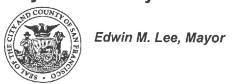
City and County of San Francisco



Human Services Agency

Department of Human Services
Department of Aging and Adult Services

Trent Rhorer, Executive Director

MEMORANDUM

TO: HUMAN SERVICES COMMISSION

THROUGH: TRENT RHORER, EXECUTIVE DIRECTOR

FROM: SYLVIA DEPORTO, DEPUTY DIRECTOR

JOHN TSUTAKAWA, DIRECTOR OF CONTRACTS J 1

DATE: JUNE 17, 2016

SUBJECT: NEW CONTRACT: FAMILY SUPPORT SERVICES OF THE

BAY AREA (FSSBA) (NON-PROFIT) FOR SAFECARE®

TRAINING TO DEPARTMENT OF PUBLIC HEALTH NURSES

CONTRACT TERM: 7/1/16 –

6/30/19

<u>Current</u> <u>Contingency</u> <u>Total</u>

CONTRACT AMOUNT: \$164,955 \$16,496 \$181,451

ANNUAL AMOUNT: FY16/17 FY17/18 FY18/19 \$54,985 \$54,985

FUNDING SOURCE: County Contingency State Federal Total \$84,127 **CONTRACT FUNDING:** \$77,529 \$3,299 \$16,496 \$181,451 PERCENTAGE: 51% 47% 2% 100%

The Department of Human Services (DHS) requests authorization to enter into a new contract agreement with Family Support Services of the Bay Area (FSSBA) for the time period beginning July 1, 2016 and ending on June 30, 2019, in the amount of \$164,955 plus a 10% contingency of \$16,496 for a total not to exceed amount of \$181,451. The purpose of this contract is to provide training and supervision for Public Health Nurses (PHNs) in the Maternal, Child and Adolescent Health (MCAH) section of the Department of Public Health (DPH) to continue to utilize SafeCare®, an evidence-based in-home parent training model for the prevention and intervention of child neglect.

Background

Since 2011, the Department has been utilizing *SafeCare*®, an in-home parent training model program designed for child welfare that provides direct skill training to parents in child behavior

management, planned activities training, home safety training, and child health care skills to prevent and intervene with child maltreatment. Using an evidence-based program allows Family and Children's Services (FCS) to align its services with a model supported by research in the areas of effective parenting and childcare techniques, child development, health, safety and nutrition.

The Maternal, Child and Adolescent Health (MCAH) Public Health Nurses are a logical match to the expansion of the *SafeCare*® Program. The Department of Public Health (DPH) is committed to use of evidence-based practices in their home visits to families involved with child welfare to improve outcomes for families with young children. Nurses trained in *SafeCare*® curricula are providing this training during home visitation to identified families – typically families through DDC (dependency drug court) or for children with significant medical issues.

Target Population

- 1. Families with children 0 to 5 years of age, who reside in SF. The nurses funded by this program will assist primarily families with children 0 through 2 years of age with a focus on children with more intensive medical needs.
- 2. Families identified at high, moderate and low risk for neglect and inconclusive or substantiated referrals for neglect.

Services to be Provided

The Contractor will be required to implement the SafeCare® evidence-based parent training curriculum consisting of the following three required module activities for referred families:

Health Module-

Parents are provided with a medically validated health manual that includes a symptom guide, information about planning and prevention, caring for a child at home, calling a physician or nurse, and emergency care. Parents are also supplied with health recording charts and basic health supplies (e.g., thermometer). After successfully completing this module, parents are able to identify symptoms of illnesses and injuries, as well as determine and seek the most appropriate health treatment for their child.

Home Safety Module-

This module involves the identification and elimination of safety and health hazards by making them inaccessible to children. The Home Accident Prevention Inventory – Revised (HAPI-R) is a validated and reliable assessment checklist designed to help a provider measure the number of environmental and health hazards accessible to children in their homes. Rooms are evaluated using this assessment tool and then training takes place to assist parents in identifying and reducing the number of hazards and making them inaccessible to their children. Safety latches are supplied to families.

Parent-Child/Parent-Infant Interactions Module-

This module consists of training on parent-infant interactions (birth to 8-9 months) and parent-child interactions (8-10 months to 5 years). The purpose of this module is to teach parents to provide engaging and stimulating activities, increase positive interactions, and prevent troublesome child behavior.

All three modules involve baseline assessment, intervention (training) and follow-up assessments to monitor change.

Other Related Activities-

In addition to the required three modules of SafeCare model, there are two additional focal points: problem-solving and counseling skills. Problem-solving is used by the SafeCare providers to help parents work through the many problems they may face that are not addressed by the SafeCare model.

SafeCare also teaches providers to use good counseling skills, including: how to frame a session, building rapport, how to ask questions to elicit more information, how to provide positive and corrective feedback, and how to close a session.

Services to Safe Care eligible families may also include case management, which may include any of the activities above as well as advocacy, linkages, information and referral.

Selection

Contractor is sole sourced for these services. SafeCare ® is a branded service model that is evidence-based and has a very strict structure on fidelity/adherence to the model. It has a unique controlled structure of programmatic implementation and sustainability. At this point in time, only one source exists in San Francisco that could provide the structure and level of services the SafeCare program currently requires. The Contractor employs certified SafeCare ® trainers and coaches, whom the Department has invested years in developing and certifying to their level of expertise.

Funding

This contract will be funded through a combination of County, State, and Federal funds.

ATTACHMENTS

Appendix A – Services to be Provided

Appendix B – Program Budget

Appendix A – Services To Be Provided Family Support Services of the Bay Area SafeCare® for DPH Nurses 7/1/16-6/30/19

I. Purpose

The purpose is to provide administrative support and funds to support the Public Health nurses implementing SafeCare®, an evidence-based in-home parent training model that provides direct skill training to parents in child behavior management, planned activities training, home safety training, and child health care skills to prevent and intervene with child maltreatment.

II. Definitions

DPH San Francisco Department of Public Health

FCS Family & Children's Service Division of the

Human Services Agency

Contractor Family Support Services of the Bay Area

In Home Parenting Refers to parent education services provided in the

home where parents actively acquire parenting skills through mechanisms such as homework, modeling or practicing skills. Parent education is focused on the acquisition of new parenting skills and behaviors to promote positive parent-child

interaction.

PHN Public Health Nurse

SF-HSA San Francisco Human Services Agency

III Target Population

All San Francisco families with children 0-5 who have a history of child maltreatment and/or risk factors for maltreatment. May be voluntary and may or may not have an open child welfare case or open court dependency care. Risk factors may include substance abuse or domestic violence issues, teenage parents, parents of special needs children, single parents and low-income families.

IV. Service Description

The SafeCare® evidence-based parent training curriculum consists of the following three required module activities for referred families:

Family Support Services of the Bay Area SafeCare for DPH Nurses Appendix A

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Health Module-

The goals of this module are to train parents to use health reference materials, prevent illness, identify symptoms of childhood illnesses or injuries, and provide or seek appropriate treatment by following the steps of a task analysis. To assess actual health-related behavior, parents role-play health scenarios and decide whether to treat the child at home, call a medical home visitor, or seek emergency treatment.

Parents are provided with a medically validated health manual that includes a symptom guide, information about planning and prevention, caring for a child at home, calling a physician or nurse, and emergency care. Parents are also supplied with health recording charts and basic health supplies (e.g., thermometer). After successfully completing this module, parents are able to identify symptoms of illnesses and injuries, as well as determine and seek the most appropriate health treatment for their child.

Home Safety Module-

This module involves the identification and elimination of safety and health hazards by making them inaccessible to children. The Home Accident Prevention Inventory – Revised (HAPI-R) is a validated and reliable assessment checklist designed to help a home visitor measure the number of environmental and health hazards accessible to children in their homes. Rooms are evaluated using this assessment tool and then training takes place to assist parents in identifying and reducing the number of hazards and making them inaccessible to their children. Safety latches are supplied to families. This protocol is effective in significantly reducing hazards in the home and these reductions have been found to be maintained over time.

Parent-Child/Parent-Infant Interactions Module-

This module consists of training on parent-infant interactions (birth to 8-9 months) and parent-child interactions (8-10 months to 5 years). The purpose of this module is to teach parents to provide engaging and stimulating activities, increase positive interactions, and prevent troublesome child behavior. The primary method for teaching this module is Planned Activities Training (PAT) Checklist. Home visitors observe parent-child play and/or daily routines and code for specific parenting behaviors. Positive behaviors are reinforced and problematic behaviors are addressed and modified during the in-home sessions. Home visitors teach parents to use PAT checklists to help structure their everyday activities. Parents also receive activity cards that have prompts for engaging in planned activities.

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Other Related Activities-

In addition to the required three modules of SafeCare model, there are two additional focal points: problem-solving and counseling skills. Problem-solving is used by the SafeCare home visitors to help parents work through the many problems they may face that are not addressed by the SafeCare model. Structured problem-solving involves correctly framing the problem, generating potential solutions, identifying pros and cons of those solutions, choosing a solution, and acting.

SafeCare also teaches home visitors to use good counseling skills, including: how to frame a session, building rapport, how to ask questions to elicit more information, how to provide positive and corrective feedback, and how to close a session. Problem-solving and counseling will be used across the three SafeCare modules as needed.

All three modules involve baseline assessment, intervention (training) and followup assessments to monitor change. Staff members conduct observations of parental knowledge and skills for each module by using a set of observation checklists. The SafeCare training format is based on well-established social learning theory and evidence from previous research. Service home visitors and parents will be trained using a general seven step format:

- Describe desired target behaviors
- Explain the rationale or reason for each behavior
- Model each behavior (demonstrate desired behavior)
- Ask parent to practice behavior
- Provide positive feedback (point out positive aspects of performance)
- Provide constructive feedback (point out aspects of performance needing improvement)
- Review parent's performance, have them practice areas that need improvement, and set goals for the week.

Using this format, parents are trained so that skills are generalized across time, behaviors, and settings. Each module is implemented in approximately one assessment session and five training sessions and is followed by a social validation questionnaire to assess parent satisfaction with training. Home visitors will work with parents until they meet a set of skill-based criteria that are established for each module.

Referrals may be provided by DHS, self-referrals, local home visitors such as hospitals and/or the Differential Response Program.



If FCS determines a need for more training of more staff, the home visitor will do the following:

<u>Home Visitor Training Requirements & Expectations.</u> Home visitor staff responsibilities include the following:

Home Visitors

- Must attend a SafeCare Training Workshop for five days
- Must demonstrate skills in the field to become certified SafeCare home visitor
- Adherence to the SafeCare protocols is regularly monitored by their Coach (Coordinator) through direct observation or recording of sessions
- Must participate in weekly team meetings with Coaches (Coordinator) to discuss cases.

Training for staff includes workshops with some didactic presentations, and extensive role plays and practice of skills to mastery levels. All trainings include extensive modeling of skills, trainee practice with feedback that leads to skill mastery. Upon completion of training, Home Visitors are provisionally certified.

Coach (Coordinator) Responsibilities:

- Must attend SafeCare Home Visitation training and achieve full certification.
- Must complete one day of additional training in SafeCare coaching.
- Must work with Home Visitor to monitor fidelity according to NSTRC's minimum required frequencies:
 - 1. The first nine family sessions (two must be live observations)
 - 2. One session per month thereafter
 - 3. Fidelity assessment and coaching sessions should be done more frequently for Home Visitors who consistently fall below minimum standards (85%)
- Should conduct weekly meetings of all SafeCare staff to discuss SafeCare implementation.
- Will be regularly supported and monitored by their SafeCare Trainer to assist them in performing their coaching duties.
- Coaches should participate in periodic implementation meetings with NSTRC to assess organizational progress in implementing SafeCare, program successes, and problem-solving techniques. NSTRC recommends quarterly meetings.

Trainer Responsibilities:

- Train individuals to conduct SafeCare trainings for new home visitors and coach within the implementing organization and provide support to the coach in the partnership.
- After completing home visitor training and coach training and gaining experience delivering SafeCare and coaching SafeCare home visitors, individuals may complete SafeCare Trainer training.
- Trainer training requires a commitment to NSTRC to adhere to the requirements regarding distribution of materials, support of SafeCare coaches and home visitors and reporting of data to NSTRC.
- Trainer training includes a two-day workshop that teaches trainees about: SafeCare training methods, teaching adult learners, setting up role-plays, and providing feedback to trainees, and supporting SafeCare coaches. Trainees are provisionally certified as a trainer upon completion of the workshop.
- Following the workshop, trainer trainees are observed by NSTRC during their first training to ensure fidelity to the training model.
- Provisionally certified trainers will become fully certified once they achieve 85% or greater mastery in the delivery of a home visitor training, as rated by a NSTRC trainer observer.
- After certification, SafeCare Trainers are observed at one year following training and must complete recertification every two years to maintain.

SafeCare Trainers will continue to supervise PHN SafeCare Visits to ensure compliance to SafeCare requirements and protocols. Additionally, should new PHNs require SafeCare training, Contractor will include them in their regular training schedule.

V. Location and Time of Services

Services will be principally provided in the home, as scheduled between the program staff and parent. Some services may be provided at Contractor offices, as necessary.

VI. Contractor Responsibilities

- A. Ensure that all known or suspected instances of child abuse and neglect are reported as required by law.
- B. Home visitors should possess the capability to provide culturally, linguistically-relevant services to a diversity of communities and families in San Francisco.



- C. All home visitor staff working in the SafeCare program as a Home Visitor, Coach, or Trainer is required to have a minimum level education equivalent to a Bachelor's Degree from an accredited institution of higher education.
- D. Administer an annual client satisfaction survey

VII. Agency Responsibilities

- A. HSA is responsible for providing referrals from open or closed Child Welfare Cases.
- B. HSA is responsible for completing reports on statistical longitudinal reports on families that have completed Safe Care Training.

VIII. Service Objectives

- A. 100% of SafeCare® families (12 families) completing the Home Safety module will receive safety materials (e.g., safely gates), if needed.
- B. 100% of SafeCare® families completing the Health module (14 families) will receive health materials (e.g., first aid kits) if needed.
- C. 50% of families or 12 families referred will successfully graduate.

VIII. Outcome Objectives

- A. A minimum of 80% of SafeCare families who have completed the Safety module will show a reduction in Home Hazards from pre-service scores to post-service scores.
- B. A minimum of 80% of SafeCare families who have completed the Health module will show an improvement on Sick or Injured Child Checklist (SICC) scores from pre-service scores to post-service scores.
- C. A minimum of 80% of SafeCare families who have completed the Parent/Infant Interaction module will show an improvement in Planned Activity Training (PAT) scores from pre-service scores to post-service scores.
- D. A minimum of 80% of SafeCare families who have completed the Parent/Child Interaction module will show an improvement in Planned Activity Training (PAT) scores from pre-service scores to post-service scores.

IX. Reporting Requirements

Monthly reports regarding the following:

- 1. Number of SafeCare referrals received broken out by sources and YTD
- 2. Number of closed SafeCare referrals and YTD
- 3. Number of SafeCare referrals transitioned to an open SafeCare case-YTD

- 4. Number of SafeCare referrals transitioned to an open SafeCare/DR case-YTD
- 5. Number of completed/closed SafeCare cases YTD
- 6. Ethnicity of both parent and child:
 - White/Non-Hispanic
 - Hispanic/Latino
 - Black/AA (Non-Hispanic)
 - Asian
 - Native American/Alaskan Native
 - Native Hawaiian and other Pacific Islander
 - Two or more races

FSSBA combines this monthly data, along with data from their other SafeCare grant plus the SafeCare data from the Epiphany Center into one monthly report submitted to FCS. The DPH nurse coordinator will provide this information, and quarterly and annuals reports, to the Program Manager directly, who will enter the information into CARBON.

Questions can be submitted to the following staff:

Liz Crudo, Program Manager at <u>Liz.Crudo@sfgov.org</u>
Johanna Gendelman, Senior Program Analyst at <u>Johanna.Gendelman@sfgov.org</u>, and,

David Flores, Jr., MPA, Principal Administrative Analyst at <u>David.Flores@sfgov.org</u>

X. Monitoring Activities

- A. <u>Program Monitoring</u>: Program monitoring will include review of client eligibility, client files, case documentation, service delivery documentation, and back-up documentation for reporting progress towards meeting service and outcome objectives.
- B. <u>Fiscal and Compliance Monitoring</u>: Fiscal monitoring will include review of the Contractor's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

	A	В	С	D	Е				
1			Appendix B, Page	1					
2	Document Date: 6/1/2								
3	HUMAN SERVICES AGENCY BUDGET SUMMARY								
4	BY PROGRAM								
5	Name Term								
6	FAMILY SUPPORT SERVICES OF THE E	BAY AREA	7/1/16 - 6/30/19						
7	(Check One) New _X_ Renewal	Modification							
8	If modification, Effective Date of Mod.	No. of Mod.							
9	Program: SafeCare Training - DPH Nurses	8							
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10	Budget Reference Rege No. (a)	Annual Budget	Annual Budget	Annual Budget	Total Contract Term				
	Budget Reference Page No.(s) Program Term	7/1/16-6/30/17	7/1/17-6/30/18	7/1/18-6/30/19	7/1/16 - 6/30/19				
12	Expenditures	771710-0/30/17	771717-0730710	111/10-0/30/13	771710 - 0/30/13				
	Salaries & Benefits	\$35,760	\$35,760	\$35,760	\$107,280				
	Operating Expense	\$10,837	\$10,837	\$10,837	\$32,511				
15	Subtotal	\$46,597	\$46,597	\$46,597	\$139,791				
16	Indirect Percentage (%)	18%	18%	18%	15%				
	Indirect Cost (Line 16 X Line 15)	\$8,388	\$8,388	\$8,388	\$25,164				
18	Capital Expenditure	\$0	\$0	\$0	\$0				
19	Total Expenditures	\$54,985	\$54,985	\$54,985	\$164,955				
20	HSA Revenues								
21	General Fund	\$28,042	\$28,042	\$28,042	\$84,127				
22	State	\$25,843	\$25,843	\$25,843	\$77,529				
23	Federal	\$1,100	\$1,100	\$1,100	\$3,299				
24 25									
26									
27	TOTAL HSA REVENUES	\$54,985	\$54,985	\$54,985	\$164,955				
28	Other Revenues								
29									
30									
31									
32 33									
34	Total Revenues	\$54,985	\$54,985	\$54,985	\$164,955				
35	Full Time Equivalent (FTE)	0.50	0.50	0.50	0.50				
37	Prepared by: Anne Bolla, Director of Finance & Administration 6/1/2016								
38	HSA-CO Review Signature:								
39	HSA #1 11/15/2007								

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1 2 3 4	Appendix B, Page 2 Document Date:										
5											
6											
7	Salaries & Benefits Detail										
9		400									
10											
11		Agency 7	otais	For HSA	Program	For HSA Program	For HSA Program	For HSA Program	TOTAL		
		Annual Full TimeSalary	Total %		Adjusted						
12	POSITION TITLE	for FTE	FTE	% FTE	FTE	Budgeted Salary	Budgeted Salary	Budgeted Salary	7/1/16 - 6/30/19		
13	Associate Agency Director	\$105,405	100.0%	2.5%	2.5%	\$2,635	\$2,635	\$2,635	\$7,905		
14	SafeCare Program Director	\$71,105	100.0%	20.0%	20.0%	\$14,221	\$14,221	\$14,221	\$42,663		
15	Program Specialist/Home Visitor	\$43,705	100.0%	25.0%	25.0%	\$10,926	\$10,926	\$10,926	\$32,778		
16	Office Manager	\$42,645	100.0%	2.8%	2.8%	\$1,194	\$1,194	\$1,194	\$3,582		
17											
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26				2.50	0.50	800.070	600.070	#20.07C	\$00 000		
27 28	TOTALS		4.00	0.50	0.50	\$28,976	\$28,976	\$28,976	\$86,928		
29	FRINGE BENEFIT RATE		23.4%								
30	EMPLOYEE FRINGE BENEFITS				11/10	\$6,784	6,784	\$6,784	\$20,352		
31 32											
-	TOTAL SALARIES & BENEFITS	\$0	SAME OF	MEURES		\$35,760	\$35,760	\$35,760	\$107,280		
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1 2 3 4						Appendix B, Page Document Date:	3	6/1/2016
6 7	Program: SafeCare Training - DPH Nurses Operating Expense Detail							
9 10								
11 12	Expenditure Ca	ategory		TERM	Operating Budget 7/1/16-6/30/17	Operating Budget 7/1/17-6/30/18	Operating Budget 7/1/18-6/30/19	TOTAL 7/1/16 - 6/30/19
13	Rental of Prop	ertv			\$3,693	\$3,693	\$3,693	\$11,079
		-	none, Scavenge	er)	\$587	\$587	\$587	\$1,761
	Office Supplies				\$744	\$744	\$744	\$2,232
	Building Mainte		es and Repair		\$144	\$144	\$144	\$432
	Printing and Re				\$984	\$984	\$984	\$2,952
	Insurance				\$162	\$162	\$162	\$486
\Box	Staff Training				\$596	\$596	\$596	\$1,788
	Staff Travel-(L	ocal & Out of 3	Fown)		\$129	\$129	\$129	\$387
	Rental of Equi		,		\$152	\$152	\$152	\$456
			R DESCRIPTIVE T	TLE				
24	Computer Con	sultant		•	\$572	\$572	\$572	\$1,716
25					\$0	\$0	\$0	\$0
26								
	OTHER	0 = :			\$389	\$389	\$389	\$1,167
	Small Furniture	e & Equipmen			\$96	\$96	\$96	\$288
	Depreciation Vehicle Gas, N	Anintenance &	Fees		\$0	\$0	\$0	\$0
	Advertising/Re		1 000		\$25	\$25	\$25	\$75
	Employee Cos			-	\$26	\$26	\$26	\$78
	Meetings/Orie				\$127	\$127	\$127	\$381
	Client Needs				\$0	\$0	\$0	\$0
	Program Supp	lies			\$2,400	\$2,400	\$2,400	\$7,200
36	Memberships,	Subscriptions	& Publications	-	\$11	\$11	\$11	\$33
37	TOTAL OPER	ATING EXPE	NSE	_	\$10,837	\$10,837	\$10,837	\$32,511
38								
39	Total							11/15/2007