older adults and adults with disabilities. Community services programming shall consist of activities and services that focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older adults and adults with disabilities. Activities and services may be provided in the grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection. There are four categories of community services programming:
 - i. <u>Activity Scheduling</u>: Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for

education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.

- ii. <u>Translation</u>: Translation assistance provided to consumers that cannot speak/read English. Translation may also include the use of American Sign Language, braille, or teleprompting. Services may include translation for an individual, such as translation of forms, letters, applications, or phone calls, and may also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements or presentations.
- iii. <u>Social Services</u>: The provision of one-to-one assistance to individuals that enables them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- iv. <u>Enhanced Outreach</u>: While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from DAS OCP before commencing.

Enhanced outreach efforts under this specific grant:

Enhanced outreach efforts will not be provided under this specific grant.

- 2. Grantee will ensure that service offerings in the four categories of community services are designed to:
 - i. Provide quality services that attain a high satisfaction level from participants.
 - ii. Provide services that meet the needs of individual participants.
 - iii. Provide physical activities that may improve the health of participants.
 - iv. Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
 - v. Provide activities to increase socialization opportunities for individual consumers.
- 3. Grantee will develop and maintain policies and procedures that align with city, state, and local regulatory agencies, including the DAS OCP policy memoranda.
- 4. Grantee will administer an annual consumer satisfaction survey using a survey tool approved by DAS OCP. The grantee will share the survey results with DAS OCP by March 15th each grant year or on a mutually agreed upon date between DAS OCP and the grantee. At minimum, the consumer response rate shall be at least 35% of the annual unduplicated consumers.
- 5. Grantee will ensure adequate and culturally competent staffing to administer the program, deliver quality services to meet the needs of the consumer, and adhere to all program standards.
- 6. Grantee will ensure that units of service provided are tracked and distinguishable.

- 7. Grantee will attend in-service trainings and meetings coordinated and provided by DAS OCP, and share the information with their staff and volunteers as needed.
- 8. Grantee shall follow guidance or instructions from the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments related to the provision of services in the community. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. The grantee shall follow the requirements with the intent to maximize the health and safety of their staff and clients receiving services.

VII. Service Objectives

Grantee will enroll at minimum the number of unduplicated consumers and provide the units of service detailed in Table A below:

Table A- Community Services	01/01/2021- 6/30/2021	FY21/22	FY22/23
Unduplicated Consumers (UDC)	82	244	325
Activity Scheduling	588	1763	2350
Translation Services	100	300	400
Social Services	113	338	450
Enhanced Outreach	0	0	0
One (1) unit of service = one (1) hour of service provision			

VIII. Outcome Objectives

- Consumers receive the services and/or activities they need from the agency. Target: 80%
- Consumers who participate in physical activity programming report a positive impact on their health. Target: 80%
- Consumers who received social services or translation assistance, or participated in an educational program, report the services helped to improve their lives. Target: 80%
- Consumers report an increase in their socialization opportunities and interaction with others. Target: 80%

Based on an annual satisfaction survey created by DAS OCP and with a sample size of at least 35% of the annual unduplicated consumers.

IX. Reporting and Other Requirements

- 1. Grantee will enroll eligible consumers into the program funded through this grant agreement by entering the consumer data obtained from consumers, using the DAS OCP approved intake form, into the CA-GetCare database in accordance to DAS OCP policy memorandum.
- 2. Grantee will enter into the CA-GetCare Service Unit section all service objectives by the

5th working day of the month for the preceding month.

- 3. Grantee will enter monthly reports and metrics into the CARBON database system by the 15th of the following month that includes the following information:
 - Number of unduplicated consumers served
 - Number and type of service units provided
- 4. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- 5. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15th of each grant year or on a mutually agreed upon date between DAS OCP and the grantee.
- 6. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10th day following the time study month.
- 7. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31st of each grant year. The grantee must submit the report in the CARBON system.
- 8. Grantee shall develop and deliver ad hoc reports as requested by SF-HSA, DAS, and OCP.
- Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by SF-HSA, DAS, and OCP. The due dates for submitting the bi-annual summary reports are January 10th (June-December data) and July 10th (January-June data).
- 10. Grantee will maintain an updated site chart, using the DAS OCP approved form, with details about the program.
- 11. Grantee program staff will complete an Elder Abuse Mandated Reporter Training and the California Department of Aging (CDA) Security Awareness Training on an annual basis. The grantee will maintain evidence of staff completion of these trainings.
- 12. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- 13. Grantee will develop a grievance policy consistent with DAS OCP policy memorandum.
- 14. For assistance with reporting and contract requirements, please contact:

Reanna Albert Program Analyst DAS OCP reanna.albert@sfgov.org

or

Ella Lee Contract Manager SF-HSA OCM ella.lee@sfgov.org

X. Monitoring Activities

- Program Monitoring: Program monitoring will include review of compliance to A. specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.
| | | | | | | | | opendix B-1, Page 1
Date: October 2021 |
|---|------------------|-------------|------------------|-----------|-----------|------------------|-----------|---|
| | | | CES AGENCY B | | NV. | | Doodmont | Dato: 0010001 202 |
| | | HUMAN SERVI | BY PROGRAM | | χı. | | | |
| Name | | | | | | 1 | Te | |
| Golden Gate Senior Services | | | | | | | 1/1/21 - | 6/30/23 |
| (Check One) New Renewal Mod
If modification, Effective Date of Mod. 07/01/2021 | ificationx | | | | | | | |
| Program: Community Services, Richmond | No. of Mod. 3 | | | | | | | |
| Budget Reference Page No.(s) | | | | | | | | |
| Program Term | 1/1/21 - 6/30/21 | | 7/1/21 - 6/30/22 | | | 7/1/22 - 6/30/23 | | 1/1/21 - 6/30/23 |
| Fiogram Ferm | 1/1/21 - 0/30/21 | | 1/1/21 - 0/30/22 | | | 1/1/22 - 0/30/23 | | 1/1/21 - 0/30/23 |
| | Revised | Budget | Modification | Revised | Budget | Modification | Revised | Total |
| Expenditures | | | | | | | | |
| Salaries & Benefits | \$153,700 | \$256,046 | \$101,664 | \$357,710 | \$256,688 | \$8,512 | \$265,200 | \$776,610 |
| Operating Expenses | \$27,656 | \$18,688 | \$21,952 | \$40,640 | \$16,847 | \$8,146 | \$24,993 | \$93,289 |
| Subtotal | \$181,356 | \$274,734 | \$123,616 | \$398,350 | \$273,535 | \$16,658 | \$290,193 | \$869,899 |
| Indirect Percentage (%) | 15.00% | 15.00% | | 15.00% | 15.00% | | 15.00% | 15.00% |
| Indirect Cost | \$27,204 | \$41,211 | \$18,541 | \$59,752 | \$41,030 | \$2,499 | \$43,529 | \$130,485 |
| Capital Expenditure | | | | | | | | |
| Sub-Contractor Expenditure | | | | | | | | |
| Total Expenditures | \$208,560 | \$315,945 | \$142,157 | \$458,102 | \$314,565 | \$19,157 | \$333,722 | \$1,000,384 |
| HSA Revenues | | | | | | | | |
| General Fund | \$174,579 | \$276,817 | | \$276,817 | \$276,817 | | \$276,817 | \$728,213 |
| Federal Fund | \$23,806 | \$37,748 | | \$37,748 | \$37,748 | | \$37,748 | \$99,302 |
| CODB | \$9,437 | ψ01,140 | \$19,157 | \$19,157 | φ01,140 | \$19,157 | \$19,157 | \$47,751 |
| MCO | \$738 | \$1,380 | φ10,107 | \$1,380 | | ¢10,107 | φ15,107 | \$2,118 |
| Neighborhood networking program | <i>\$100</i> | ψ1,000 | \$66,000 | \$66,000 | | | | \$66,000 |
| Expand Russian speaking community outreach a | and engagement | | \$10,000 | \$10,000 | | | | \$10,000 |
| Programming and custodian support | and engagement | | \$47,000 | \$47,000 | | | | \$47,000 |
| | | | | | | | | |
| Total HSA Revenue | \$208,560 | \$315,945 | \$142,157 | \$458,102 | \$314,565 | \$19,157 | \$333,722 | \$1,000,384 |
| | | | | | | | | |
| Other Revenues | | | | | | | | |
| | | | | | | | | |
| TOTAL DAS AND NON DAS REVENUE | \$208,560 | \$315,945 | \$142,157 | \$458,102 | \$314,565 | \$19,157 | \$333,722 | \$1,000,384 |
| Full Time Equivalent (FTE) | + | | | | | | | |
| Prepared by: | Telephone No.: | | | | | | | Date: |
| HSA-CO Review Signature: | | | | | | | | |
| | | | | | | | | |
| HSA #1 | | | | | | | | 10/25/2010 |

Program: Community Services, Ric (Same as Line 11 on HSA #1)	hmond															opendix B-1, Page 2 Date: October 2021
							Salaries &	Benefits Detail								
[1/1/21 - 6/30/21	Agency	Totals	HSA P	rogram		7/1/21 - 6/30/22		Agency	Totals	HSA P	rogram		7/1/22 - 6/30/23		1/1/21 - 6/30/23
Position	Revised	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)	Adjusted FTE	Budget	Modification	Revised	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)	Adjusted FTE	Budgeted Salary	Modification	Revised	Total
Executive Director	\$11.200	\$89.600	TOTALL	(100%)	Aujusteu I'TE	Budget	Woullication	Revised	FIL	TOTALLE	(Wax 10076)	Aujusteu IIIL	Duugeteu Galary	woullcation	Reviseu	\$11,200
RSC Director	\$46.047	\$114,400	0.75		0.75	\$40.419	\$45.381	\$85.800	\$114.400	0.36	100%	0.36	\$40.955	\$7.093	\$48.048	\$179.895
Bilingual Center Coordinator	\$18,865	\$52,000	0.65	100%	0.65	\$33,800		\$33,800	\$52,000	0.65	100%	0.65	\$33,800		\$33,800	\$86,465
Activity Liasion	\$12,900	\$57,200	0.55	100%	0.55	\$31,460		\$31,460	\$57,200	0.55	100%	0.55	\$31,460		\$31,460	\$75,820
Community Programs Director	\$27,456	\$72,800	1.00	100%	1.00	\$72,800		\$72,800	\$72,800	1.00	100%	1.00	\$72,800		\$72,800	\$173,056
Custodian	\$4,112	\$62,400	0.63	100%	0.63	\$9,152	\$19,840	\$28,992	\$62,400	0.63	100%	0.63	\$9,152		\$9,152	\$42,256
Volunteer Manager	\$8,355	\$68,640	0.50	75.0%	0.38	\$25,740		\$25,740	\$68,640	0.50	75.0%	0.38	\$25,740		\$25,740	\$59,835
Administrative Assistant		\$62,400	0.63	100%	0.63		\$19,500	\$19,500								\$19,500
Totals	\$128,935	\$579,440	4.70	775.00%	4.58	\$213,371	\$84,721	\$298,092	\$427,440	3.68	575.00%	3.56	\$213,907	\$7,093	\$221,000	\$648,027
Fringe Benefits Rate		20.00%				20.00%			20.00%				20%			
Employee Fringe Benefits	\$24,765	\$115,888				\$42,675	\$16,943	\$59,618	\$85,488				\$42,781	\$1,419	\$44,200	\$128,583
Total Salaries and Benefits	\$153,700	\$695,328				\$256,046	\$101,664	\$357,710	\$512,928				\$256,688	\$8,512	\$265,200	\$776,610
HSA #2																10/25/2016

Program: Community Services, Richmond (Same as Line 11 on HSA #1)								opendix B-1, Page 3 Date: October 2021
			Operating Exp	ense Detail				
Term	1/1/21 - 6/30/21		7/1/21 - 6/30/22			7/1/22 - 6/30/23		1/1/21 - 6/30/23
_	Revised	Budget	Modification	Revised	Budget	Modification	Revised	Total
Expenditure Category								
Rental of Property	\$6,805	\$10,920	· .	\$10,920	\$9,300	\$1,620	\$10,920	\$28,645
Utilities (Elec, Water, Gas, Phone, Garbag	\$600		\$900	\$900		\$900	\$900	\$2,400
Office Supplies, Postage	\$2,110	\$1,518	\$567	\$2,085	\$1,547	\$453	\$2,000	\$6,195
Building Maintenance Supplies and Repair	\$1,300		\$1,500	\$1,500		\$1,500	\$1,500	\$4,300
Printing and Reproduction	\$1,100	\$250	\$250	\$500		\$300	\$300	\$1,900
- Staff Training	\$661		\$700	\$700		\$700	\$700	\$2,061
Staff Travel-(Local & Out of Town) Rental of Equipment	\$480		\$500	\$500		\$200	\$200	\$1,180
Consultant Consultant A								
<u>Other</u>								
Programs & Events	\$12,900	\$4,000	\$2,650	\$6,650	\$4,000	\$2,473	\$6,473	\$26,023
IT & Web Support	\$1,700	\$2,000	\$4,485	\$6,485	\$2,000		\$2,000	\$10,185
Community Outreach			\$10,400	\$10,400				\$10,400
Total Operating Expenses	\$27,656	\$18,688	\$21,952	\$40,640	\$16,847	\$8,146	\$24,993	\$93,289
HSA #3	ψ21,000	ψ10,000 <u></u>	ψε 1,002	ψτυ,υτυ	φ10,0+1	ψ0,1-0	ψετ,530	10/25/2016

Appendix A-1 - Services to be Provided On Lok Day Services

Community Services

January 1, 2021 to June 30, 2023

I. Purpose

The purpose of this grant is to provide community services programming for older adults and adults with disabilities in the City and County of San Francisco through site based Community Centers. The programming will maintain or improve the well-being of older adults and adults with disabilities by providing activities and services designed to support individuals to live independently in their own homes and communities, reduce social isolation, and serve as an access point for other home and community-based services.

II. Definitions

Adult with a Disability	A person 18 years of age or older living with a disability
CA-GetCare	A web-based application that provides specific functionalities for contracted agencies to use to perform consumer intake/assessment/enrollment, record service objectives, run reports, etc.
CARBON	Contracts Administration, Reporting and Billing On Line System
City	City and County of San Francisco, a municipal corporation.
DAS	Department of Disability and Aging Services
Disability	Mental, cognitive and/or physical impairments, including hearing and visual impairments, that result in substantial functional limitations in one (1) or more of the following areas of major life activity: self-care, receptive and expressive language, learning, mobility, and self-direction, capacity for independent living, economic self-sufficiency, cognitive functioning, and emotional adjustment. Source: California Code of Regulations Title 22, Sec. 7630

Frail	An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or others. Source: California Code of Regulations Title 22, Sec. 7119
Grantee	On Lok Day Services
Higher Learning classes	College level classes that are taught by instructors with advanced degrees and teaching experience in the field of study. Higher Learning classes were originally part of City College of San Francisco's Older Adults program. Classes are provided at community service centers throughout the City and supplement traditional community services programming.
LGBTQ+	An acronym/term used to refer to persons who self-identify as non - heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.
Low Income	Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.
Minority	An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulations Title 22, Sec. 7130.
ОСР	Office of Community Partnerships
ОСМ	Office of Contract Management, San Francisco Human Services Agency.
Older Adult	Person who is 60 years or older, used interchangeably with "senior"
Senior	Person who is 60 years or older, used interchangeably with "older adult"

SF-HSA	Human Services Agency of the City and County of San Francisco.
SOGI	Sexual Orientation and Gender Identity; <i>Ordinance No. 159-16</i> amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (<i>Chapter 104, Sections 104.1 through 104.9.</i>)
Unit of Service	Defined as one hour of service
Unduplicated Consumer (UDC)	An individual who participates in community services and the grantee reflects consumer participation in CA-GetCare through enrollment.

III. Target Population

The target population is older adults and adults with disabilities living in the City and County of San Francisco with the greatest economic and social need and with particular attention to the following individuals:

- 1. Low income
- 2. Limited or no English speaking proficiency
- 3. Minority populations
- 4. Frail
- 5. LGBTQ+

IV. Eligibility for Services

- A person who is a resident of San Francisco and
- A person who is an older adult or an adult with a disability

V. Location and Time of Services

The grantee will provide community services programming in the City and County of San Francisco. The details of the sites and operation hours are located in the site chart.

VI. Description of Services and Program Requirements

- 1. Grantee will provide community services programming for older adults and adults with disabilities. Community services programming shall consist of activities and services that focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older adults and adults with disabilities. Activities and services may be provided in the grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection. There are four categories of community services programming:
 - i. <u>Activity Scheduling</u>: Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise

classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.

- ii. <u>Translation:</u> Translation assistance provided to consumers that cannot speak/read English. Translation may also include the use of American Sign Language, braille, or teleprompting. Services may include translation for an individual, such as translation of forms, letters, applications, or phone calls, and may also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements or presentations.
- iii. <u>Social Services</u>: The provision of one-to-one assistance to individuals that enables them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- iv. <u>Enhanced Outreach</u>: While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from DAS OCP before commencing.

Enhanced outreach efforts under this specific grant: Enhanced outreach efforts will not be provided under this specific grant.

- 2. Grantee will ensure that service offerings in the four categories of community services are designed to:
 - i. Provide quality services that attain a high satisfaction level from participants.
 - ii. Provide services that meet the needs of individual participants.
 - iii. Provide physical activities that may improve the health of participants.
 - iv. Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
 - v. Provide activities to increase socialization opportunities for individual consumers.
- 3. Grantee will develop and maintain policies and procedures that align with city, state, and local regulatory agencies, including the DAS OCP policy memoranda.
- 4. Grantee will administer an annual consumer satisfaction survey using a survey tool approved by DAS OCP. The grantee will share the survey results with DAS OCP by March 15th each grant year or on a mutually agreed upon date between DAS OCP and the grantee. At minimum, the consumer response rate shall be at least 35% of the annual unduplicated consumers.
- 5. Grantee will ensure adequate and culturally competent staffing to administer the program, deliver quality services to meet the needs of the consumer, and adhere to all program standards.

- 6. Grantee will ensure that units of service provided are tracked and distinguishable.
- 7. Grantee will attend in-service trainings and meetings coordinated and provided by DAS OCP, and share the information with their staff and volunteers as needed.
- 8. Grantee shall follow guidance or instructions from the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments related to the provision of services in the community. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. The grantee shall follow the requirements with the intent to maximize the health and safety of their staff and clients receiving services.
- 9. Grantee will provide Higher Learning classes at 30th Street Senior Center / On Lok Day Services. The classes will be open to any older adult or adult with disability interested. A participant will register for a class as a separate activity within the community services program. The course topic is "Body Dynamics". The classes are college level classes taught by instructors with advanced degrees and teaching experience in the field of study

VII. Service Objectives

Grantee will enroll at minimum the number of unduplicated consumers and provide the units of service detailed in Table A below:

Table A- Community Services	01/01/2021- 6/30/2021	FY21/22	FY22/23		
Unduplicated Consumers (UDC)	388	1163	1550		
Activity Scheduling	864	6075	8100		
Translation Services	114	1545	2060		
Social Services	473	1418	1890		
Enhanced Outreach	0	0	0		
One (1) unit of service = one (1) hour of service provision					

VIII. Outcome Objectives

Community Services

- 1. Consumers receive the services and/or activities they need from the agency. Target: 80%
- 2. Consumers who participate in physical activity programming report a positive impact on their health. Target: 80%
- 3. Consumers who received social services or translation assistance, or participated in an educational program, report the services helped to improve their lives. Target: 80%
- 4. Consumers report an increase in their socialization opportunities and interaction with others. Target: 80%

Based on an annual satisfaction survey created by DAS OCP and with a sample size of at least 35% of the annual unduplicated consumers.

Higher Learning

- 1. Class participants report that the course increased their socialization opportunities and interaction with others. Target: 80%
- 2. Class participants report an increase in knowledge of the Higher Learning course topic. Target: 80%

Based on a satisfaction survey created by the grantee with input from DAS OCP and with a sample size of at least 75% of the participants enrolled in the class.

IX. Reporting and Other Requirements

- 1. Grantee will enroll eligible consumers into the program funded through this grant agreement by entering the consumer data obtained from consumers, using the DAS OCP approved intake form, into the CA-GetCare database in accordance to DAS OCP policy memorandum.
- 2. Grantee will enter into the CA-GetCare Service Unit section all service objectives by the 5th working day of the month for the preceding month.
- 3. Grantee will enter monthly reports and metrics into the CARBON database system by the 15th of the following month that includes the following information:
 - Number of unduplicated consumers served
 - Number and type of service units provided
- 4. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- 5. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15th of each grant year or on a mutually agreed upon date between DAS OCP and the grantee.
- 6. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10th day following the time study month.
- 7. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31st of each grant year. The grantee must submit the report in the CARBON system.
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- Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by SF-HSA, DAS, and OCP. The due dates for submitting the bi-annual summary reports are January 10th (June-December data) and July 10th (January-June data).
- 10. Grantee will maintain an updated site chart, using the DAS OCP approved form, with details about the program.
- 11. Grantee program staff will complete an Elder Abuse Mandated Reporter Training and the California Department of Aging (CDA) Security Awareness Training on an annual basis. The grantee will maintain evidence of staff completion of these trainings.

- 12. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- 13. Grantee will develop a grievance policy consistent with DAS OCP policy memorandum.
- 14. For assistance with reporting and contract requirements, please contact:

Erica Maybaum Program Analyst DAS OCP Erica.Maybaum@sfgov.org

and

Patrick Garcia Contract Manager HSA OCM Patrick.Garcia@sfgov.org

X. Monitoring Activities

- Program Monitoring: Program monitoring will include review of compliance to A. specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan,

Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

Appendix B, Page 1 Document Date: October 2021 HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM Name Term On Lok Day Services Jan 2021 - Jun 2023 (Check One) New Renewal Modification __X__ If modification, Effective Date of Mod. 7/1/21 No. of Mod. 1 Program: Community Services Budget Reference Page No.(s) (TOTAL) 1/1/21 - 6/30/23 1/1/21 - 6/30/21 7/1/21 - 6/30/22 7/1/21 - 6/30/22 7/1/21 - 6/30/22 Program Term Expenditures \$366.336 \$7,809 \$374.14 Salaries & Benefits \$145.412 \$366.336 \$7 809 \$374 145 \$893.702 \$12,929 \$17,347 \$30,276 \$136,048 Operating Expenses \$74,225 \$12,929 \$18,618 \$31.547 Subtotal \$219,637 \$379,265 \$26,427 \$405,692 \$379,265 \$25,156 \$404,421 \$1,029,750 Indirect Percentage (%) 9% 9% 9% 9% 9% 9% 99 9% \$19,768 \$34,134 \$2,264 \$36,398 \$92,678 Indirect Cost \$2,378 \$36,512 \$34,134 Subcontractor/Capital Expenditure \$9,012 \$25,860 \$25,860 \$12,930 \$12,930 \$47,802 \$413,399 \$1,170,230 Total Expenditures \$248,417 \$54,665 \$468,064 \$413,399 \$40,350 \$453,749 HSA Revenues General Fund \$196,703 \$367,925 \$367,925 \$367,92 \$367,92 \$932,553 Federal (CFDA 93.778) \$24,312 \$45,474 \$45,474 \$45,474 \$45,474 \$115,260 Senior Support Group (OTO) \$15,000 \$15,000 \$12,402 \$26,035 \$26,035 \$26,035 \$26,03 \$64,472 CODB Higher Learning \$28,630 \$28,630 \$14,315 \$14,315 \$42,945 Total HSA Revenue \$248,417 \$413,399 \$54,665 \$468,064 \$40,350 \$453,749 \$1,170,230 \$413,399 Other Revenues \$271,58 Fundraising \$86.060 \$271,585 \$629,230 \$16.688 \$41.720 \$8.344 \$16.68 Volunteers TOTAL DAS AND NON DAS REVENUE \$342,821 \$413,399 \$54,665 \$756,337 \$413,399 \$40,350 \$742,02 \$1,841,180 Full Time Equivalent (FTE) Prepared by: Meko Ma 9/27/2021 HSA-CO Review Signature: HSA #1

Appendix B On-Lok

Program: Community Services
(Same as Line 11 on HSA #1)

Program: Community Services (Same as Line 11 on HSA #1)																Appendix B, Page 2 Date: October 2021
							Sal	aries & Bene	fits Detail		(MODIFICATION)	(REVISED)		(MODIFICATION)		(TOTAL)
	Agency T	otals	HSA P	ogram	DAS budgeted salary	Agency To	otals	HSA P	rogram		(MODIFICATION)		AS budgeted salar	((REVISED)	(TOTAL)
Position	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)	Adjusted ETE	1/1/21 - 6/30/21	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA	Adjusted ETE	7/4/04 6/00/00	7/1/01 6/00/00	7/1/21 - 6/30/22	7/4/00 6/20/00	7/1/22 - 6/30/23	7/4/00 6/00/00	1/1/21 - 6/30/23
Accountant	\$62,130	1.00	1	0.30	\$9,320	\$62.130	1.00		0.30	\$18,639	1/1/21 - 0/30/22	\$18,639	\$18,639	111122 - 0/30/23	\$18.639	\$46,598
Activities Program Manager	\$61.006	1.00		0.65	\$19,827	\$61,006	1.00		0.75		\$6,101	\$45,755	\$39,654	\$6.101	\$45,755	\$111.337
Administrative Secretary	\$59,010	1.00		0.25	\$7,376	\$59.010	1.00		0.25	\$14,753	**,**	\$14,753	\$14,753		\$14,753	\$36,882
Assistant Director	\$90,002	1.00		0.25	\$11,250	\$90,002	1.00		0.25	, ,		\$22,501	\$22,501		\$22,501	\$56,252
Senior Center Associate #1	\$48,152	1.00	100%	1.00	\$6,019	\$48,152	1.00	100%	1.00	\$48,152		\$48,152	\$48,152		\$48,152	\$102,323
Senior Center Associate #2	\$47,840	1.00	100%	1.00	\$23,920	\$47,840	1.00	100%	1.00	\$47,840		\$47,840	\$47,840		\$47,840	\$119,600
Hospitality Ctr Coord	\$48,422	1.00	43%	0.43	\$10,411	\$48,422	1.00	43%	0.43	\$20,821		\$20,821	\$20,821		\$20,821	\$52,053
Volunteer Program Manager	\$72,800	1.00	70%	0.70	\$25,480	\$72,800	1.00	70%	0.70	\$50,960		\$50,960	\$50,960		\$50,960	\$127,400
Com Serv Progr Asst.	\$45,760	0.25	63%	0.16		\$45,760	1.00	50%	0.50	\$22,880		\$22,880	\$22,880		\$22,880	\$45,760
	8505 100	0.05	504.000		<u></u>			540.000	5.40							
Totals	\$535,122	8.25	521.00%	4.74	\$113,603	\$535,122	9.00	518.00%	5.18	\$286,200	\$6,101	\$292,301	\$286,200	\$6,101	\$292,301	\$698,205
Fringe Benefits Rate	28%]				28%]			28%			28%			
Employee Fringe Benefits	\$149,834				\$31,809	\$149,834				\$80,136	\$1,708	\$81,844	\$80,136	\$1,708	\$81,844	\$195,497
Total Salaries and Benefits	\$684,956				\$145,412	\$684,956				\$366,336	\$7,809	\$374,145	\$366,336	\$7,809	\$374,145	\$893,702
HSA #2																

Program: Community Services								Appendix B, Page 3
(Same as Line 11 on HSA #1)							Documen	t Date: October 202
			Operating Expe	nse Detail				
	1/1/21 - 6/30/21	7/1/21 - 6/30/22	(MODIFICATION) 7/1/21 - 6/30/22	(REVISED) 7/1/21 - 6/30/22	7/1/22 - 6/30/23	(MODIFICATION) 7/1/22 - 6/30/23	(REVISED) 7/1/22 - 6/30/23	(TOTAL) 1/1/21 - 6/30/23
Expenditure Category								
Rental of Property								
Utilities (Elec, Water, Gas, Phone, Garbage)	\$19,188	\$1,095	8,433	\$9,528	\$1,095	7,245	\$8,340	\$37,056
Office Supplies, Postage	\$1,278	\$28	1,500	\$1,528	\$28	1,500	\$1,528	\$4,334
Building Maintenance Supplies and Repair	\$33,927	\$11,806	4,685	\$16,491	\$11,806	4,602	\$16,408	\$66,820
Printing and Reproduction								
Insurance								
Staff Training								
Staff Travel-(Local & Out of Town)								
Rental of Equipment								
Consultant								
Consultant								
<u>Other</u>								
Senior Support Group	\$6,111		\$4,000	\$4,000		\$4,000	\$4,000	\$14,111
Program Supplies	\$13,721							\$13,72
Total Operating Expenses	\$74,225	\$42,020	¢10 610	\$31,547	¢10.000	\$17,347	¢30.376	£126 0.40
Total Operating Expenses	\$74,225	\$12,929	\$18,618	ې 31,547	\$12,929	¢17,347	\$30,276	\$136,048
HSA #3								
10A #J								

Program: Community Services (Same as Line 11 on HSA #1)

Subcontractor & Capital Expenditure Detail (MODIFICATION) (REVISED) (MODIFICATION) (REVISED) (TOTAL) 7/1/21 - 6/30/22 7/1/21 - 6/30/22 Subcontractor Expenditure 1/1/21 - 6/30/21 7/1/21 - 6/30/22 7/1/22 - 6/30/23 7/1/22 - 6/30/23 7/1/22 - 6/30/23 1/1/21 - 6/30/23 \$8,100 \$8,100 Tanako Hagiwara - Body Dynamics Class \$7,700 \$16,200 \$16,200 \$32,000 Esperanza Villanueva - Art Class \$857 \$3,600 \$3,600 \$1,800 \$1,800 \$6,257 Yoga Class \$455 \$1,680 \$1,680 \$3,360 \$3,360 \$5,495 Music Class \$2,700 \$2,700 \$1.350 \$1.350 \$4,050 Total Subcontractor Expenditure \$9,0<u>12</u> \$25,860 \$25,860 \$12,930 \$12,930 \$47,802 Equipment (Qty) 1/1/21 - 6/30/21 7/1/21 - 6/30/22 7/1/21 - 6/30/22 7/1/21 - 6/30/22 7/1/22 - 6/30/23 7/1/22 - 6/30/23 7/1/22 - 6/30/23 1/1/21 - 6/30/23 Total Equipment Cost Remodeling 1/1/21 - 6/30/21 7/1/21 - 6/30/22 7/1/21 - 6/30/22 7/1/21 - 6/30/22 7/1/22 - 6/30/23 7/1/22 - 6/30/23 7/1/22 - 6/30/23 1/1/21 - 6/30/23 Total Remodeling Cost **Total Capital Expenditure** \$9,012 \$25,860 \$25,860 \$12,930 \$12,930 \$47,802 HSA #4

Appendix B, Page 4 Document Date: October 2021

APPENDIX A-1 – SERVICES TO BE PROVIDED

Openhouse

COMMUNITY SERVICES

Effective January 1, 2021 to June 30, 2023

Modification: October 6, 2021

I. Purpose

The purpose of this grant is to provide community services programming for older adults and adults with disabilities in the City and County of San Francisco through site based Community Centers. The programming will maintain or improve the well-being of older adults and adults with disabilities by providing activities and services designed to support individuals to live independently in their own homes and communities, reduce social isolation, and serve as an access point for other home and community-based services.

II. Definitions

Adult with a Disability	Person 18 years of age or older living with a disability
CA GetCare	A web-based application that provides specific functionalities for contracted agencies to use to perform consumer intake/assessment/enrollment, record service objectives, run reports, etc.
CARBON	Contracts Administration, Reporting and Billing On Line System
City	City and County of San Francisco, a municipal corporation.
DAS	Department of Disability and Aging Services
Disability	Mental, cognitive and/or physical impairments, including hearing and visual impairments, that result in substantial functional limitations in one (1) or more of the following areas of major life activity: self-care, receptive and expressive language, learning, mobility, and self-direction, capacity for independent living, economic self-sufficiency, cognitive functioning, and emotional adjustment. Source: California Code of Regulations Title 22, Sec. 7630

Frail	An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or others. Source: California Code of Regulations Title 22, Sec. 7119
Grantee	Openhouse
LGBTQ+	An acronym/term used to refer to persons who self-identify as non - heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.
Low Income	Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.
Minority	An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulation Sec. 7130
OCP	Office of Community Partnerships
OCM	Office of Contract Management, San Francisco Human Services Agency
Older Adult	Person who is 60 years or older, used interchangeably with "senior"
Senior	Person who is 60 years or older, used interchangeably with "older adult"
SF-HSA	Human Services Agency of the City and County of San Francisco

SOGI	Sexual Orientation and Gender Identity; <i>Ordinance No. 159-16</i> amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (<i>Chapter 104, Sections 104.1 through 104.9.</i>)
Unit of Service	Defined as one hour of service
Unduplicated Consumer (UDC)	An individual who participates in community services and the grantee reflects consumer participation in CA-GetCare through enrollment

III. Target Population

The target population is older adults and adults with disabilities living in the City and County of San Francisco with the greatest economic and social need and with particular attention to the following individuals:

- 1. Low income
- 2. Limited or no English speaking proficiency
- 3. Minority populations
- 4. Frail
- 5. LGBTQ+

IV. Eligibility for Services

- A person who is a resident of San Francisco *and*
- A person who is an older adult or an adult with disability

V. Location and Time of Services

The grantee will provide community services programming in the City and County of San Francisco. The details of the sites and operation hours are located in the site chart.

VI. Service Description

- 1. Grantee will provide community services programming for older adults and adults with disabilities. Community services programming shall consist of activities and services that focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older adults and adults with disabilities. Activities and services may be provided in the grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection. There are four categories of community services programming:
 - i. <u>Activity Scheduling</u>: Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for

education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.

- ii. <u>Translation:</u> Translation assistance provided to consumers that cannot speak/read English. Translation may also include the use of American Sign Language, braille, or teleprompting. Services may include translation for an individual, such as translation of forms, letters, applications, or phone calls, and may also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements or presentations.
- iii. <u>Social Services</u>: The provision of one-to-one assistance to individuals that enables them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- iv. <u>Enhanced Outreach</u>: While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from DAS OCP before commencing.

Enhanced outreach efforts under this specific grant:

In addition to general outreach to raise community awareness of Openhouse's offerings, Openhouse will be engaging in Enhanced Outreach by specifically targeting additional outreach to the Transgender community and LGBTQ+ older adults of color. In order to reach and engage these "communities within communities," Openhouse will develop specific programming in-house as well as fostering cross-organizational programming with other local organizations. Openhouse will also continue collaborations with organizations such as API Wellness/Trans Thrive, Lyric, Positive Resource Center, and the City's Office of Transgender Initiatives.

- 2. Grantee will ensure that service offerings in the four categories of community services are designed to:
 - i. Provide quality services that attain a high satisfaction level from participants.
 - ii. Provide services that meet the needs of individual participants.
 - iii. Provide physical activities that may improve the health of participants.
 - iv. Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
 - v. Provide activities to increase socialization opportunities for individual consumers.
- 3. Grantee will develop and maintain policies and procedures that align with city, state, and local regulatory agencies, including the DAS OCP policy memoranda.
- 4. Grantee will administer an annual consumer satisfaction survey using a survey tool approved by DAS OCP. The grantee will share the survey results with DAS OCP by March 15th each grant year or on a mutually agreed upon date between DAS OCP and the

grantee. At minimum, the consumer response rate shall be at least 35% of the annual unduplicated consumers.

- 5. Grantee will ensure adequate and culturally competent staffing to administer the program, deliver quality services to meet the needs of the consumer, and adhere to all program standards.
- 6. Grantee will ensure that units of service provided are tracked and distinguishable.
- 7. Grantee will attend in-service trainings and meetings coordinated and provided by DAS OCP, and share the information with their staff and volunteers as needed.
- 8. Grantee shall follow guidance or instructions from the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments related to the provision of services in the community. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. The grantee shall follow the requirements with the intent to maximize the health and safety of their staff and clients receiving services.
- 9. Grantee will provide food support that includes home delivered groceries, shopping and grocery delivery support, and cooking classes to participants experiencing food insecurity as a result of the pandemic. Grantee will deliver supplemented food items and other supplies (e.g. masks, hand sanitizers, household items, etc.) on a weekly basis to LGBTQ+ older adults. Shopping support includes errand runs (e.g. prescription or pet food pickups) and regular grocery runs for participants in varying frequency. Virtual cooking classes are offered through a partnership with a local non-profit cooking school to participants who struggle with cooking their own food, particularly fresh produce and other items from the home delivered groceries.
- 10.

VII. Service Objectives

Table A- Community Services	01/01/2021- 6/30/2021	FY21/22	FY22/23			
Unduplicated Consumers (UDC)	100	300	400			
Activity Scheduling	325	975	1300			
Translation Services	0	0	0			
Social Services	275	825	1100			
Enhanced Outreach 23 68 90						
One (1) unit of service = one (1) hour of service provision						

Grantee will enroll at minimum the number of unduplicated consumers and provide the units of service detailed in the tables below:

Table B- Food Support	Annual UDC	FY21/22	FY22/23
Home Delivered Groceries 1 UOS = 1 delivery	85	4420	4420
Shopping and Grocery Delivery Support 1 UOS = 1 hour	45	52	52
Cooking Classes 1 UOS = 1 class	30	5	5

VIII. Outcome Objectives

- Consumers receive the services and/or activities they need from the agency. Target: 80%
- Consumers who participate in physical activity programming report a positive impact on their health. Target: 80%
- Consumers who received social services or translation assistance, or participated in an educational program, report the services helped to improve their lives. Target: 80%
- Consumers report an increase in their socialization opportunities and interaction with others. Target: 80%

Based on an annual satisfaction survey created by DAS OCP and with a sample size of at least 35% of the annual unduplicated consumers.

IX. Reporting and Other Requirements

- 1. Grantee will enroll eligible consumers into the program funded through this grant agreement by entering the consumer data obtained from consumers, using the DAS OCP approved intake form, into the CA-GetCare database in accordance to DAS OCP policy memorandum.
- 2. Grantee will enter into the CA-GetCare Service Unit section all service objectives by the 5th working day of the month for the preceding month.
- 3. Grantee will enter monthly reports and metrics into the CARBON database system by the 15th of the following month that includes the following information:
 - Number of unduplicated consumers served
 - Number and type of service units provided
- 4. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- 5. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15th of each grant year or on a mutually agreed upon date between DAS OCP and the grantee.
- 6. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10th day following the time study month.

- 7. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31st of each grant year. The grantee must submit the report in the CARBON system.
- 8. Grantee shall develop and deliver ad hoc reports as requested by SF-HSA, DAS, and OCP.
- Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by SF-HSA, DAS, and OCP. The due dates for submitting the bi-annual summary reports are January 10th (June-December data) and July 10th (January-June data).
- 10. Grantee will maintain an updated site chart, using the DAS OCP approved form, with details about the program.
- 11. Grantee program staff will complete an Elder Abuse Mandated Reporter Training and the California Department of Aging (CDA) Security Awareness Training on an annual basis. The grantee will maintain evidence of staff completion of these trainings.
- 12. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- 13. Grantee will develop a grievance policy consistent with DAS OCP policy memorandum.
- 14. For assistance with reporting and contract requirements, please contact:

Theresa Ballesteros Program Analyst DAS OCP theresa.ballesteros@sfgov.org

or

Steve Kim Contract Manager SF-HSA OCM steve.kim@sfgov.org

X. Monitoring Activities

A. <u>Program Monitoring</u>: Program monitoring will include review of compliance to specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and

also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.

B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

							Арре	endix B-1, Page
HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM								
Name						Teri	m	
Openhouse						Jan 2021 -	Jun 2023	
(Check One) New Renewal Mo								
f modification, Effective Date of Mod. 7/1/2021	No. of Mod. 1							
Program: Community Services	Antural	Original	Marali Grandi ara	Device d	Origina el		Deviced	
Budget Reference Page No.(s)	Actual	Original	Modification	Revised	Original	Modifcation	Revised	T-4-1
Program Term	1/1/21 - 6/30/21	FY 21/22	FY 21/22	FY 21/22	FY 22/23	FY 22/23	FY 22/23	Total
Expenditures Salaries & Benefits	\$168,997	\$236,827	\$165,920	\$402,748	\$236,827	\$78,964	\$315,791	\$887,53
Operating Expenses	\$24,500	φ230,027	\$105,920	\$25,649	φ230,027	\$25,650	\$25,650	\$75,79 \$75,79
Subtotal	\$193,497	\$236,827	\$191,569	\$428,397	\$236,827	\$104,614	\$341,441	\$963,33
Indirect Percentage (%)	15%	15%	15%	15%	15%	15%	15%	15
Indirect Cost	\$25,350	\$35,524	\$28,735	\$64,260	\$35,524	\$15,692	\$51,216	\$140,82
Subcontractor/Capital Expenditure	,		\$49,000	\$49,000		\$24,000	\$24,000	\$73,00
Total Expenditures	\$218,847	\$272,351	\$269,304	\$541,657	\$272,351	\$144,306	\$416,657	\$1,177,16
HSA Revenues General Fund	\$136,176	\$272,351		\$272,351	\$272,351		\$272,351	\$680,87
OTO Funds (01/01/21 - 06/30/23)	\$50,000		\$100,000	\$100,000				\$150,00
Food Support Funds (07/01/22- 06/30/23)			\$100,000	\$100,000		\$100,000	\$100,000	\$200,00
Pass-through Funds (07/01/22 - 06/30/23)			\$49,000	\$49,000		\$24,000	\$24,000	\$73,00
CODB FY19/20	\$8,171		\$8,171	\$8,171		\$8,171	\$8,171	\$24,5
CODB FY20/21 & FY21/22	¢40.500		\$12,136	\$12,136		\$12,136	\$12,136	\$24,2
Tenderloin Tessie Holiday Dinners Mon Ami	\$12,500 \$12,000							\$12,50 \$12,00
Total HSA Revenue	\$12,000	\$272,351	\$269,307	\$541,658	\$272,351	\$144,307	\$416,658	\$1,177,16
Other Revenues	φ210,047	\$272,33T	\$205,307	\$3+1,000	\$272,33T	\$ 1 44 ,307	\$410,030	φ1,177,1C
		¢070.054	#000.007	¢E44.050	£070.054	¢444.007		64 477 41
TOTAL DAS AND NON DAS REVENUE	\$218,847	\$272,351	\$269,307	\$541,658	\$272,351	\$144,307	\$416,658	\$1,177,16
ull Time Equivalent (FTE)								
Prepared by: Matthew Cimino	Telephone No.: 415-5	30-2783						9/27/20
HSA-CO Review Signature:								
ISA #1								10/6/20

Program: Community Services Openhouse

Program: Community Services Openhouse

Appendix B-1, Page 2

					Sala	ries & Benefits D	etail					
	Agency	/ Totals	HSA P	rogram		DAS budgeted salary						
Position	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)	Adjusted FTE	1/1/21 - 6/30/21	Original FY21/22	Modification FY21/22	Revised FY21/22	Original FY22/23	Modfication FY22/23	Revised FY22/23	Total
Director of Programs	\$110,281	1.00			\$13,210	\$42,527	(\$42,527)		\$42,527	(\$42,527)		\$13,210
Director of CSS	\$95,000	1.00	10.00%	0.10	\$10,784	\$17,000	(\$7,500)	\$9,500	\$17,000	(\$17,000)		\$20,284
Mgr of CEP	\$72,720	1.00	25.00%	0.25	\$21,730	\$43,460	(\$25,280)	\$18,180	\$43,460	(\$24,916)	\$18,544	\$58,454
Staff Training & Dev	\$84,760	0.60			\$5,178							\$5,178
Education Coordinator	\$52,688	0.50	100.00%	0.50	\$15,162	\$25,324	\$1,020	\$26,344	\$25,324	\$1,547	\$26,871	\$68,377
Activities Coordinator	\$51,260	1.00	100.00%	1.00	\$25,000	\$25,545	\$25,715	\$51,260	\$25,545	\$26,740	\$52,285	\$128,545
Men's Group Facilitator	\$108,191	0.13	100.00%	0.13	\$3,746	\$13,000	\$524	\$13,524	\$13,000	\$524	\$13,524	\$30,794
Community Engagement Coord	\$50,965	1.00	32.50%	0.33	\$9,024	\$15,000	\$1,564	\$16,564	\$15,000	\$1,895	\$16,895	\$42,483
Data Coordinator	\$45,000	1.00	90.46%	0.90	\$7,000	\$15,500	\$25,206	\$40,706	\$15,500	\$29,500	\$45,000	\$92,706
Food Coordinator	\$49,369	1.00	100.00%	1.00	\$22,360		\$49,369	\$49,369		\$50,356	\$50,356	\$122,085
Program Assistant	\$52,000	0.75			\$4,837							\$4,837
Care Navigator	\$50,000	1.00			\$2,800							\$2,800
Volunteer Coordinator	\$52,000	1.00	100.00%	1.00			\$52,000	\$52,000		\$19,992	\$19,992	\$71,992
Director of CEP	\$97,000	1.00	20.10%	0.20			\$19,498	\$19,498		\$19,692	\$19,692	\$39,190
Activity Center Receptionist	\$41,600	1.00	62.50%	0.63			\$26,000	\$26,000				\$26,000
Operations Coordinator	\$49,920	1.00	25.40%	0.25			\$12,678	\$12,678				\$12,678
Totals	\$1,062,754	13.98	765.96%	6.28	\$140,831	\$197,356	\$138,267	\$335,623	\$197,356	\$65,803	\$263,159	\$739,613
Fringe Benefits Rate	20.00%											
Employee Fringe Benefits	\$212,551				\$28,166	\$39,471	\$27,653	\$67,125	\$39,471	\$13,161	\$52,632	\$147,923
Total Salaries and Benefits	\$1,275,305				\$168,997	\$236,827	\$165,920	\$402,748	\$236,827	\$78,964	\$315,791	\$887,536
HSA #2												10/6/2021

Program: Community Services								Appendix B-1, Page 3
Openhouse								
			Operating Expense	Detail				
		Original	Modification	Revised	Original	Modification	Revised	
	1/1/21 - 6/30/21	FY 21/22	FY 21/22	FY21/22	FY22/23	FY22/23	FY22/23	Total
Expenditure Category								
Rental of Property								
Utilities (Elec, Water, Gas, Phone, Garbage)								
Office Supplies, Postage								
Building Maintenance Supplies and Repair	<u> </u>							
Printing and Reproduction	·		\$25,649	\$25,649		\$25,650	\$25,650	\$51,299
Insurance Staff Training	·							
Staff Travel-(Local & Out of Town)			·					
Rental of Equipment						·		
Nondi of Equipmont	······································					·		
<u>Consultant</u>								
TTHD	\$12,500							\$12,500
Mon Ami	\$12,000							\$12,000
<u>Other</u>								
Total Operating Expenses	\$24,500		\$25,649	\$25,649		\$25,650	\$25,650	\$75,799
HSA #3								10/6/2021

Program: Community Services							Ар	pendix B-1, Page 4
Openhouse								
		Subcont	ractor & Capital E	xpenditure Deta	ail			
Subcontractor Expenditure	1/1/21 - 6/30/21	Original FY21/22	Modification FY21/22	Revised FY21/22	Original FY22/23	Modification FY22/23	Revised FY22/23	Total
Subcontractor A	1/1/21 - 0/30/21	F 1 2 1/22	F121/22	F121/22	F122/23	F122/23	F 1 22/23	TOLAI
Tenderloin Tessie Holiday Dinners			\$25,000	\$25,000				\$25,000
Mon Ami			\$23,000	\$23,000		\$24,000	\$24,000	\$48,000
							, ,	,
Total Subcontractor Expenditure			\$49,000	\$49,000		\$24,000	\$24,000	\$73,000
· · · · · · · · · · · · · · · · · · ·			\$10,000	\$10,000		\$2.,000	¢2 1,000	¢10,000
<u>Equipment (Qty)</u>	1/1/21 - 6/30/21	FY 21/22			FY 22/23			Total
Equipment A								
Total Equipment Cost								
Remodeling	1/1/21 - 6/30/21	FY 21/22			FY 22/23			Total
Remodel A	1/1/21 - 0/00/21	1121/22			1122/20			Total
Total Remodeling Cost								
- -								
Total Capital Expenditure			\$49,000	\$49,000		\$24,000	\$24,000	\$73,000
	·		•			•		
HSA #4								10/6/202

Appendix A1 - Services to be Provided Self-Help for the Elderly

Community Services

January 1, 2021 to June 30, 2023

Modification: October 6, 2021

I. Purpose

The purpose of this grant is to provide community services programming for older adults and adults with disabilities in the City and County of San Francisco through site based Community Centers. The programming will maintain or improve the well-being of older adults and adults with disabilities by providing activities and services designed to support individuals to live independently in their own homes and communities, reduce social isolation, and serve as an access point for other home and community-based services.

II. Definitions

Adult with a Disability	A person 18 years of age or older living with a disability
CA-GetCare	A web-based application that provides specific functionalities for contracted agencies to use to perform consumer intake/assessment/enrollment, record service objectives, run reports, etc.
CARBON	Contracts Administration, Reporting and Billing On Line System
City	City and County of San Francisco, a municipal corporation.
DAS	Department of Disability and Aging Services
Disability	Mental, cognitive and/or physical impairments, including hearing and visual impairments, that result in substantial functional limitations in one (1) or more of the following areas of major life activity: self-care, receptive and expressive language, learning, mobility, and self-direction, capacity for independent living, economic self-sufficiency, cognitive functioning, and emotional adjustment. Source: California Code of Regulations Title 22, Sec. 7630

Frail	An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or others. Source: California Code of Regulations Title 22, Sec. 7119
Grantee	Self-Help for the Elderly
Higher Learning classes	College level classes that are taught by instructors with advanced degrees and teaching experience in the field of study. Higher Learning classes were originally part of City College of San Francisco's Older Adults program. Classes are provided at community service centers throughout the City and supplement traditional community services programming.
LGBTQ+	An acronym/term used to refer to persons who self-identify as non - heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.
Low Income	Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.
Minority	An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulations Title 22, Sec. 7130.
ОСР	Office of Community Partnerships
OCM	Office of Contract Management, San Francisco Human Services Agency.
Older Adult	Person who is 60 years or older, used interchangeably with "senior"
Senior	Person who is 60 years or older, used interchangeably with "older adult"

SF-HSA	Human Services Agency of the City and County of San Francisco.
SOGI	Sexual Orientation and Gender Identity; <i>Ordinance No. 159-16</i> amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (<i>Chapter 104, Sections 104.1 through 104.9.</i>)
Unit of Service	Defined as one hour of service
Unduplicated Consumer (UDC)	An individual who participates in community services and the grantee reflects consumer participation in CA-GetCare through enrollment.

III. Target Population

The target population is older adults and adults with disabilities living in the City and County of San Francisco with the greatest economic and social need and with particular attention to the following individuals:

- 1. Low income
- 2. Limited or no English speaking proficiency
- 3. Minority populations
- 4. Frail
- 5. LGBTQ+

IV. Eligibility for Services

- A person who is a resident of San Francisco and
- A person who is an older adult or an adult with a disability

V. Location and Time of Services

The grantee will provide community services programming in the City and County of San Francisco. The details of the sites and operation hours are located in the site chart.

VI. Description of Services and Program Requirements

- 1. Grantee will provide community services programming for older adults and adults with disabilities. Community services programming shall consist of activities and services that focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older adults and adults with disabilities. Activities and services may be provided in the grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection. There are four categories of community services programming:
 - i. <u>Activity Scheduling</u>: Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise

classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.

- ii. <u>Translation</u>: Translation assistance provided to consumers that cannot speak/read English. Translation may also include the use of American Sign Language, braille, or teleprompting. Services may include translation for an individual, such as translation of forms, letters, applications, or phone calls, and may also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements or presentations.
- iii. <u>Social Services</u>: The provision of one-to-one assistance to individuals that enables them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- iv. <u>Enhanced Outreach</u>: While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from DAS OCP before commencing.

Enhanced outreach efforts under this specific grant:

In order to raise awareness of program services and locations, Grantee will attend and participate in multiple community fairs that occur each year in the City, including Aging Your Way, Sunday Streets, and the Chinese Lunar New Year Fair. Grantee will continue to organize its annual Longevity Walk-A-Thon to raise both awareness and funds for older adult programming. Grantee will continue its newspaper, radio, and TV media campaigns. Grantee will continue to utilize in-house transportation services to enhance access to their services, including a van shuttle service in the Visitacion Valley neighborhood.

- 2. Grantee will ensure that service offerings in the four categories of community services are designed to:
 - i. Provide quality services that attain a high satisfaction level from participants.
 - ii. Provide services that meet the needs of individual participants.
 - iii. Provide physical activities that may improve the health of participants.
 - iv. Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
 - v. Provide activities to increase socialization opportunities for individual consumers.
- 3. Grantee will develop and maintain policies and procedures that align with city, state, and local regulatory agencies, including the DAS OCP policy memoranda.
- 4. Grantee will administer an annual consumer satisfaction survey using a survey tool approved by DAS OCP. The grantee will share the survey results with DAS OCP by

March 15th each grant year or on a mutually agreed upon date between DAS OCP and the grantee. At minimum, the consumer response rate shall be at least 35% of the annual unduplicated consumers.

- 5. Grantee will ensure adequate and culturally competent staffing to administer the program, deliver quality services to meet the needs of the consumer, and adhere to all program standards.
- 6. Grantee will ensure that units of service provided are tracked and distinguishable.
- 7. Grantee will attend in-service trainings and meetings coordinated and provided by DAS OCP, and share the information with their staff and volunteers as needed.
- 8. Grantee shall follow guidance or instructions from the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments related to the provision of services in the community. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. The grantee shall follow the requirements with the intent to maximize the health and safety of their staff and clients receiving services.
- 9. From January 1 through June 30, 2021, Grantee will provide non-medical day program services through an Adult Day Program currently licensed by the California Department of Social Services/Community Care Licensing. Services will be provided to functionally impaired adults and those with Alzheimer's disease or other dementia related disorders. Grantee will ensure services are provided by trained, competent staff. Services will include an individual plan of care in a structured comprehensive program that will provide a variety of social, psychological, and related support services. Services offered will typically include socialization and recreational activities, health monitoring, meals and snacks, assistance with ADL (Activities of Daily Living) and supportive counseling. Education on resources and respite are also provided to the participant families and caregivers. Additionally, Grantee will enlist volunteers to help with the provision of services are to be conducted virtually or telephonically. Units of service are measured by the number of hours spent to provide adult day program and ADCRC services.
- 10. Grantee will provide Higher Learning classes at Self-Help for the Elderly Senior Centers. The classes will be open to any older adult or adult with disability interested. A participant will register for a class as a separate activity within the community services program. Course topics are "Healthier Nutrition and Fitness", "Managing Chronic Health Conditions", "Healthy Aging", and "Forever Young Fitness". The classes are college level classes taught by instructors with advanced degrees and teaching experience in the field of study.

VII. Service Objectives

Grantee will enroll at minimum the number of unduplicated consumers and provide the units of service detailed in Table A and B below:

Table A- Community Services	01/01/2021- 6/30/2021	FY21/22	FY22/23	
Unduplicated Consumers (UDC)	1,710	2,138	2,850	

Activity Scheduling	3,936	7,380	9,840			
Translation Services	1,764	1,890	2,540			
Social Services	2,496	3,120	3,120			
Enhanced Outreach 788 984 984						
One (1) unit of service = one (1) hour of service provision						

Table B- Adult Day Program and ADCRCservices	01/01/2021- 6/30/2021
Unduplicated Adult Day Program Consumers	12
Unduplicated ADCRC Consumers	13
Adult Day Program Hours	7,160
ADCRC Hours	7,076
Caregiver Support Contacts	6
Education Session	1
Recruit Volunteers	50
Volunteer Hours	500

VIII. Outcome Objectives

Community Services

- 1. Consumers receive the services and/or activities they need from the agency. Target: 80%
- 2. Consumers who participate in physical activity programming report a positive impact on their health. Target: 80%
- 3. Consumers who received social services or translation assistance, or participated in an educational program, report the services helped to improve their lives. Target: 80%
- 4. Consumers report an increase in their socialization opportunities and interaction with others. Target: 80%

Based on an annual satisfaction survey created by DAS OCP and with a sample size of at least 35% of the annual unduplicated consumers.

Adult Day Program and ADCRC Services

- 1. Participants enrolled in the Adult Day Program report that the Adult Day Program helped them remain safely in their current living/housing situation. Target: 85%
- 2. Participants enrolled in the Adult Day Program avoid institutionalization as evidenced by participating in the program for at least 6 months from their date of enrollment. Target: 70%

- 3. Caregivers who participated in the trainings report they are more aware of Alzheimer's and dementia related resources. Target: 85%
- 4. Caregivers report feeling less exhausted and isolated by the chronic stress of caregiving, and better able to attend to their own personal needs. Target: 85%

Higher Learning

- 1. Class participants report that the course increased their socialization opportunities and interaction with others. Target: 80%
- Class participants report an increase in knowledge of the Higher Learning course topic. Target: 80%

Based on a satisfaction survey created by the grantee with input from DAS OCP and with a sample size of at least 75% of the participants enrolled in the class.

IX. Reporting and Other Requirements

- 1. Grantee will enroll eligible consumers into the program funded through this grant agreement by entering the consumer data obtained from consumers, using the DAS OCP approved intake form, into the CA-GetCare database in accordance to DAS OCP policy memorandum.
- 2. Grantee will enter into the CA-GetCare Service Unit section all service objectives by the 5th working day of the month for the preceding month.
- 3. Grantee will enter monthly reports and metrics into the CARBON database system by the 15th of the following month that includes the following information:
 - Number of unduplicated consumers served
 - Number and type of service units provided
- 4. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- 5. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15th of each grant year or on a mutually agreed upon date between DAS OCP and the grantee.
- 6. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10th day following the time study month.
- 7. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31st of each grant year. The grantee must submit the report in the CARBON system.
- 8. Grantee shall develop and deliver ad hoc reports as requested by SF-HSA, DAS, and OCP.
- Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by SF-HSA, DAS, and OCP. The due dates for submitting the bi-annual summary reports are January 10th (June-December data) and July 10th (January-June data).
- 10. Grantee will maintain an updated site chart, using the DAS OCP approved form, with

details about the program.

- 11. Grantee program staff will complete an Elder Abuse Mandated Reporter Training and the California Department of Aging (CDA) Security Awareness Training on an annual basis. The grantee will maintain evidence of staff completion of these trainings.
- 12. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- 13. Grantee will develop a grievance policy consistent with DAS OCP policy memorandum.
- 14. For assistance with reporting and contract requirements, please contact:

Lauren McCasland Program Analyst DAS OCP lauren.mccasland@sfgov.org and

Tahir Shaikh Contract Manager HSA OCM tahir.shaikh@sfgov.org

X. Monitoring Activities

Program Monitoring: Program monitoring will include review of compliance to A. specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.

B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.
								endix B2, Page t Date: 9/28/202
	H	IUMAN SERVI	CES AGENC	Y BUDGET SUM	MARY		Doodinici	1 Date: 5/26/26
	•		BY PROG					
Name						Те	erm	
SELP-HELP FOR THE ELDERLY						Jan 2021	- Jun 2023	
	Modification _x							
	. of Mod.							
Program: Community Services Budget Reference Page No.(s)								
	REVISED	REVISED		REVISED	REVISED		REVISED	
	BUDGET 1/1/21-	BUDGET FY			BUDGET FY 2022-		BUDGET FY 2022-	Tatal
Program Term Expenditures	6/30/21	2021-2022	Modification	2022	2023	Modification	2023	Total
Salaries & Benefits	\$436,862	\$590,460	\$72,576	\$663,036	\$590,460	\$33,850	\$624,310	\$1,724,20
Operating Expenses	\$100,277	\$126,423	\$64,920	\$191,343		\$45,000	\$171,423	\$463,04
Subtotal	\$537,139	\$716,883	\$137,496			\$78,850	\$795,733	\$2,187,25
Indirect Percentage (%)	15.00%	15.00%	15.00%			15.00%		15.00
Indirect Cost	\$79,724	\$107,533	\$20,624	\$128,157	\$107,533	\$11,827	\$119,360	\$327,24
Subcontractor/Capital Expenditure	\$57,770	\$40,000		\$40,000				\$97,77
Total Expenditures	\$674,633	\$864,416	\$158,120	\$1,022,536	\$824,416	\$90,677	\$915,093	\$2,612,26
HSA Revenues								
General Fund (88%)	\$593,677	\$675,755	\$158,120	\$899,832		\$90,677	\$805,282	\$2,298,79
Federal Fund (CFDA#93.778) (12%)	\$80,956	\$188,661		\$122,704	\$96,513		\$109,811	\$313,47
Total HSA Revenue	\$674,633	\$864,416	\$158,120	\$1,022,536	\$824,416	\$90,677	\$915,093	\$2,612,26
Other Revenues								
TOTAL DAS AND NON DAS REVENUE	\$674,633	\$864,416	\$158,120	\$1,022,536	\$824,416	\$90,677	\$915,093	\$2,612,26
Full Time Equivalent (FTE)								ato: 0/20/2024
Prepared by: Leny Nair HSA-CO Review Signature:							Da	ate: 9/28/2021
Non-OO Neview Signature.					-			
ISA #1								10/25/20

Appendix B [Agency]

Program: Community Services

(Same as Line 11 on HSA #1)

	Agency Totals HSA Program			DAS budgeted salary								
Position	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)	Adjusted FTE	REVISED BUDGETED SALARIES FY 20/21	Revised Budget fy 21/22	Modification	Revised Budget FY 21/22	Revised Budget FY 22/23	Higher Education	Revised Budget FY 22/23	Total
Director of Nutrition-Alex	\$94,486	1.00	28.57%	0.29	\$13,500	\$27,000		\$27,000	\$27,000		\$27,000	\$67,500
Community Outreach Worker-Thomas	\$44,824	1.00	3.00%	0.03	\$9,695	\$1,430		\$1,430	\$22,412		\$22,412	\$33,53
Community Service Manager-Ronald	\$58,238	1.00	70.00%	0.70	\$28,000	\$41,000		\$41,000	\$56,000		\$56,000	\$125,000
Nutrition Manager-Sing Ying	\$73,487	1.00	16.00%	0.16	\$6,975	\$11,900		\$11,900	\$11,900		\$11,900	\$30,775
Outreach Activity Coordinator-Hoi Yan	\$46,800	1.00	100.00%	1.00	\$22,500	\$46,800		\$46,800	\$45,000		\$45,000	\$114,30
Program Supervisor-Steven	\$47,840	1.00	25.00%	0.25	\$8,561	\$11,960		\$11,960	\$11,960		\$11,960	\$32,48 ⁻
Admin/Program Coordinator-Hoi Yan/Th	\$47,840	1.00	67.00%	0.67	\$16,400	\$31,948		\$31,948	\$31,096		\$31,096	\$79,44
Center Coord. Supervisor-Shirley	\$49,920	1.00	42.00%	0.42	\$10,904	\$21,200		\$21,200	\$20,592		\$20,592	\$52,69
Center Coord. Supervisor-Ma/Fung	\$49,920	1.00	42.00%	0.42		\$21,200		\$21,200	\$5,000	\$6,200	\$11,200	\$32,40
Program Assistant-Linda	\$39,500	0.75	42.00%	0.32	\$10,172	\$16,693		\$16,693	\$14,813		\$14,813	\$41,67
Program Assistant-Anita	\$43,680	0.75	30.00%	0.23	\$6,630	\$13,260		\$13,260	\$13,260		\$13,260	\$33,15
Program Assistant-Xiaowen	\$39,520	1.00	69.00%	0.69	\$12,167	\$23,482	\$3,878	\$27,360	\$22,630	\$3,878	\$26,508	\$66,03
Program Assistant-Leung	\$41,600	1.00	75.00%	0.75	\$17,957	\$22,464	\$8,736	\$31,200	\$26,464	\$4,736	\$31,200	\$80,35
Center Coord-Huang Caiye	\$39,520	1.00	94.00%	0.94		\$18,678	\$18,678	\$37,356		\$6,146	\$6,146	\$43,502
Center Coord-Jani	\$39,520	1.00	30.00%	0.30	\$5,897	\$11,794		\$11,794	\$11,794		\$11,794	\$29,48
Center Coord-Yanhua	\$39,520	1.00	47.00%	0.47	\$9,360	\$18,720		\$18,720	\$18,720		\$18,720	\$46,80
Center Coord-Yan Ling	\$39,520	1.00	35.50%	0.36	\$9,370	\$14,040		\$14,040	\$14,040		\$14,040	\$37,45
Center Coord-Yun Choi	\$39,520	1.00	42.00%	0.42	\$8,237	\$16,474		\$16,474	\$16,474		\$16,474	\$41,18
Center Coord-Dongfang	\$39,520	1.00	47.00%	0.47	\$9,360	\$18,720		\$18,720	\$18,720		\$18,720	\$46,800
Center Coord-Kiu Ngo	\$39,520	1.00	47.00%	0.47	\$9,360	\$18,720		\$18,720	\$18,720		\$18,720	\$46,800
Center Coord-Lam/KN	\$39,520	1.00	47.00%	0.47			\$18,720	\$18,720	\$4,475	\$4,233	\$8,708	\$27,42
Contracts Manager-Fred	\$58,212	1.00	26.00%	0.26	\$2,756	\$9,820	\$5,460	\$15,280	\$5,512	\$973	\$6,485	\$24,52
Mealsite Worker-Jin Ye	\$35,464	1.00		0.50	\$8,840	\$17,680		\$17,680	\$17,680		\$17,680	\$44,20
Center Coord-Ma	\$35,360	0.75		0.28	\$6,630			\$13,260	\$13,260		\$13,260	\$33,15
Program Aide	\$35,360	0.75	100.00%	0.75								· · ·
Program Aide	\$35,360	0.75	100.00%	0.75								
Program Aide	\$35,360	0.75	50.00%	0.38								
Program Aide	\$35,360	0.75	100.00%	0.75								
Program Aide	\$35,360	0.75	100.00%	0.75								
Program Aide	\$35,360	0.75	50.00%	0.38								
Physical Therapist-Celeste	\$109,200	1.00	30.50%	0.31	\$33,400							\$33,400
Occupational Therapist	\$100,256	1.00	25.00%	0.25	\$25,064							\$25,064
Care Coordinator	\$47,840	1.00	53.00%	0.53	\$25,562							\$25,562
Totals	\$1,592,307	30.75	1721.07%	15.69	\$317,297	\$448,243	\$55,472	\$503,715	\$447,522	\$26,166	\$473,688	\$1,294,700
Fringe Benefits Rate	33%											
Employee Fringe Benefits	\$525,461				\$119,565	\$142,217	\$17,104	\$159,321	\$142,938	\$7,684	\$150,622	\$429,508
Total Salaries and Benefits	\$2,117,768	80427000%	80427000%		\$436,862	\$590,460	\$72,576	\$663,036	\$590,460	\$33,850	\$624,310	\$1,724,20

Salaries & Benefits Detail

Appendix B2, Page 2 Document Date: 9/28/2021

Program: Community Services

(Same as Line 11 on HSA #1)

		O	perating Expens	e Detail				
				Rev Op Budget FY			REVISED	
	1/1/21-6/30/21	FY 21/22	Modification	21-22	ORIG BUDGET FY 22/23	Modification	BUDGET FY 2022-	Total
	OPERATING BUDGET							
Expenditure Category		# =0.000		#50 ,000	¢50,000		¢=0.000	¢454.400
Rental of Property	\$38,408	\$58,000		\$58,000	\$58,000		\$58,000	\$154,408
Utilities (Elec, Water, Gas, Phone, Garbage)	\$23,300	\$39,000	A2 400	\$39,000	\$39,000	* 4 000	\$39,000	\$101,300
Office Supplies, Postage	\$2,624	\$1,000	\$2,400	\$3,400	\$1,000	\$1,200		\$8,224
Building Maintenance Supplies and Repair	\$2,500	\$3,000	• · · · ·	\$3,000	\$3,000		\$3,000	\$8,500
Printing and Reproduction	\$700	\$2,000	\$1,200	\$3,200	\$2,000	\$600		\$6,500
Insurance	\$4,000	\$6,000		\$6,000	\$6,000		\$6,000	\$16,000
Staff Training	-	\$500		\$500	\$500		\$500	\$1,000
Staff Travel-(Local & Out of Town)	\$330	\$500		\$500	\$500		\$500	\$1,330
Rental of Equipment	\$500 _	\$349		\$349	\$349		\$349	\$1,198
<u>Consultant</u>								
Professional Fee	\$20,160		\$61,320	\$61,320		\$43,200	\$43,200	\$124,680
Curriculum & Translation Costs								
Tai-chi at Jackie Chan SC								
<u>Other</u>								
Program & Class Supplies	\$550	\$10,000		\$10,000	\$10,000		\$10,000	\$20,550
Vehicle Expenses	-	\$1,500		\$1,500	\$1,500		\$1,500	\$3,000
Communications	- \$3,200	\$3,000		\$3,000	\$3,000		\$3,000	\$9,200
Vehicle Insurance	\$1,775	\$1,274		\$1,274	\$1,274		\$1,274	\$4,323
Recruitment Exp		\$300		\$300	\$300		\$300	\$600
Personal Protective Equipment	\$2,230	·						·
Total Operating Expenses	\$100,277	\$126,423	\$64,920	\$191,343	\$126,423	\$45,000	\$171,423	\$463,043
HSA #3								10/25/2016

	Appendix B2, Page 3					
Docu	ment Date: 9/28/2021					
REVISED						
BUDGET FY 2022-	Total					
* =• • • •						
\$58,000	\$154,408					
\$39,000	\$101,300					
\$2,200	\$8,224					
\$3,000	\$8,500					
\$2,600	\$6,500					
\$6,000	\$16,000					
\$500	\$1,000					
\$500	\$1,330					
\$349	\$1,198					
\$43,200	\$124,680					

Program: Community Services			-	opendix B2, Page 4
(Same as Line 11 on HSA #1)				ent Date: 9/28/202
Sube	contractor & Capital Ex	cpenditure Detai		
Subcontractor Expenditure	1/1/21 - 6/30/21	FY 21/22	FY 22/23	Total
Subcontractor A				
Total Subcontractor Expenditure				
Equipment (Qty)	1/1/21 - 6/30/21	FY 21/22	FY 22/23	Total
Steam Table	\$3,000			\$3,000
Refrigerator	\$1,500			\$1,500
Countertop Warmer	\$1,200			\$1,200
Tables	\$3,600			\$3,600
Chairs	\$4,500			\$4,500
Stackable Table or Chair Cart	\$5,010			\$5,010
Desktop Computer	\$2,600			\$2,600
Monitors	\$800			\$800
Laptop Computer	\$3,200			\$3,200
iPad	\$12,000			\$12,000
Printer	\$500			\$500
Projector HD	\$2,300			\$2,300
Portable Pull-Up Projection Scree	\$1,360			\$1,360
Sound System	\$4,000			\$4,000
TV	\$1,000			\$1,000
Wireless Microphone	\$1,200			\$1,200
Laptop for Clients	\$10,000			\$10,000
Table Tennis Table		\$2,420		
Ping Pong Paddles		\$450		
Backdrops		\$400		
Floor Decal		\$1,180		
Commercial Grade Vinyl Tablecloth		\$8,000		
TV/AV Cart Cabinet		\$820		

File Cabinet		\$1,560		
One-Time Moving/reloacation Cost & Rent		\$10,500		
Storage Shelves		\$2,000		
Utility Cart		\$2,000		
Cambro Insulated Food Pan Carrier		\$2,500		
Commercial Microwave		\$300		
Tablet / Chromebook Charging Cart		\$580		
Commercial Trash Can with Lid and Dolly		\$240		
USB Headset		\$450		
Fan		\$240		
filtered water dispensre		\$60		
Dispenser Replacement Water Filters		\$400		
Touch Free Hand Sanitizer Dispenser Stand		\$300		
Portable/reversible white board		\$600		
Wifi Hotspot		\$3,000		
PPE-masks, gloves, gowns, sanitizing wipes		\$2,000		
Total Equipment Cost	\$57,770	\$40,000		\$97,770
Remodeling	1/1/21 - 6/30/21	FY 21/22	FY 22/23	Total
Remodel A				
Total Remodeling Cost				
Total Capital Expenditure	\$57,770	\$40,000		\$97,770
	<i> </i>			
HSA #4	++			10/25/2016

Appendix A - Services to be Provided SEQUOIA LIVING

SAN FRANCISCO SENIOR CENTER – AQUATIC PARK

Community Services

January 1, 2021 to June 30, 2023

I. Purpose

The purpose of this grant is to provide community services programming for older adults and adults with disabilities in the City and County of San Francisco through site based Community Centers. The programming will maintain or improve the well-being of older adults and adults with disabilities by providing activities and services designed to support individuals to live independently in their own homes and communities, reduce social isolation, and serve as an access point for other home and community-based services.

II. Definitions

Adult with a Disability	A person 18 years of age or older living with a disability
CA-GetCare	A web-based application that provides specific functionalities for contracted agencies to use to perform consumer intake/assessment/enrollment, record service objectives, run reports, etc.
CARBON	Contracts Administration, Reporting and Billing On Line System
City	City and County of San Francisco, a municipal corporation.
DAS	Department of Disability and Aging Services
Disability	Mental, cognitive and/or physical impairments, including hearing and visual impairments, that result in substantial functional limitations in one (1) or more of the following areas of major life activity: self-care, receptive and expressive language, learning, mobility, and self-direction, capacity for independent living, economic self-sufficiency, cognitive functioning, and emotional adjustment. Source: California Code of Regulations Title 22, Sec. 7630

Frail	An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or others. Source: California Code of Regulations Title 22, Sec. 7119
Grantee	Sequoia Living
Higher Learning classes	College level classes that are taught by instructors with advanced degrees and teaching experience in the field of study. Higher Learning classes were originally part of City College of San Francisco's Older Adults program. Classes are provided at community service centers throughout the City and supplement traditional community services programming.
LGBTQ+	An acronym/term used to refer to persons who self-identify as non - heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.
Low Income	Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.
Minority	An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulations Title 22, Sec. 7130.
ОСР	Office of Community Partnerships
OCM	Office of Contract Management, San Francisco Human Services Agency.
Older Adult	Person who is 60 years or older, used interchangeably with "senior"
Senior	Person who is 60 years or older, used interchangeably with "older adult"

SF-HSA	Human Services Agency of the City and County of San Francisco.
SOGI	Sexual Orientation and Gender Identity; <i>Ordinance No. 159-16</i> amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (<i>Chapter 104, Sections 104.1 through 104.9.</i>)
Unit of Service	Defined as one hour of service
Unduplicated Consumer (UDC)	An individual who participates in community services and the grantee reflects consumer participation in CA-GetCare through enrollment.

III. Target Population

The target population is older adults and adults with disabilities living in the City and County of San Francisco with the greatest economic and social need and with particular attention to the following individuals:

- 1. Low income
- 2. Limited or no English speaking proficiency
- 3. Minority populations
- 4. Frail
- 5. LGBTQ+

IV. Eligibility for Services

- A person who is a resident of San Francisco *and*
- A person who is an older adult or an adult with a disability

V. Location and Time of Services

The grantee will provide community services programming in the City and County of San Francisco. The details of the sites and operation hours are located in the site chart.

VI. Description of Services and Program Requirements

- 1. Grantee will provide community services programming for older adults and adults with disabilities. Community services programming shall consist of activities and services that focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older adults and adults with disabilities. Activities and services may be provided in the grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection. There are four categories of community services programming:
 - i. <u>Activity Scheduling</u>: Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise

classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.

- ii. <u>Translation:</u> Translation assistance provided to consumers that cannot speak/read English. Translation may also include the use of American Sign Language, braille, or teleprompting. Services may include translation for an individual, such as translation of forms, letters, applications, or phone calls, and may also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements or presentations.
- iii. <u>Social Services</u>: The provision of one-to-one assistance to individuals that enables them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- iv. <u>Enhanced Outreach</u>: While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from DAS OCP before commencing.

Enhanced outreach efforts under this specific grant:

Enhanced outreach will help grow participation and knowledge of the various components of the Community Services program. The strategy consists of four parts: tabling at community centers and libraries alongside the center's Aging and Disability Resource Center staff when it is safe to do so, use of social media platforms and email contact lists to share program information, partnering with other older adult serving agencies to administer programs and services, and engaging with nutrition consumers in the weekends, when their work week programs are closed.

- 2. Grantee will ensure that service offerings in the four categories of community services are designed to:
 - i. Provide quality services that attain a high satisfaction level from participants.
 - ii. Provide services that meet the needs of individual participants.
 - iii. Provide physical activities that may improve the health of participants.
 - iv. Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
 - v. Provide activities to increase socialization opportunities for individual consumers.
- 3. Grantee will develop and maintain policies and procedures that align with city, state, and local regulatory agencies, including the DAS OCP policy memoranda.
- 4. Grantee will administer an annual consumer satisfaction survey using a survey tool

approved by DAS OCP. The grantee will share the survey results with DAS OCP by March 15th each grant year or on a mutually agreed upon date between DAS OCP and the grantee. At minimum, the consumer response rate shall be at least 35% of the annual unduplicated consumers.

- 5. Grantee will ensure adequate and culturally competent staffing to administer the program, deliver quality services to meet the needs of the consumer, and adhere to all program standards.
- 6. Grantee will ensure that units of service provided are tracked and distinguishable.
- 7. Grantee will attend in-service trainings and meetings coordinated and provided by DAS OCP, and share the information with their staff and volunteers as needed.
- 8. Grantee shall follow guidance or instructions from the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments related to the provision of services in the community. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. The grantee shall follow the requirements with the intent to maximize the health and safety of their staff and clients receiving services.
- 9. Grantee will provide Higher Learning classes at Sequoia Living / Aquatic Park Senior Center. The classes will be open to any older adult or adult with disability interested. A participant will register for a class as a separate activity within the community services program. Course topics are "Women's Literature", "Ceramics", "Painting", "Mind-Body-Spirit", "Basic Art", "Music Appreciation", and "Tai Chi". These classes are college level classes taught by instructors with advanced degrees and teaching experience in the field of study.

VII. Service Objectives

Grantee will enroll at minimum the number of unduplicated consumers and provide the units of service detailed in Table A below:

Table A- Community Services	01/01/2021- 6/30/2021	FY21/22	FY22/23			
Unduplicated Consumers (UDC)	500	1,000	1,000			
Activity Scheduling	2,800	9,600	9,600			
Translation Services	360	864	720			
Social Services	480	960	960			
Enhanced Outreach	360	864	720			
One (1) unit of service = one (1) hour of service provision						

VIII. Outcome Objectives

Community Services

1. Consumers receive the services and/or activities they need from the agency. Target:

80%

- 2. Consumers who participate in physical activity programming report a positive impact on their health. Target: 80%
- 3. Consumers who received social services or translation assistance, or participated in an educational program, report the services helped to improve their lives. Target: 80%
- 4. Consumers report an increase in their socialization opportunities and interaction with others. Target: 80%

Based on an annual satisfaction survey created by DAS OCP and with a sample size of at least 35% of the annual unduplicated consumers.

Higher Learning

- 1. Class participants report that the course increased their socialization opportunities and interaction with others. Target: 80%
- 2. Class participants report an increase in knowledge of the Higher Learning course topic. Target: 80%

Based on a satisfaction survey created by the grantee with input from DAS OCP and with a sample size of at least 75% of the participants enrolled in the class.

IX. Reporting and Other Requirements

- 1. Grantee will enroll eligible consumers into the program funded through this grant agreement by entering the consumer data obtained from consumers, using the DAS OCP approved intake form, into the CA-GetCare database in accordance to DAS OCP policy memorandum.
- 2. Grantee will enter into the CA-GetCare Service Unit section all service objectives by the 5th working day of the month for the preceding month.
- 3. Grantee will enter monthly reports and metrics into the CARBON database system by the 15th of the following month that includes the following information:
 - Number of unduplicated consumers served
 - Number and type of service units provided
- 4. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- 5. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15th of each grant year or on a mutually agreed upon date between DAS OCP and the grantee.
- 6. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10th day following the time study month.
- 7. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31st of each grant year. The grantee must submit the report in the CARBON system.
- 8. Grantee shall develop and deliver ad hoc reports as requested by SF-HSA, DAS, and OCP.

- 9. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by SF-HSA, DAS, and OCP. The due dates for submitting the bi-annual summary reports are January 10th (June-December data) and July 10th (January-June data).
- 10. Grantee will maintain an updated site chart, using the DAS OCP approved form, with details about the program.
- 11. Grantee program staff will complete an Elder Abuse Mandated Reporter Training and the California Department of Aging (CDA) Security Awareness Training on an annual basis. The grantee will maintain evidence of staff completion of these trainings.
- 12. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- 13. Grantee will develop a grievance policy consistent with DAS OCP policy memorandum.
- 14. For assistance with reporting and contract requirements, please contact:

Paulo Salta Program Analyst OCP DAS Paulo.Salta@sfgov.org

Or

Ella Lee Contract Manager HAS OCM (415) 557-6134 Ella.Lee@sfgov.org

X. Monitoring Activities

Program Monitoring: Program monitoring will include review of compliance to A. specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers

who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.

B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

								endix B-1, Page 1
							Document Da	ate: October 202
		HUMAN SE	RVICES AGENC		MARY			
Name						Term	ı	
Sequoia Living						1/1/21-6/3	30/23	
(Check One) New Renewal	Modificationx	_						
If modification, Effective Date of Mod.	No. of Mod. 3							
Program: Aquatic Park Community Servi	ices							
Budget Reference Page No.(s)								
Program Term	1/1/21-6/30/21		7/1/21-6/30/22			7/1/22-6/30/23		Total
	Revised	Budget	Modification	Revised	Budget	Modification	Budget	Budget
Expenditures								
Salaries & Benefits	\$143,799	\$277,667	\$24,151	\$301,818	\$260,913	\$39,565	\$300,478	\$746,09
Operating Expenses	\$70,691	\$4,566	\$118,314	\$122,880	\$21,320	\$61,906	\$83,226	\$276,797
Subtotal	\$214,490	\$282,233	\$142,465	\$424,698	\$282,233	\$101,471	\$383,704	\$1,022,892
Indirect Percentage (%)	15.00%	15.00%		15.00%	15.00%		15.00%	11.25
Indirect Cost	\$32,174	\$42,335	\$21,370	\$63,705	\$42,335	\$15,221	\$57,556	\$153,43
Capital/Sub-Contractor Expenditure	\$16,408		\$20,115	\$20,115		\$5,058	\$5,058	\$41,58
Total DAS Expenditures	\$263,072	\$324,568	\$183,950	\$508,518	\$324,568	\$121,750	\$446,318	\$1,217,908
HSA Revenues								
General Fund	\$135,345	\$285,620		\$285,620	\$285,620		\$285,620	\$706,58
Federal Fund	\$26,938	\$38,948		\$38,948	\$38,948		\$38,948	\$104,834
Higher Learning- "Carryforward"	\$11,350							\$11,35
Higher Learning- Aquatic Park	\$57,144		\$114,287	\$114,287		\$57,144	\$57,144	\$228,57
Higher Learning- JCC	\$5,058		\$10,115	\$10,115		\$5,058	\$5,058	\$20,23
Classes, supplies, equipment and langu	\$17,500		\$35,000	\$35,000		\$35,000	\$35,000	\$87,500
CODB	\$9,737		\$24,548	\$24,548		\$24,548	\$24,548	\$58,833
Total DAS Revenues	\$263,072	\$324,568	\$183,950	\$508,518	\$324,568	\$121,750	\$446,318	\$1,217,908
Other Revenues								
Total DAS and Non-DAS Revenues	\$263,072	\$324,568	\$183,950	\$508,518	\$324,568	\$121,750	\$446,318	\$1,217,908
Full Time Equivalent (FTE)							_	
Prepared by:							D	ate: 11/17/20
HSA-CO Review Signature:							<u></u>	
HSA #1								

Program: Aquatic Park Community Services Appendix B-1, Page 2 Document Date: October 2021 Salaries & Benefits Detail 1/1/21-6/30/21 7/1/21-6/30/22 HSA Pro 7/1/22-6/30/23 HSA Pro Total Agency Totals Agency Totals Annual Full Time Salary for FTE Annual Full % FTE funded % FTE funded Time Salary fo by HSA (Max 100%) by HSA (Max 100%) Adjusted FTE Adjusted FTE DAS Salary Revised FTE Total FTE Budget Modification Revised Total FTE Budget Budget Modification Budaet Service Coordinator 1 \$21,929 \$69.846 0.65 \$41.995 \$3,230 \$45.225 \$69.846 0.93 70.00% 0.65 \$43.859 \$1.366 \$45.225 \$112.379 0.93 70.00% Service Coordinator 2 \$1,875 \$75,754 1.00 5.00% 0.05 \$3,788 \$3,788 \$5,663 \$4,543 \$9,416 \$22,714 \$14,659 \$75,712 30.00% 0.30 \$18,171 \$22,714 \$75,712 1.00 30.00% 0.30 \$13,298 \$60.087 Program Supervisor 1.00 Program Assisant \$12,049 \$53,934 0.93 50.00% 0.46 \$24,944 \$24,944 \$53,934 0.93 50.009 0.46 \$24,098 \$846 \$24,944 \$61,937 LWAW program assistant \$12,049 50.00% 0.46 \$24,944 \$24,944 \$53.934 0.93 0.46 \$846 \$24,944 \$61.937 \$53,934 0.91 50.00% \$24.098 Chinese Outreach Worker \$19,519 \$50,502 1.00 95.00% 0.95 \$40,402 \$7,575 \$47,977 \$50,502 1.00 100.009 1.00 \$39,038 \$11,464 \$50,502 \$117,998 \$105.819 \$20,257 \$89,128 48.00% 0.48 \$42,781 \$42,781 \$89.128 48.00% 0.48 \$40,515 \$2,266 \$42,781 Center Director 1.00 1.00 \$42,651 0.88 0.26 \$2,542 0.26 \$11,466 LWAW data entry \$4,181 30.00% \$8,654 \$11,196 \$43,680 0.88 30.00% \$8.363 \$3,103 \$26,843 Totals \$106,518 \$511,461 7.65 378.00% 3.62 \$205,679 \$17,890 \$223,569 \$436,736 6.65 378.00% 3.62 \$193,269 \$29,307 \$222,576 \$552,663 Fringe Benefits Rate 35.00% 35.00% 35.00% 35.00% \$37,281 \$71,988 \$6,261 \$78,249 \$152,858 \$67,644 \$10,258 \$77,902 \$193,432 Employee Fringe Benefits \$179.011 \$589,594 \$300,478 Total DAS Salaries and Benefits \$143,799 \$690,472 \$277,667 \$24,151 \$301,818 \$260,913 \$39,565 \$746,095 HSA #2 10/25/2016 Program: Aquatic Park Community Services

Appendix B-1, Page 3

Document Date: October 2021

DAS Operating Expenses T	erm <u>1/1/21-6/30/21</u> Revised	Budget	7/1/21-6/30/22	Revised	Budget	7/1/22-6/30/23	Budget	Total
Expenditure Category	Revised	Budget	Modification	Revised	Budget	Modification	Budget	Budget
Rental of Property		\$1,500	\$3,921	\$5,421	\$5,000		\$5,000	\$10,42
Utilities (Elec, Water, Gas, Phone, Garbage)	\$5,300	\$1,500	\$3,500	\$5,000	\$5,000		\$5,000	\$15,30
Office Supplies, Postage	\$4,051	\$500	\$4,500	\$5,000	\$6,820		\$6,820	\$15,87
Building Maintenance Supplies and Repair	+ 11++ -	\$816	+ .,	\$816	+++++++++++++++++++++++++++++++++++++++		+++++++++++++++++++++++++++++++++++++++	\$81
Printing and Reproduction	\$1,000	\$250		\$250	\$3,000	(\$2,743)	\$257	\$1,50
Insurance								
Staff Training	\$500				\$1,000		\$1,000	\$1,50
Staff Travel-(Local & Out of Town)	\$250				\$500		\$500	\$75
Rental of Equipment								
Consultant								
Web Design & Implementation	\$2,400							\$2,40
Higher Learning								
Utilities	\$1,828		\$6,738	\$6,738		\$3,369	\$3,369	\$11,93
Office Supplies, Postage	\$1,000		\$2,500	\$2,500		\$1,250	\$1,250	\$4,75
Rental of Property	\$1,682		\$6,000	\$6,000		\$3,000	\$3,000	\$10,68
Program Supplies	\$2,500		\$5,000	\$5,000		\$2,500	\$2,500	
LWAW Through Movement	\$3,060		\$6,210	\$6,210		\$3,105	\$3,105	\$12,37
Woman's Literature	\$6,000		\$9,270	\$9,270		\$4,635	\$4,635	\$19,90
Joy Through Movement	\$4,750		\$10,150	\$10,150		\$5,075	\$5,075	\$19,97
Lola;s Act Club	\$3,060		\$7,410	\$7,410		\$3,705	\$3,705	\$14,17
Music Appeciation	\$5,200		\$10,568	\$10,568		\$5,284	\$5,284	\$21,05
Creative Writing	\$3,060		\$5,414	\$5,414		\$2,707	\$2,707	\$11,18
Painting and Drawing	\$4,800		\$10,270	\$10,270		\$5,135	\$5,135	\$20,20
Acting & Self-Expression	\$4,080		\$8,770	\$8,770		\$4,385	\$4,385	\$17,23
Chair Ballet Exercise	\$2,550		\$4,690	\$4,690		\$2,345	\$2,345	\$9,58
ESL	\$3,060		\$6,390	\$6,390		\$3,195	\$3,195	\$12,64
Teacher 2 (TBD)	\$3,060							\$3,06
Teacher 3 (TBD)								
Other								
Fall Prevention Classes and Events	\$7,500							\$7,50
Translation Services			\$2,013	\$2,013				\$2,01
Program Supplies			\$5,000	\$5,000				\$5,00
Classes (Music, Art, etc.)						\$14,959	\$14,959	\$14,95
Total DAS Operating Expenses	\$70,691	\$4,566	\$118,314	\$122,880	\$21,320	\$61,906	\$83.226	\$276.79

Program: Aquatic Park Community Services

Appendix B-1, Page 4 Document Date: October 2021

Sub-contractor and Capital Expenditure Detail

			actor and capital	•				
	1/1/21-6/30/21		7/1/21-6/30/22			Total		
	Revised	Budget	Modification	Revised	Budget	Modification	Budget	Budget
Subcontractor								
Higher Learning JCC	\$5,058		\$10,115	\$10,115		\$5,058	\$5,058	\$20,231
Tablet and Connectivity	\$11,350							\$11,350
Total Sub-Contractor Expenditure	\$16,408		\$10,115	\$10,115		\$5,058	\$5,058	\$31,581
Equipment (Qty)								
Equipment (Monitor)			\$5,000	\$5,000				\$5,000
Furniture			\$4,500	\$4,500				\$4,500
Air filters			\$500	\$500				\$500
Total Equipment Cost			\$10,000	\$10,000				\$10,000
Remodeling								
Total Remodeling Cost								
			· · · · · ·			1		
Total DAS Capital Expenditure	\$16,408		\$20,115	\$20,115		\$5,058	\$5,058	\$41,581
HSA #4								10/25/2

Appendix A-1 - Services to be Provided North and South of Market Adult Day Health DBA SteppingStone Community Services Program Pilot January 1, 2021 – June 30, 2022 Modification: October 6, 2021

I. Purpose

The purpose of this grant is to provide community services programming for LGBTQ+ older adults and LBGTQ+ adults with disabilities enrolled in an adult day health care (ADHC) located in the City and County of San Francisco. The programming will maintain or improve the wellbeing of LGBTQ+ ADHC participants by providing activities and services designed to support LGBTQ+ participants, reduce barriers for engagement, and promote LBGTQ+ affirmation.

II. Definitions

Addit with a DisabilityA person is years of age of older inving with a disabilityADHCAdult Day Health Care is a licensed community-based day health program that provides services to older adults and adults with chronic medical, cognitive, or mental health conditions and/or disabilities that are at risk of needing institutional care.CA-GetCareA web-based application that provides specific functionalities for contracted agencies to use to perform consumer intake/assessment/enrollment, record service objectives, run reports, etc.CARBONContracts Administration, Reporting and Billing On Line SystemCityCity and County of San Francisco, a municipal corporation.DASDepartment of Disability and Aging ServicesDisabilityMental, cognitive and/or physical impairments, including hearing and visual impairments, that result in substantial functional limitations in one (1) or more of the following areas of major life activity: self-care, receptive and expressive language, learning, mobility, and self-direction, capacity for independent living, economic self-sufficiency, cognitive functioning, and emotional adjustment. Source: California Code of Regulations Title 22, Sec. 7630FrailAn individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires	Adult with a Disability	A person 19 years of age or older living with a disability
health program that provides services to older adults and adults with chronic medical, cognitive, or mental health conditions and/or disabilities that are at risk of needing institutional care.CA-GetCareA web-based application that provides specific functionalities for contracted agencies to use to perform consumer intake/assessment/enrollment, record service objectives, run reports, etc.CARBONContracts Administration, Reporting and Billing On Line SystemCityCity and County of San Francisco, a municipal corporation.DASDepartment of Disability and Aging ServicesDisabilityMental, cognitive and/or physical impairments, including hearing and visual impairments, that result in substantial functional limitations in one (1) or more of the following areas of major life activity: self-care, receptive and expressive language, learning, mobility, and self-direction, capacity for independent living, economic self-sufficiency, cognitive functioning, and emotional adjustment. Source: California Code of Regulations Title 22, Sec. 7630FrailAn individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b)		A person 18 years of age or older living with a disability
with chronic medical, cognitive, or mental health conditions and/or disabilities that are at risk of needing institutional care.CA-GetCareA web-based application that provides specific functionalities for contracted agencies to use to perform consumer intake/assessment/enrollment, record service objectives, run reports, etc.CARBONContracts Administration, Reporting and Billing On Line SystemCityCity and County of San Francisco, a municipal corporation.DASDepartment of Disability and Aging ServicesDisabilityMental, cognitive and/or physical impairments, including hearing and visual impairments, that result in substantial functional limitations in one (1) or more of the following areas of major life activity: self-care, receptive and expressive language, learning, mobility, and self-direction, capacity for independent living, economic self-sufficiency, cognitive functioning, and emotional adjustment. Source: California Code of Regulations Title 22, Sec. 7630FrailAn individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b)	ADHC	
and/or disabilities that are at risk of needing institutional care.CA-GetCareA web-based application that provides specific functionalities for contracted agencies to use to perform consumer intake/assessment/enrollment, record service objectives, run reports, etc.CARBONContracts Administration, Reporting and Billing On Line SystemCityCity and County of San Francisco, a municipal corporation.DASDepartment of Disability and Aging ServicesDisabilityMental, cognitive and/or physical impairments, including hearing and visual impairments, that result in substantial functional limitations in one (1) or more of the following areas of major life activity: self-care, receptive and expressive language, learning, mobility, and self-direction, capacity for independent living, economic self-sufficiency, cognitive functioning, and emotional adjustment. Source: California Code of Regulations Title 22, Sec. 7630FrailAn individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b)		
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DASDepartment of Disability and Aging ServicesDisabilityMental, cognitive and/or physical impairments, including hearing and visual impairments, that result in substantial functional limitations in one (1) or more of the following areas of major life activity: self-care, receptive and expressive language, learning, mobility, and self-direction, capacity for independent living, economic self-sufficiency, cognitive functioning, and emotional adjustment. Source: California Code of Regulations Title 22, Sec. 7630FrailAn individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b)	City	City and County of San Francisco, a municipal corporation.
hearing and visual impairments, that result in substantial functional limitations in one (1) or more of the following areas of major life activity: self-care, receptive and expressive language, learning, mobility, and self-direction, capacity for independent living, economic self-sufficiency, cognitive functioning, and emotional adjustment. Source: California Code of Regulations Title 22, Sec. 7630FrailAn individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b)	DAS	Department of Disability and Aging Services
hearing and visual impairments, that result in substantial functional limitations in one (1) or more of the following areas of major life activity: self-care, receptive and expressive language, learning, mobility, and self-direction, capacity for independent living, economic self-sufficiency, cognitive functioning, and emotional adjustment. Source: California Code of Regulations Title 22, Sec. 7630FrailAn individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b)	Disability	Mental, cognitive and/or physical impairments, including
functional limitations in one (1) or more of the following areas of major life activity: self-care, receptive and expressive language, learning, mobility, and self-direction, capacity for independent living, economic self-sufficiency, cognitive functioning, and emotional adjustment. Source: California Code of Regulations Title 22, Sec. 7630FrailAn individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b)		
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functioning, and emotional adjustment. Source: California Code of Regulations Title 22, Sec. 7630FrailAn individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b)		
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Frail An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b)		
both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b)	Frail	
activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b)		
eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b)		
including verbal reminding, physical cueing or supervision; (b)		
		including verbal reminding physical cueing or supervision: (b)
due to a cognitive of other mental impairment, requires		
substantial supervision because the individual behaves in a		
manner that poses a serious health or safety hazard to the		
individual or others. Source: California Code of Regulations		
Title 22, Sec. 7119		
Grantee North and South of Market Adult Day Health DBA	Grantee	
SteppingStone		

classes advanced degrees and teaching experience in the field of studi Higher Learning classes were originally part of City College San Francisco's Older Adults program. Classes are provided a community service centers throughout the City and supplement traditional community services programming. LGBTQ+ An acronym/term used to refer to persons who self-identify as non -heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary. Low Income Having income at or below 300% of the federal poverty line a defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identif their income status, not to be used as a means test to qualify for the program. Minority An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, He Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source California Code of Regulation Sec. 7130. Mission Creek Day Health Adult Day Health Care center operated by SteppingStone. OCP Office of Community Partnerships OCM Odfic		
non -heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary. Low Income Having income at or below 300% of the federal poverty line a defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program. Minority An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American India/Laskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source California Code of Regulation Sec. 7130. Mission Creek Day Adult Day Health Care center operated by SteppingStone. OCP Office of Community Partnerships OCM Office of Contract Management, Human Services Agency Older Adult A person who is 60 years of age or older; used interchangeably with "senior" Senior Person who is 60 years of age or older; used interchangeably with "older adult" SF-HSA Hu	classes	supplement traditional community services programming.
defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identif their income status, not to be used as a means test to qualify for the program.MinorityAn ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from Indi Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source California Code of Regulation Sec. 7130.Mission Creek Day HealthAdult Day Health Care center operated by SteppingStone.OCMOffice of Community Partnerships OCMOffice of Contract Management, Human Services AgencyOlder AdultA person who is 60 years of age or older; used interchangeably with "older adult"SF-HSAHuman Services Agency of the City and County of San Francisco.SOGISexual Orientation and Gender Identity; Ordinance No. 159-1 amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they	LGBTQ+	non -heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and
a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source California Code of Regulation Sec. 7130.Mission Creek Day HealthAdult Day Health Care center operated by SteppingStone.OCPOffice of Community Partnerships OCMOCMOffice of Contract Management, Human Services AgencyOlder AdultA person who is 60 years of age or older; used interchangeably 	Low Income	annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify
Mission Creek Day HealthAdult Day Health Care center operated by SteppingStone.OCPOffice of Community PartnershipsOCMOffice of Contract Management, Human Services AgencyOlder AdultA person who is 60 years of age or older; used interchangeabl with "senior"SeniorPerson who is 60 years of age or older; used interchangeably with "older adult"SF-HSAHuman Services Agency of the City and County of San Francisco.SOGISexual Orientation and Gender Identity; Ordinance No. 159-1 amended the San Francisco Administrative Code to require City departments and contractors that provide health care and 	Minority	a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source:
OCPOffice of Community PartnershipsOCMOffice of Contract Management, Human Services AgencyOlder AdultA person who is 60 years of age or older; used interchangeabl with "senior"SeniorPerson who is 60 years of age or older; used interchangeably with "older adult"SF-HSAHuman Services Agency of the City and County of San Francisco.SOGISexual Orientation and Gender Identity; Ordinance No. 159-1 amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they		
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SOGIFrancisco.SOGISexual Orientation and Gender Identity; Ordinance No. 159-1 amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they	Senior	Person who is 60 years of age or older; used interchangeably with "older adult"
amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they	SF-HSA	Human Services Agency of the City and County of San
serve (Chapter 104, Sections 104.1 through 104.9).	SOGI	City departments and contractors that provide health care and social services to seek to collect and analyze data concerning
Unit of Service Defined as one hour of service	Unit of Service	
Unduplicated An individual who participates in the community services	Unduplicated	An individual who participates in the community services
Consumer (UDC)program and the grantee reflects consumer participation in CA-GetCare through enrollment.	Consumer (UDC)	

III. Target Population

The target population is older adults and adults with disabilities enrolled in an ADHC located in the City and County of San Francisco who identify as LGBTQ+ with the greatest economic and social need and with particular attention to the following individuals:

- 1. Low income
- 2. Limited or no English speaking proficiency
- 3. Minority populations
- 4. Frail

IV. Eligibility for Services

To participate in the community services program, an individual must meet all of the following criteria:

- 1. A person who is a resident of San Francisco.
- 2. A person enrolled in SteppingStone's Mission Creek Day Health location.
- 3. A person who is an older adult or an adult with a disability.

V. Location and Time of Services

The grantee will provide community services programming at Mission Creek Day Health located in the City and County of San Francisco. The details of the sites and operation hours are located in the site chart.

VI. Description of Services and Program Requirements

- 1. Grantee will provide community services programming for LGBTQ+ older adults and adults with disabilities enrolled in Mission Creek Day Health located in the City and County of San Francisco. The provision of programming will be within the ADHC setting and culturally attuned to attract LGBTQ+ individuals to participate. Community services programming shall consist of activities and services that focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older adults and adults with disabilities. There are four categories of community service programming.
 - i. <u>Activity Scheduling:</u> Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
 - ii. <u>Translation:</u> Translation assistance provided to consumers that cannot speak/read English. Translation may also include the use of American Sign Language, braille, or teleprompting. Services may include translation for an individual, such as translation of forms, letters, applications, or phone calls, and may also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements or presentations.

- iii. <u>Social Services:</u> The provision of one-to-one assistance to individuals that enables them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- iv. Enhanced Outreach: Formal outreach efforts and/or the provision of enhanced services to engage the target population. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem solving certain barriers to service, i.e., safety issues, transportation needs, etc.
- 2. Grantee will ensure that service offerings in the four categories of community services are designed to:
 - i. Provide quality services that attain a high satisfaction level from participants.
 - ii. Provide services that meet the needs of individual participants.
 - iii. Provide physical activities that may improve the health of participants.
 - iv. Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
 - v. Provide activities to increase socialization opportunities for individual consumers.
- 3. Grantee will develop and maintain policies and procedures that align with city, state, and local regulatory agencies, including the DAS OCP policy memoranda.
- 4. Grantee will administer an annual consumer satisfaction survey using a survey tool approved by DAS OCP. The grantee will share the survey results with DAS OCP by March 15th each grant year or on a mutually agreed upon date between DAS OCP and the grantee. At minimum, the consumer response rate shall be at least 35% of the annual unduplicated consumers.
- 5. Grantee will ensure adequate and culturally competent staffing to administer the program, deliver quality services to meet the needs of the consumer, and adhere to all the program standards. Grantee will have at least one (1.0) full time equivalent (FTE) of which at least 0.75 FTE will be a single employee whose work time and job description is dedicated to coordinating and delivering community services programming for LGBTQ+ older adults and LGBTQ+ adults with disabilities at the ADHC.
- 6. Grantee will develop and maintain LGBTQ+ cultural competency training for staff. Grantee will create an annual training plan. The plan may include subcontract performance agreements and/or memorandum of understandings.
- 7. Grantee will develop and maintain an enhanced outreach plan. The plan may include subcontract performance agreements and/or memorandum of understandings.
- 8. Grantee will ensure that units of service provided are tracked and distinguishable.
- 9. Grantee shall continue to follow guidance or instructions from health care providers, the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments relating to COVID-19. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. The grantee shall follow the requirements with the intent to maximize the health and safety of their staff and clients receiving services.
- 10. Grantee will provide Higher Learning classes at SteppingStone ADHC sites. The classes will be open to any older adult or adult with disability interested. A participant will register for a class as a separate activity within the community services program. The course topic is "Body Dynamics". The classes are college level classes taught by instructors with advanced degrees and teaching experience in the field of study.

VII. Service Objectives

Grantee will enroll at minimum the number of unduplicated consumers and provide the units of service detailed in Table A below:

Table A - Service Objective Summary	FY 20/21	FY 21/22		
Unduplicated Consumer (UDC)	18	18		
Activity Scheduling	100	100		
Translation Services	15	15		
Social Services	525	525		
Enhanced Outreach	75	75		
One (1) unit of service = One (1) hour of service provision				

VIII. Outcome Objectives

Community Services

- Consumers rate the quality of programming and services they received as excellent or good. Target: 85%
- 2. Consumers feel a greater sense of connection to their community. Target: 85%
- 3. Consumers feel safe and welcomed by program staff. Target: 85%.

Based on an annual satisfaction survey created by the grantee with input from DAS and with sample size of at least 35% of the unduplicated consumers enrolled in the program.

Higher Learning

- 1. Class participants report that the course increased their socialization opportunities and interaction with others. Target: 80%
- Class participants report an increase in knowledge of the Higher Learning course topic. Target: 80%

Based on a satisfaction survey created by the grantee with input from DAS OCP and with sample size of at least 75% of the participants enrolled in the class.

IX. Reporting and Other Requirements

- 1. Grantee will enroll eligible consumers into the program funded through this grant agreement by entering the consumer data obtained from consumers, using the DAS OCP approved intake form, into the CA-GetCare database in accordance to DAS OCP policy memorandum.
- 2. Grantee will enter into the CA-GetCare Service Unit section all service objectives by the 5th working day of the month for the preceding month.
- 3. Grantee will enter monthly reports and metrics into the CARBON database system by the 15th of the following month that includes the following information:
 - Number of unduplicated consumers served
 - Number and type of service units provided

- 4. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- 5. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15th of each grant year or on a mutually agreed upon date between DAS OCP and the grantee.
- 6. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31st of each grant year. The grantee must submit the report in the CARBON system.
- 7. Grantee shall develop and deliver ad hoc reports as requested by SF-HSA, DAS, and OCP.
- 8. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by SF-HSA, DAS, and OCP. The due dates for submitting the bi-annual summary reports are January 10th (June-December data) and July 10th (January-June data).
- 9. Grantee will maintain an updated site chart, using the DAS OCP approved form, with details about the program.
- 10. Grantee program staff will complete an Elder Abuse Mandated Reporter Training and the California Department of Aging (CDA) Security Awareness Training on an annual basis. The grantee will maintain evidence of staff completion of these trainings.
- 11. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- 12. Grantee will develop a grievance policy consistent with DAS OCP policy memorandum.
- 13. For assistance with reporting and contract requirements, please contact:

Lauren McCasland Program Analyst DAS OCP Lauren.Mccasland@sfgov.org

And

Annyse Acevedo Senior Contract Manager HSA OCM Annyse.Acevedo@sfgov.org

X. Monitoring Activities

1. <u>Program Monitoring:</u> Program monitoring will include review of compliance to specific program standards or requirements; consumer eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how consumer records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence of provision of the California Department of Aging (CDA) Security Awareness training to staff; program operation, which includes a review of a written policies and procedures manual of all DAS OCP funded programs, written project income policies if applicable, grievance procedure

posted in the center/office, hours of operation are current according to the site chart; a board of directors list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool; translation and social services are based on staff hours.

2. <u>Fiscal Compliance and Contract Monitoring:</u> Fiscal monitoring will include review of the Grantee's organizational budget, general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of the Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, MOUs, the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

	A	В	С	D	E	F			
1					Apr	endix B-1, Page 1			
2									
3	HUMAN SERVICES AGENCY BUDGET SUMMARY								
4	BY PROGRAM								
5	Name		Term						
6	North & South of Market Adult Day Heal	Ith (DBA SteppingS	1/1/21-6/30/22						
7	(Check One) New 🗌 Renewal	Modification _X							
8	If modification, Effective Date of Mod. Jul	y 1, 2021 No. of	Mod. 1						
9	Program:								
10	Budget Reference Page No.(s)		Current	Modification	Revised	1/1/21-6/30/22			
11	Program Term	1/1/21-6/30/21	7/1/21-6/30/22	7/1/21-6/30/22	7/1/21-6/30/22	Total			
12	Expenditures								
13	Salaries & Benefits	\$44,081	\$89,328	\$36,500	\$125,828	\$169,909			
14	Operating Expenses	\$20,636	\$8,565	\$40,057	\$48,622	\$69,258			
15	Subtotal	\$64,717	\$97,893	\$76,557	\$174,450	\$239,167			
	Indirect Percentage (%)	15%	15%	15%	15%	· · · / ·			
-	Indirect Cost (Line 16 X Line 15)	\$14,055	\$14,684	\$11,484	\$26,168	\$40,223			
18	Subcontractor/Capital Expenditures	\$28,980	\$57,960	(\$37,960)	\$20,000	\$48,980			
19		\$107,752	\$170,537	\$50,081	\$220,618	\$328,370			
20	HSA Revenues								
21	General Fund	\$107,752	\$170,537	\$50,081	\$220,618	\$328,370			
22									
23									
24 25									
25									
27									
28									
29	TOTAL HSA REVENUES	\$107,752	\$170,537	\$50,081	\$220,618	\$328,370			
30		¢.0.,.02	¢110,001	\$00,001	\$220,010	<i>\\</i> 020,010			
31									
32									
33									
34									
35									
36	Total Revenues	\$107,752	\$170,537	\$50,081	\$220,618	\$328,370			
37	Full Time Equivalent (FTE)								
39	Prepared by:	Telephone No.:							
40	HSA-CO Review Signature:								
41	HSA #1					12/2/2020			
						12,2/2020			

	A	В	С	D	E	F	G	Н	I	J
1									Арр	endix B-1, Page 2
2	North & Courth of Market Askell Da		O (••••••••						
3	North & South of Market Adult Da Program:	iy Health (DBA	Stepping	gStone)						
5	r rogram.									
6										
7			Salari	es & Benef	its Detail					
8			Galari		le Dotaii					
9							Current	Modification	Revised	
10						1/1/21-6/30/21	7/1/21-6/30/22	7/1/21-6/30/22	7/1/21-6/30/22	1/1/21-6/30/22
11		Agency T	otals	HSA Pr	ogram	DAS	DAS	DAS	DAS	TOTAL
				% FTE						
		Annual Full TimeSalary	Total	funded by HSA	Adjusted					
12	POSITION TITLE	for FTE	FTE	(Max 100%)	FTE	Budgeted Salary				
13	Project Manager	\$63,710	1.00	80%	0.80	\$24,269	\$48,539	\$2,429	\$50,968	\$75,237
	Project Manager	\$03,710	1.00	00 /8	0.00	\$2,294	φ+0,009	ψ2,729	φ50,500	\$2,294
		\$101,234	0.20	90%	0.18		¢40.000	(\$1.000)	\$18,222	\$25,935
	Nurse Navigator					\$7,713	\$19,282	(\$1,060)		
	Program Director	\$102,606	1.00	3%	0.03	\$2,458	\$6,619	(\$3,541)	\$3,078	\$5,536
17	Project Mgr Supervision & Support	\$80,309	0.62	10%	0.06			\$4,979	\$4,979	\$4,979
18	Activity Coordianator	\$48,173	0.85	28%	0.24			\$11,682	\$11,682	\$11,682
19	Outreach Coordinator	\$63,710	1.00	25%	0.25			\$15,928	\$15,928	\$15,928
20										
21										
22										
23										
24										
25										
26										
27										
28										
29										
30	TOTALS	\$459,742	4.67	236%	1.56	\$36,734	\$74.440	\$30,417	\$104,857	\$141,591
31				20070		400,104	<i></i> ,440	\$00,411	÷,001	\$11,001
32	FRINGE BENEFIT RATE	20%								
33	EMPLOYEE FRINGE BENEFITS					\$7,347	\$14,888	\$6,083	\$20,971	\$28,318
34 35										
36	TOTAL SALARIES & BENEFITS	\$459,742				\$44,081	\$89,328	\$36,500	\$125,828	\$169,909
	HSA #2	ψ 100,1 42				÷ : .,001	\$00,020	\$00,000	÷.20,020	12/2/2020
51										12/2/2020

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1								Ap	opendix B-1, Page 3
2	North & Sout	h of Market A	dult Dav Healt	h (DBA	SteppingStone)				
4	Program:		aan Day noan		etoppingetene)				
5									
6 7				One	rating Expens	e Detail			
8				Ope		le Detail			
9									
10 11						Current	Modification	Revised	TOTAL
	Expenditure C	ategory		TERM	1/1/21-6/30/21	7/1/21-6/30/22		7/1/21-6/30/22	1/1/21-6/30/22
	Rental of Prop								
	•	Water, Gas, Pl	ono Carbago	<u>،</u>					
			ione, Garbaye)			(\$4,800)		
	Office Supplie				\$130	\$2,400	(\$1,800)	\$600	\$730
		tenance Suppli	es and Repair				<u> </u>		
17	Printing and R	Reproduction					<u> </u>		
18	Insurance								
19	Staff Training						<u> </u>		
20	Staff Travel-(L	ocal & Out of	Town)				<u> </u>		
21	Rental of Equi	ipment							
22									
23	CONSULTAN	TS							
24	00110021741								
24				_					
26				-					
27	OTHER								
	Marketing & P			-	\$956	\$6,165		\$3,057	\$4,013
29 30	Higher Learnii	ng		-	\$19,550		\$44,965	\$44,965	\$64,515
					\$00.000	* ~ - ~-	* 40.077	* 40.000	* ••• • • •
	TOTAL OPER	ATING EXPE	NSE	-	\$20,636	\$8,565	\$40,057	\$48,622	\$69,258
32									
33	HSA #3								12/2/2020

	А	В	С	D	E	F	G			
1			-			Append	ix B-1, Page 4			
2	North &	South of Market Adult Day Health (DBA SteppingStone)								
4	Program:									
5 6										
7										
8		Subcontractor/C	apital Expend	litures						
9			r	Current	Modification	Revised				
10	SUBCO	NTRACTORS	1/1/21-6/30/21	7/1/21-6/30/22	7/1/21-6/30/22	7/1/21-6/30/22	1/1/21-6/30/22			
11 (Openho	JSe	\$28,980	\$57,960	(\$57,960)	\$0	\$28,980			
12	Subcont	ractor - TBD			\$20,000	\$20,000	\$20,000			
13										
14										
15										
16	TOTAL	SUBCONTRACTOR COST	\$28,980	\$57,960	(\$37,960)	\$20,000	\$48,980			
17										
18										
19	EQUI	PMENT TERM	1/1/21-6/30/21	7/1/21-6/30/22	7/1/21-6/30/22	7/1/21-6/30/22	1/1/21-6/30/22			
20	Units	ITEM/DESCRIPTION								
21										
22										
23										
24										
25	TOTAL	EQUIPMENT COST								
26										
27	OTHER		1/1/21-6/30/21	7/1/21-6/30/22	7/1/21-6/30/22	7/1/21-6/30/22	1/1/21-6/30/22			
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29	2 300 101									
30										
31		REMODELING COST								
	IUTAL		L	l		l				
33					(007.000)					
34 35	IOTAL	SUBCONTRACTOR/CAPITAL EXPENDITURE	\$28,980	\$57,960	(\$37,960)	\$20,000	\$86,940			
	164 44						40101000			
30	HSA #4						12/2/2020			

Appendix A-2 - Services to be Provided YMCA SAN FRANCISCO – RICHMOND

Community Services

January 1, 2021 to June 30, 2023

I. Purpose

The purpose of this grant is to provide community services programming for older adults and adults with disabilities in the City and County of San Francisco through site based Community Centers. The programming will maintain or improve the well-being of older adults and adults with disabilities by providing activities and services designed to support individuals to live independently in their own homes and communities, reduce social isolation, and serve as an access point for other home and community-based services.

II. Definitions

Adult with a Disability	A person 18 years of age or older living with a disability
CA-GetCare	A web-based application that provides specific functionalities for contracted agencies to use to perform consumer intake/assessment/enrollment, record service objectives, run reports, etc.
CARBON	Contracts Administration, Reporting and Billing On Line System
City	City and County of San Francisco, a municipal corporation.
DAS	Department of Disability and Aging Services
Disability	Mental, cognitive and/or physical impairments, including hearing and visual impairments, that result in substantial functional limitations in one (1) or more of the following areas of major life activity: self-care, receptive and expressive language, learning, mobility, and self-direction, capacity for independent living, economic self-sufficiency, cognitive functioning, and emotional adjustment. Source: California Code of Regulations Title 22, Sec. 7630

Frail	An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or others. Source: California Code of Regulations Title 22, Sec. 7119
Grantee	YMCA San Francisco
LGBTQ+	An acronym/term used to refer to persons who self-identify as non - heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.
Low Income	Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.
Minority	An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulations Title 22, Sec. 7130.
OCP	Office of Community Partnerships
OCM	Office of Contract Management, San Francisco Human Services Agency.
Older Adult	Person who is 60 years or older, used interchangeably with "senior"
Senior	Person who is 60 years or older, used interchangeably with "older adult"
SF-HSA	Human Services Agency of the City and County of San Francisco.

SOGI	Sexual Orientation and Gender Identity; <i>Ordinance No. 159-16</i> amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (<i>Chapter 104, Sections 104.1 through 104.9.</i>)
Unit of Service	Defined as one hour of service
Unduplicated Consumer (UDC)	An individual who participates in community services and the grantee reflects consumer participation in CA-GetCare through enrollment.

III. Target Population

The target population is older adults and adults with disabilities living in the City and County of San Francisco with the greatest economic and social need and with particular attention to the following individuals:

- 1. Low income
- 2. Limited or no English speaking proficiency
- 3. Minority populations
- 4. Frail
- 5. LGBTQ+

IV. Eligibility for Services

- A person who is a resident of San Francisco and
- A person who is an older adult or an adult with a disability

V. Location and Time of Services

The grantee will provide community services programming in the City and County of San Francisco. The details of the sites and operation hours are located in the site chart.

VI. Description of Services and Program Requirements

- 1. Grantee will provide community services programming for older adults and adults with disabilities. Community services programming shall consist of activities and services that focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older adults and adults with disabilities. Activities and services may be provided in the grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection. There are four categories of community services programming:
 - i. <u>Activity Scheduling</u>: Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for

education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.

- ii. <u>Translation</u>: Translation assistance provided to consumers that cannot speak/read English. Translation may also include the use of American Sign Language, braille, or teleprompting. Services may include translation for an individual, such as translation of forms, letters, applications, or phone calls, and may also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements or presentations.
- iii. <u>Social Services</u>: The provision of one-to-one assistance to individuals that enables them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- iv. <u>Enhanced Outreach</u>: While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from DAS OCP before commencing.

Enhanced outreach efforts will not be provided under this specific grant.

- 2. Grantee will ensure that service offerings in the four categories of community services are designed to:
 - i. Provide quality services that attain a high satisfaction level from participants.
 - ii. Provide services that meet the needs of individual participants.
 - iii. Provide physical activities that may improve the health of participants.
 - iv. Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
 - v. Provide activities to increase socialization opportunities for individual consumers.
- 3. Grantee will develop and maintain policies and procedures that align with city, state, and local regulatory agencies, including the DAS OCP policy memoranda.
- 4. Grantee will administer an annual consumer satisfaction survey using a survey tool approved by DAS OCP. The grantee will share the survey results with DAS OCP by March 15th each grant year or on a mutually agreed upon date between DAS OCP and the grantee. At minimum, the consumer response rate shall be at least 35% of the annual unduplicated consumers.
- 5. Grantee will ensure adequate and culturally competent staffing to administer the program, deliver quality services to meet the needs of the consumer, and adhere to all program standards.
- 6. Grantee will ensure that units of service provided are tracked and distinguishable.
- 7. Grantee will attend in-service trainings and meetings coordinated and provided by DAS OCP, and share the information with their staff and volunteers as needed.

8. Grantee shall follow guidance or instructions from the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments related to the provision of services in the community. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. The grantee shall follow the requirements with the intent to maximize the health and safety of their staff and clients receiving services.

VII. Service Objectives

Grantee will enroll at minimum the number of unduplicated consumers and provide the units of service detailed in Table A below:

Table A- Community Services	01/01/2021- 6/30/2021	FY21/22	FY22/23
Unduplicated Consumers (UDC)	50	100	100
Activity Scheduling	240	572	480
Translation Services	0	0	0
Social Services	38	75	75
Enhanced Outreach	0	0	0
One (1) unit of service = one (1) hour of service provision			

VIII. Outcome Objectives

Community Services

- 1. Consumers receive the services and/or activities they need from the agency. Target: 80%
- 2. Consumers who participate in physical activity programming report a positive impact on their health. Target: 80%
- 3. Consumers who received social services or translation assistance, or participated in an educational program, report the services helped to improve their lives. Target: 80%
- 4. Consumers report an increase in their socialization opportunities and interaction with others. Target: 80%

Based on an annual satisfaction survey created by DAS OCP and with a sample size of at least 35% of the annual unduplicated consumers.

IX. Reporting and Other Requirements

- 1. Grantee will enroll eligible consumers into the program funded through this grant agreement by entering the consumer data obtained from consumers, using the DAS OCP approved intake form, into the CA-GetCare database in accordance to DAS OCP policy memorandum.
- 2. Grantee will enter into the CA-GetCare Service Unit section all service objectives by the 5th working day of the month for the preceding month.

- 3. Grantee will enter monthly reports and metrics into the CARBON database system by the 15th of the following month that includes the following information:
 - Number of unduplicated consumers served
 - Number and type of service units provided
- 4. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- 5. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15th of each grant year or on a mutually agreed upon date between DAS OCP and the grantee.
- 6. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10th day following the time study month.
- 7. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31st of each grant year. The grantee must submit the report in the CARBON system.
- 8. Grantee shall develop and deliver ad hoc reports as requested by SF-HSA, DAS, and OCP.
- 9. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by SF-HSA, DAS, and OCP. The due dates for submitting the bi-annual summary reports are January 10th (June-December data) and July 10th (January-June data).
- 10. Grantee will maintain an updated site chart, using the DAS OCP approved form, with details about the program.
- 11. Grantee program staff will complete an Elder Abuse Mandated Reporter Training and the California Department of Aging (CDA) Security Awareness Training on an annual basis. The grantee will maintain evidence of staff completion of these trainings.
- 12. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- 13. Grantee will develop a grievance policy consistent with DAS OCP policy memorandum.
- 14. For assistance with reporting and contract requirements, please contact:

Paulo Salta Program Analyst P.O. Box 7988 San Francisco, CA 94120 (415) 355-3551 Paulo.Salta@sfgov.org

Or

Patrick Garcia Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) 557-5597 Patrick.Gracia@sfgov.org

X. Monitoring Activities

- A. Program Monitoring: Program monitoring will include review of compliance to specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart: a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs,

and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.
								Appendix B, Page 1 Date: October 2021
	HUMA	AN SERVICES AG BY F	ENCY BUDGET	SUMMARY			Document	
Name							rm	
YMCA						Jan 2021	- Jun 2023	
(Check One) New Renewal Modification X If modification, Effective Date of Mod. 7/1/21 No. of Mod. 2								
Program: Community Services, Richmond								
Budget Reference Page No.(s)								
			(MODIFICATION)	(REVISED)		(MODIFICATION)	(REVISED)	(TOTAL)
Program Term	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/21 - 6/30/22	7/1/21 - 6/30/22	7/1/22 - 6/30/23	7/1/22 - 6/30/23	7/1/22 - 6/30/23	1/1/21-6/30/23
Expenditures								
Salaries & Benefits	\$69,485	\$69,444	\$3,601	\$73,045	\$65,456	\$4,602	\$70,058	\$212,588
Operating Expenses	\$12,328	\$1,959	\$43,557	\$45,516	\$4,433	(\$347)	\$4,086	\$61,930
Subtotal	\$81,813	\$71,403	\$47,158	\$118,561	\$69,889	\$4,255	\$74,144	\$274,518
Indirect Percentage (%)	13%	13%	4	14%	13%		13%	13%
Indirect Cost Subcontractor/Capital Expenditure	\$10,636	\$9,282	\$7,058	\$16,340	\$9,085	\$554	\$9,639	\$36,615
Total Expenditures	\$92.449	\$80,685	\$54.216	\$134,901	\$78,974	\$4,809	\$83,783	\$311,133
HSA Revenues								
General Fund	\$35,143	\$70,287		\$70,287	\$70,287		\$70,287	\$175,717
Federal Funds (CDFA 93.778)	\$4,344	\$8,687		\$8,687	\$8,687		\$8,687	\$21,718
Senior programming (OTO) (20/21) (21/22)	\$50,000		\$50,000	\$50,000				\$100,000
CODB	\$2,369	· · · · ·	\$4,216	\$4,216		\$4,809	\$4,809	\$11,394
MCO	\$593	\$1,711		\$1,711				\$2,304
Total HSA Revenue	\$92,449	\$80,685	\$54,216	\$134,901	\$78,974	\$4,809	\$83,783	\$311,133
Other Revenues								
TOTAL DAS AND NON DAS REVENUE	\$92,449	\$80,685	\$54,216	\$134,901	\$78,974	\$4,809	\$83,783	\$311,133
Full Time Equivalent (FTE)								
Prepared by:								
HSA-CO Review Signature:								
HSA #1								

Program: Community Services, Richm (Same as Line 11 on HSA #1)	nond																				pendix B, Page 2 te: October 2021
									Salaries	& Benefits D	etail										
												(MODIFICATION)							(MODIFICATION)		(TOTAL)
					DAS budgeted						DAS budgeted	DAS budgeted	DAS budgeted					DAS budgeted		DAS budgeted	
	Agency To Annual Full		HSA P % FTE funded	rogram	salary		Agency To Annual Full	otals	HSA P % FTE funded	rogram	salary	salary	salary	Agency To Annual Full	tals	% FTE funded	rogram	salary	salary	salary	salary
	Time Salary for	Total	by HSA		1/1/21 -		Time Salary for	Total	by HSA					Time Salary for	Total	by HSA					
Position	FTE	FTE	(Max 100%)	Adjusted FTE		Position	FTE	FTE	(Max 100%)	Adjusted FTE	7/1/21 - 6/30/22	7/1/21 - 6/30/22	7/1/21 - 6/30/22	FTE	FTE	(Max 100%)	Adjusted FTE	7/1/22 - 6/30/23	7/1/22 - 6/30/23	7/1/22 - 6/30/23	1/1/21-6/30/23
Senior Director of Engagement	\$85,812	1.00	25%	0.25	\$16,090	Senior Director of Engagemen	\$90,106	1.00	10%	0.10	\$21,453	(\$12,442)	\$9,011	\$90,106	1.00	10%	0.10	\$21,453	(\$12,442)	\$9,011	\$34,112
AOA Lead Staff	\$43,056	1.00	50%	0.50	\$12,140	Coordinator	\$54,080	1.00	67%	0.67	\$21,859	\$14,375	\$36,234	\$54,080	1.00	56%	0.56	\$21,528	\$8,906	\$30,434	\$78,808
Chair Yoga Instructor	\$37,198	0.50	24%	0.12	\$1,950	Exercise Instructors	\$72,530	0.20	15%	0.03	\$7,211	(\$5,035)	\$2,176	\$72,530	0.20	15%	0.03	\$7,331	(\$5,155)	\$2,176	\$6,302
AOA Strength Instructor	\$63,710	1.00	5%	0.05	\$687	District Director	\$97,178	1.00	6%	0.06		\$5,897	\$5,897	\$97,178	1.00	10%	0.10		\$9,467	\$9,467	\$30,717
AOA Strength Instructor	\$85,156	0.50	4%	0.02	\$819																\$7,083
Executive Director	\$128,000	1.00	15%	0.15	\$15,353																\$245
Senior Director of Healthy Living	\$85,000	1.00	20%	0.20	\$7,083																\$260
BAVC Group Exercise Instructor	\$65,641	0.50	1%	0.01	\$245																\$963
BAVC Group Exercise Instructor	\$58,162	0.50	2%	0.01	\$260																\$896
BAVC Group Exercise Instructor	\$70,560	0.50	5%	0.03	\$963	Totals	\$313,894	3.20	98%	0.86	\$50,523	\$2,795	\$53,318	\$313,894	3.20	91%	0.79	\$50,312	\$776	\$51,088	\$159,385
BAVC Group Exercise Instructor	\$63,710	0.50	6%	0.03	\$896																
Totals	\$786,006	8.00	157%	1.35	\$56,485	Fringe Benefits Rate	37%				37%			37%				30%			
						Employee Fringe Benefits	\$94,482				\$18,921	\$806	\$19,727	\$94,482				\$15,144	\$3,826	\$18,970	\$51,697
Fringe Benefits Rate	30%				23%																
Employee Fringe Benefits	\$236,588				\$13,000	Total Salaries and Benefits	\$408,376				\$69,444	\$3,601	\$73,045	\$408,376				\$65,456	\$4,602	\$70,058	\$211,082
Total Salaries and Benefits	\$1,022,594				\$69,485]															

\$260	7/1/21 - 6/30/22	Operating Expe (MODIFICATION) 7/1/21 - 6/30/22 \$250 \$807 \$807	nse Detail (REVISED) 7/1/21 - 6/30/22 \$250 \$807 \$807	7/1/22 - 6/30/23	(MODIFICATION) 7/1/22 - 6/30/23	(REVISED) 7/1/22 - 6/30/23	(TOTAL) 1/1/21-6/30/23 \$250 \$807 \$807 \$260
	7/1/21 - 6/30/22	(MODIFICATION) 7/1/21 - 6/30/22 \$250	(REVISED) 7/1/21 - 6/30/22 \$250	7/1/22 - 6/30/23	2. No. 1997.		1/1/21-6/30/23 \$250 \$807
		\$250	\$250	7/1/22 - 6/30/23			\$250
\$260							\$807
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\$260		\$807	\$807				
\$260		\$807	\$807				
\$260							
\$260							\$260
\$260							\$260
					·		
\$334				\$1,001	(\$347)	\$654	\$988
\$7,834	\$1,959	\$10,000	\$11,959	\$1,432		\$1,432	\$21,225
		\$2,500	\$2,500	\$2,000		\$2,000	\$4,500
\$3,900							\$3,900
		\$7,500	\$7,500				\$7,500
		\$2,500	\$2,500				\$2,500
		\$10,000	\$10,000				\$10,000
		\$5,000	\$5,000				\$5,000
		\$5,000	\$5,000				\$5,000
\$12,328	\$1,959	\$43,557	\$45,516	\$4,433	(\$347)	\$4,086	\$61,930
	\$12,328	\$12,328 \$1,959	\$2,500 \$10,000 \$5,000 \$5,000	\$2,500 \$2,500 \$10,000 \$10,000 \$5,000 \$5,000 \$5,000 \$5,000	\$2,500 \$2,500 \$10,000 \$10,000 \$5,000 \$5,000 \$5,000 \$5,000	\$2,500 \$2,500 \$10,000 \$10,000 \$5,000 \$5,000 \$5,000 \$5,000	\$2,500 \$2,500 \$10,000 \$10,000 \$5,000 \$5,000 \$5,000 \$5,000

Appendix A-1 - Services to be Provided YMCA SAN FRANCISCO – STONESTOWN

Community Services

January 1, 2021 to June 30, 2023

I. Purpose

The purpose of this grant is to provide community services programming for older adults and adults with disabilities in the City and County of San Francisco through site based Community Centers. The programming will maintain or improve the well-being of older adults and adults with disabilities by providing activities and services designed to support individuals to live independently in their own homes and communities, reduce social isolation, and serve as an access point for other home and community-based services.

II. Definitions

Adult with a Disability	A person 18 years of age or older living with a disability
CA-GetCare	A web-based application that provides specific functionalities for contracted agencies to use to perform consumer intake/assessment/enrollment, record service objectives, run reports, etc.
CARBON	Contracts Administration, Reporting and Billing On Line System
City	City and County of San Francisco, a municipal corporation.
DAS	Department of Disability and Aging Services
Disability	Mental, cognitive and/or physical impairments, including hearing and visual impairments, that result in substantial functional limitations in one (1) or more of the following areas of major life activity: self-care, receptive and expressive language, learning, mobility, and self-direction, capacity for independent living, economic self-sufficiency, cognitive functioning, and emotional adjustment. Source: California Code of Regulations Title 22, Sec. 7630

Frail	An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or others. Source: California Code of Regulations Title 22, Sec. 7119
Grantee	YMCA San Francisco
Higher Learning classes	College level classes that are taught by instructors with advanced degrees and teaching experience in the field of study. Higher Learning classes were originally part of City College of San Francisco's Older Adults program. Classes are provided at community service centers throughout the City and supplement traditional community services programming.
LGBTQ+	An acronym/term used to refer to persons who self-identify as non - heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.
Low Income	Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.
Minority	An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulations Title 22, Sec. 7130.
OCP	Office of Community Partnerships
OCM	Office of Contract Management, San Francisco Human Services Agency.
Older Adult	Person who is 60 years or older, used interchangeably with "senior"

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SF-HSA	Human Services Agency of the City and County of San Francisco.
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Unit of Service	Defined as one hour of service
Unduplicated Consumer (UDC)	An individual who participates in community services and the grantee reflects consumer participation in CA-GetCare through enrollment.

III. Target Population

The target population is older adults and adults with disabilities living in the City and County of San Francisco with the greatest economic and social need and with particular attention to the following individuals:

- 1. Low income
- 2. Limited or no English speaking proficiency
- 3. Minority populations
- 4. Frail
- 5. LGBTQ+

IV. Eligibility for Services

- A person who is a resident of San Francisco and
- A person who is an older adult or an adult with a disability

V. Location and Time of Services

The grantee will provide community services programming in the City and County of San Francisco. The details of the sites and operation hours are located in the site chart.

VI. Description of Services and Program Requirements

1. Grantee will provide community services programming for older adults and adults with disabilities. Community services programming shall consist of activities and services that focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older adults and adults with disabilities. Activities and services may be provided in the grantee's Community Center, in the community, via telephone,

virtually over the internet, and through other effective means of communication and connection. There are four categories of community services programming:

- i. <u>Activity Scheduling</u>: Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- ii. <u>Translation:</u> Translation assistance provided to consumers that cannot speak/read English. Translation may also include the use of American Sign Language, braille, or teleprompting. Services may include translation for an individual, such as translation of forms, letters, applications, or phone calls, and may also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements or presentations.
- iii. <u>Social Services</u>: The provision of one-to-one assistance to individuals that enables them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- iv. <u>Enhanced Outreach</u>: While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from DAS OCP before commencing.

Enhanced outreach efforts under this specific grant:

The Stonestown Family Active Adult (Senior) Program will conduct flier distribution, tabling at local events, and facilitate word of mouth recommendations by current participating clients. YMCA staff will ensure that flier communications are dropped off at local agencies and locations where older adults congregate (libraries, banks, other community centers, etc.). Staff will attend local farmer's markets which provides a great opportunity to outreach to new older adults who may need our services. Other tools such as Stonestown Family YMCA's website, social media (e.g. Facebook, Instagram, and Twitter) and email are also utilized to reach older adults who have access to these platforms.

- 2. Grantee will ensure that service offerings in the four categories of community services are designed to:
 - i. Provide quality services that attain a high satisfaction level from participants.

- ii. Provide services that meet the needs of individual participants.
- iii. Provide physical activities that may improve the health of participants.
- iv. Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
- v. Provide activities to increase socialization opportunities for individual consumers.
- 3. Grantee will develop and maintain policies and procedures that align with city, state, and local regulatory agencies, including the DAS OCP policy memoranda.
- 4. Grantee will administer an annual consumer satisfaction survey using a survey tool approved by DAS OCP. The grantee will share the survey results with DAS OCP by March 15th each grant year or on a mutually agreed upon date between DAS OCP and the grantee. At minimum, the consumer response rate shall be at least 35% of the annual unduplicated consumers.
- 5. Grantee will ensure adequate and culturally competent staffing to administer the program, deliver quality services to meet the needs of the consumer, and adhere to all program standards.
- 6. Grantee will ensure that units of service provided are tracked and distinguishable.
- 7. Grantee will attend in-service trainings and meetings coordinated and provided by DAS OCP, and share the information with their staff and volunteers as needed.
- 8. Grantee shall follow guidance or instructions from the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments related to the provision of services in the community. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. The grantee shall follow the requirements with the intent to maximize the health and safety of their staff and clients receiving services.
- 9. Grantee will provide Higher Learning classes at Stonestown YMCA. The classes will be open to any older adult or adult with disability interested. A participant will register for a class as a separate activity within the community services program. Course topics are "Mind-Body-Health", "Principles of Balance", "Quilting", "Communications", and "Lip Reading". The classes are college level classes taught by instructors with advanced degrees and teaching experience in the field of study.

VII. Service Objectives

Table A- Community Services	01/01/2021- 6/30/2021	FY21/22	FY22/23
Unduplicated Consumers (UDC)	1,000	2,000	2,000
Activity Scheduling	1,500	3,032	3,000
Translation Services	60	120	120
Social Services	500	1,000	1,000

Grantee will enroll at minimum the number of unduplicated consumers and provide the units of service detailed in Table A below:

Enhanced Outreach	50	100	100
One (1) unit of service =	= one (1) hour of	f service provis	ion

VIII. Outcome Objectives

Community Services

- Consumers receive the services and/or activities they need from the agency. Target: 80%
- 2. Consumers who participate in physical activity programming report a positive impact on their health. Target: 80%
- 3. Consumers who received social services or translation assistance, or participated in an educational program, report the services helped to improve their lives. Target: 80%
- 4. Consumers report an increase in their socialization opportunities and interaction with others. Target: 80%

Based on an annual satisfaction survey created by DAS OCP and with a sample size of at least 35% of the annual unduplicated consumers.

Higher Learning

- 1. Class participants report that the course increased their socialization opportunities and interaction with others. Target: 80%
- 2. Class participants report an increase in knowledge of the Higher Learning course topic. Target: 80%

Based on a satisfaction survey created by the grantee with input from DAS OCP and with a sample size of at least 75% of the participants enrolled in the class.

IX. Reporting and Other Requirements

- 1. Grantee will enroll eligible consumers into the program funded through this grant agreement by entering the consumer data obtained from consumers, using the DAS OCP approved intake form, into the CA-GetCare database in accordance to DAS OCP policy memorandum.
- 2. Grantee will enter into the CA-GetCare Service Unit section all service objectives by the 5th working day of the month for the preceding month.
- 3. Grantee will enter monthly reports and metrics into the CARBON database system by the 15th of the following month that includes the following information:
 - Number of unduplicated consumers served
 - Number and type of service units provided
- 4. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.

- 5. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15th of each grant year or on a mutually agreed upon date between DAS OCP and the grantee.
- 6. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10th day following the time study month.
- 7. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31st of each grant year. The grantee must submit the report in the CARBON system.
- 8. Grantee shall develop and deliver ad hoc reports as requested by SF-HSA, DAS, and OCP.
- 9. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by SF-HSA, DAS, and OCP. The due dates for submitting the bi-annual summary reports are January 10th (June-December data) and July 10th (January-June data).
- 10. Grantee will maintain an updated site chart, using the DAS OCP approved form, with details about the program.
- 11. Grantee program staff will complete an Elder Abuse Mandated Reporter Training and the California Department of Aging (CDA) Security Awareness Training on an annual basis. The grantee will maintain evidence of staff completion of these trainings.
- 12. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- 13. Grantee will develop a grievance policy consistent with DAS OCP policy memorandum.
- 14. For assistance with reporting and contract requirements, please contact:

Paulo Salta Program Analyst P.O. Box 7988 San Francisco, CA 94120 (415) 355-3551 Paulo.Salta@sfgov.org

Or

Patrick Garcia Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) 557-5597 Patrick.Gracia@sfgov.org

X. Monitoring Activities

- Program Monitoring: Program monitoring will include review of compliance to A. specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance

monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

								Appendix B, Page 1 Date: October 2021
	HUMAN		NCY BUDGET	SUMMARY				
Name						Te	erm	
YMCA						Jan 2021	- Jun 2023	
(Check One) New Renewal ModificationX								
If modification, Effective Date of Mod. 7/1/21 No. of Mod. 1	1							
Program: Community Services, Stonestown Family Budget Reference Page No.(s)								
Budget Reference Fage No.(5)			(MODIFICATION)	(REVISED)		(MODIFICATION)	(REVISED)	(TOTAL)
Program Term	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/21 - 6/30/22	7/1/21 - 6/30/22	7/1/22 - 6/30/23	7/1/22 - 6/30/23	7/1/22 - 6/30/23	1/1/21 - 6/30/23
Expenditures								
Salaries & Benefits	\$97,074	\$185,502	\$11,299	\$196,801	\$185,502	\$11,299	\$196,801	\$490,676
Operating Expenses	\$37,762	\$13,668	\$53,221	\$66,889	\$13,668	\$22,866	\$36,534	\$141,185
Subtotal	\$134,836	\$199,170	\$64,520	\$263,690	\$199,170	\$34,165	\$233,335	\$631,861
Indirect Percentage (%)	15%	15%		15%	15%		15%	15%
Indirect Cost	\$20,224	\$29,873	\$9,682	\$39,555	\$29,873	\$4,870	\$34,743	\$94,522
Subcontractor/Capital Expenditure								
Total Expenditures	\$155,060	\$229,043	\$74,202	\$303,245	\$229,043	\$39,035	\$268,078	\$726,383
HSA Revenues								
General Fund	\$101,925	\$203,848		\$203,848	\$203,848		\$203,848	\$509,621
Federal Funds (CDFA 93.778)	\$12,597	\$25,195		\$25,195	\$25,195		\$25,195	\$62,987
Higher Learning (HL)	\$23,667	φ20,100	\$47,334	\$47,334	φ20,100	\$23,667	\$23,667	\$94,668
CODB	\$6,871		\$15,368	\$15,368		\$15,368	\$15,368	\$37,607
Emergency & Safety (ES) OTO (21/22)	\$0,011		\$11,500	\$11,500		\$10,000	\$10,000	\$11,500
Taiko Program OTO (20/21)	\$10,000							\$10,000
Total HSA Revenue	\$155,060	\$229,043	\$74,202	\$303,245	\$229,043	\$39,035	\$268,078	\$726,383
Other Revenues								
TOTAL DAS AND NON DAS REVENUE	\$155,060	\$229,043	\$74,202	\$303,245	\$229,043	\$39,035	\$268,078	\$726,383
Full Time Equivalent (FTE)								
Prepared by:								
HSA-CO Review Signature:								
HSA #1								

Program: Community Services, Stor (Same as Line 11 on HSA #1)	nestown Family																			ppendix B, Page 2 Date: October 2021
																			Doodmont	uko. Ookobor 202
									Salaries	& Benefits De	ail									
											(MODIFICATION)	(REVISED)						(MODIFICATION)	(REVISED)	(TOTAL)
	Agency	/ Totals	HSA Pr	ogram	DAS salary	Agency	y Totals	HSA P	rogram	DAS salary	DAS salary	DAS salary	Agency	Totals	HSA P	rogram	DAS salary	DAS salary	DAS salary	DAS salary
	Annual Full Time Salary for	Total FTE	% FTE funded by HSA (Max 100%)	Advend FTF	1/1/21 - 6/30/21	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)	Advented FTF	7/4/04 0/00/00	7/1/21 - 6/30/22	7/4/04 0/00/00	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)	Advected FTF	7/4/00 0/00/00	7/1/22 - 6/30/23	7///00_000000	
District Director	FTE \$85,424	1.00		Adjusted FTE 0.75	\$21,356	\$97.177	1.00		Adjusted FTE 0.50		(\$15,479)	\$48,589	\$97,177	1.00		Adjusted FTE 0.50	\$64,068	(\$15,479)	\$48,589	1/1/21 - 6/30/23 \$118,534
Program Coordinator	\$66,186	1.00				\$30,800	1.00		1.00		(\$15,479)	\$40,509	\$30,800	1.00		1.00	\$36,280	(\$15,479)	\$30,800	\$79,339
Analyst	\$43,680	1.00		1.00		\$45.864	1.00		0.88		\$1,120	\$40,360	\$45,864	1.00		0.88	\$39,240	\$1,120	\$40,360	\$97,747
Group Exercise Instuctors	\$97,760	1.00		0.07	\$7,433	\$75,296	1.00		0.29		\$8,776	\$21,836	\$75.296	1.00		0.29	\$13,060	\$8,776	\$21,836	\$51,105
Program Supervisor	\$132,167	1.00	35%	0.35	\$14,233	\$132,167	1.00	4%	0.04		\$5,572	\$5,572	\$132,167	1.00	4%	0.04		\$5,572	\$5,572	\$25,377
Totals	\$425,217	5.00	271.50%	2.72	\$77,788	\$381,304	5.00	271.22%	2.71	\$152,648	(\$5,491)	\$147,157	\$381,304	5.00	271.22%	2.71	\$152,648	(\$5,491)	\$147,157	\$372,102
Fringe Benefits Rate	21%				21%	34%				22%			34%				22%			
Employee Fringe Benefits	\$89,296				\$19,286	\$128,634				\$32,854	\$16,790	\$49,644	\$128,634				\$32,854	\$16,790	\$49,644	\$118,574
Total Salaries and Benefits	\$514,513				\$97,074	\$509,938				\$185,502	\$11,299	\$196,801	\$509,938				\$185,502	\$11,299	\$196,801	\$490,676
HSA #2																				

Program: Community Services, Stonestown Family (Same as Line 11 on HSA #1)							Documen	Appendix B, Page 3 t Date: October 202
			Operating Expe	nse Detail				
	1/1/21 - 6/30/21	7/1/21 - 6/30/22	(MODIFICATION) 7/1/21 - 6/30/22	(REVISED) 7/1/21 - 6/30/22	7/1/22 - 6/30/23	(MODIFICATION) 7/1/22 - 6/30/23	(REVISED) 7/1/22 - 6/30/23	<mark>(TOTAL)</mark> 1/1/21 - 6/30/23
Expenditure Category							-	
Rental of Property								
Utilities (Elec, Water, Gas, Phone, Garbage)	\$2,295	\$2,432	(\$1,432)	\$1,000	\$2,432	(\$1,432)	\$1,000	\$4,295
Building Maintenance Supplies and Repair							-	
Printing and Reproduction						· · · · · · · · · · · · · · · · · · ·		
Insurance			\$2,291	\$2,291		\$2,291	\$2,291	\$4,582
Staff Training								· · · · ·
Staff Travel-(Local & Out of Town)								
Transportation (Bus Rental)								
<u>Consultant</u>							_	
Higher Education Learning	\$20,580							\$20,580
HL-Janet Gee (Principles of Balance)			\$13,720	\$13,720		\$6,860	\$6,860	\$20,580
HL-Jeanne-Marie Hughes (Mind Body Health)			\$13,720	\$13,720		\$6,860	\$6,860	\$20,580
HL-Caroline Lieberman (Textile Arts)			\$13,720	\$13,720		\$6,860	\$6,860	\$20,580
<u>Other</u>								
(ES) - PPE Supplies			\$ 1,275	\$ 1,275				\$1,275
(ES) - Safety Supplies			\$ 2,500	\$ 2,500				\$2,500
(ES) - Safety Seminars			\$ 6,000	\$ 6,000				\$6,000
Program Subscriptions		\$48		\$48	\$48		\$48	\$96
Program Supplies	\$5,944	\$11,100	(\$2,413)	\$8,687	\$11,100	(\$2,413)	\$8,687	\$23,318
Food and Beverage		\$88	\$3,840	\$3,928	\$88	\$3,840	\$3,928	\$7,856
Taiko Drumming	\$8,696							\$8,696
Equipment	\$147							\$147
Program Entrance Fee	\$100							\$100
Total Operating Expenses	\$37,762	\$13,668	\$53,221	\$66,889	\$13,668	\$22,866	\$36,534	\$141,185