City and County of San Francisco



Edwin M. Lee, Mayor

Human Services Agency

Department of Human Services Department of Aging and Adult Services

Trent Rhorer, Executive Director

MEMORANDUM

TO:	AGING & ADULT SERVICES COMMISSION						
THROUGH:	SHIREEN MCSPADDEN, EXECUTIVE DIRECTOR						
FROM:	MELISSA MCGEE, INTERIM DEPUTY DIRECTOR JOHN TSUTAKAWA, DIRECTOR OF CONTRACTS () K						
DATE:	SEPTEMBER 7, 2016						
SUBJECT:	PROVISION ANIMAL BO	OF SOCIA ONDING SE AND TRAN	L ISOLATIO RVICES FONSGENDER	CT (NON-PROFI ON PREVENTIO OR LESBIAN, GA (LGBT) SENIOI	N AND AY,		
GRANT TERM:	SEPTEMBE	R 1, 2016 to	JUNE 30, 2	018			
GRANT AMOUNTS:	Please see table below.						
FUNDING SOURCE: TOTAL FUNDING: FUNDING PERCENTAGE:	<u>County</u> \$840,000 100%	<u>State</u> \$0 0%	Federal \$0 0%	Contingency \$84,000	<u>Total</u> \$924,000 100%		

The Department of Aging and Adult Services requests authorization to enter into new grant agreements with Shanti Project for the time period beginning September 1, 2016 and ending June 30, 2018, in the amount of \$840,000 plus a 10% contingency of \$84,000 for a total not to exceed amount of \$924,000. The purpose of these grants is to provide Social Isolation Prevention and Animal Bonding Services to Lesbian, Gay, Bisexual, and Transgender (LGBT) Seniors and Adults with Disabilities (AWD).

Program	Contract Amount 09/01/16-06/30/17	Contract Amount 07/01/17-06/30/18	Contingency	Total Amount
Social Isolation Prevention	\$320,000	\$320,000	\$64,000	\$704,000
Animal Bonding Services	\$200,000		\$20,000	\$220,000
Total	\$520,000	\$320,000	\$84,000	\$924,000

Background

The San Francisco LGBT Aging Policy Task Force was convened in 2012 by the Board of Supervisors to evaluate the needs of LGBT seniors, to assess the capacity of the current support system to meet those needs, and to make recommendations to address any unmet needs. As a result of their work, "LGBT Aging at the Golden Gate: San Francisco Policy Issues and Recommendations," was issued by the Task Force in March 2014.

Findings from the Task Force report indicate that LGBT older adults, when compared to those who identify with the heterosexual population, live with higher rates of physical disabilities, are more likely to live alone, lack companionship, and have lower levels of social support—factors which lead to significantly higher rates of social isolation, depression, anxiety, and suicide ideation. The Task Force reviewed services available in San Francisco which address these issues and found such services be lacking, resulting in the Task Force's recommendation of establishment of new programming to address this growing community need. In particular, the Task Force recommended a program design which utilizes care navigation and peer volunteer support, models of service delivery which have had a history of success.

Through the Board of Supervisors add-back budgeting process, \$200,000 was allocated on a onetime-only basis (for FY16/17) to support programming related to social isolation and animal bonding services for LGBT Seniors and Adults with Disabilities.

Services to be Provided – Social Isolation Prevention

Grantee will develop and implement a program utilizing 1) care navigation, 2) peer support, and 3) supportive programming in order to address the emotional, behavioral, health, and social isolation challenges faced by lesbian, gay, bisexual, and transgender seniors and adults with disabilities.

1) Care Navigators serve as the main point of contact for clients, and provide services which include intake, follow up, ongoing assessment and care coordination, information and referral, and drop-in facilitation. Care Navigators will also help with the development and utilization of peer support volunteers who, in turn, help support clients participating in the program.

2) Peer Support Volunteers will provide outreach and supportive services for clients participating in the program. Services include emotional and practical support via regular interactions with clients such as social visits, accompaniment to appointments or events, and other assistance.

3) Support Programming will create and increase the number of connective programs that support and enhance the emotional and behavioral wellbeing of underserved LGBT seniors and adults with disabilities. These connective programs shall consist of: individual emotional and behavioral support, peer support groups, social activities, and outreach, education, and early intervention programs.

For more specific information regarding the services to be provided, please refer to the attached Appendix A-1.

Services to be Provided – Animal Bonding

Grantee will utilize a similar model to that of social isolation prevention services, which are based on care navigation and peer support volunteers, for delivery of animal companion support services and resources. Care Navigation and Peer Support Volunteer services are detailed above; within the

animal bonding services context, these services have an increased pet focus. Staff and volunteers work to connect clients and their pets to the pet food bank, pet health and maintenance services, help with walks and exercise for pets, and other assistance as needed.

For more specific information regarding the services to be provided, please refer to the attached Appendix A-2.

Selection

Grantee was selected through RFP (Request for Proposals) #701, which was issued in May 2016.

Funding

This grant will be funded entirely through City and County funds.

Attachments

Appendix A-1: Services to be Provided – Social Isolation Prevention for LGBT Seniors/AWD Appendix B-1: Budget – Social Isolation Prevention for LGBT Seniors/AWD

Appendix A-2: Services to be Provided – Animal Bonding Services for Isolated LGBT Seniors/AWD Appendix B-2: Budget – Animal Bonding Services for Isolated LGBT Seniors/AWD

APPENDIX A-1: SERVICES TO BE PROVIDED Shanti Project Social Isolation Prevention Services for LGBT Seniors and Adults with Disabilities September 1, 2016 to June 30, 2018

I. Purpose

Limited supportive services are available to address the emotional, behavioral, health, and social isolation challenges faced by lesbian, gay, bisexual, and transgender seniors and adults with disabilities. This grant seeks to address these issues through the development and implementation of a program utilizing 1) care navigation, 2) peer support, and 3) supportive programming.

II. Definitions

Adult with Disability (AWD)	Person 18 years of age or older living with a disability.
Care Navigation	Includes the following: intake, follow up, on-going assessment, information and referral, on-going care coordination, matching and support of client-volunteer peer support matches, facilitation of peer support volunteer trainings, facilitation of drop-in services, support group facilitation, peer-based psychosocial support (including practical assistance and emotional support).
DAAS	Department of Aging and Adult Services
Frail	An older individual that is determined to be functionally impaired because the individual either: (a) Is unable to perform at least two activities of daily living, including bathing, toileting, dressing, feeding, breathing, transferring and mobility and associated tasks, without substantial human assistance, including verbal reminding, physical cueing or supervision. (b) Due to a cognitive or other mental impairment, requires substantial supervision because the older individual behaves in a manner that poses a serious health or safety hazard to the individual or others.
Grantee	Shanti Project

HSA	Human Services Agency
Isolation	For the purpose of this program, isolation is defined as combination of 2 or more of the following factors: self- reported feelings of isolation, mild to moderate depression, lack of natural or reliable supports, chronic illness or conditions, need for emotional and practical support, lack of engagement with available community- based, natural or social supports, and other additional factors that indicate 1:1 in home and wraparound support would be beneficial
LGBT	Lesbian, Gay, Bisexual, Transgender
OOA	Office on the Aging
Peer Support	Includes the use of paid staff, student-interns, and peer support volunteers. Peer support services include emotional and practical support via regular interactions with clients such as social visits, accompaniment to appointments or events, and other assistance.
Senior	Person who is over 60 years old
Subgrantee	Curry Senior Center
Supportive Programming	Includes individual emotional and behavioral support, peer support groups (including abstinence-based and substance-use management groups), and social activities; outreach, education, and early intervention programs.

III. Target Population

Isolated LGBT seniors and adults with disabilities who are residents of the San Francisco.

Services must also target clients who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited –English speaking
- Minority
- Frail

IV. Description of Services / Units of Service

In response to the LGBT Aging Task Force finding that there are limited support services for LGBT older adults and following in the LGBT Aging Task Force recommendations, this program seeks to blend the following three proven models of service to address the emotional, practical and behavioral health needs of LGBT Seniors.

A. <u>Care Navigation</u>: Care Navigators serve as the main point of contact for clients, and provide services which include but are not limited to intake, follow up, ongoing assessment and care coordination, information and referral, and drop-in facilitation. Care Navigators will also help with the development and utilization of peer support volunteers who, in turn, help support clients participating in the program. Care Navigators will match peer support volunteers with clients and assist with facilitation of peer support volunteer trainings, support group facilitation, and peer-based psychosocial support (including practical assistance and emotional support).

Care Navigator qualifications are based on expertise in providing harm reduction-based coordination, advocacy, and/or psychosocial support to at-risk communities, and therefore these positions are not required to have specific licensure or graduate-level training. Care Navigators are evaluated for experience and competence in serving severe need populations and targeted communities.

B. <u>Peer Support</u>: Peer Support Volunteers provide outreach and supportive services for isolated, underserved LGBT seniors and AWD living with emotional and behavioral health challenges. Use of a peer support network provides an innovative service delivery framework for a target population that may be reluctant to seek traditional health and social services due to a history of discrimination and marginalization.

Grantee will develop an assessment and training program for Peer Volunteers prior to matching them to clients. Assessment should include evaluation of a volunteer's physical and mental health status and ability to provide support as intended by this program element. Training should be comprehensive and cover cultural competency, boundaries, Aging 101, the grieving process, suicide ideation, clinical issues (including cognitive impairment), psychosocial issues, harm reduction models, and the peer counseling/support model.

C. <u>Support Programming</u>: This program also seeks to create and increase the number of connective programs that support and enhance the emotional and behavioral wellbeing of underserved LGBT older adults. These connective programs shall consist of:

1) individual emotional and behavioral support,

2) peer support groups, including abstinence-based and substance-use management groups, social activities, and

3) outreach, education, and early intervention programs

Support programming will primarily be provided via subgrant with Curry Senior Center, which currently offers LGBT-specific community services. Curry will develop,

coordinate, and implement connective programs, and perform outreach to the wider Tenderloin and South of Market communities to engage the target population.

In delivery of the above program model, the following units of service will be used to help measure program performance:

1) <u>Unduplicated Consumers</u>. Grantee will provide services to consumers which consist of the target population.

UNIT: One unduplicated consumer.

2) <u>Care Navigation</u>. Grantee will provide Care Navigation services, consisting of: intake, follow up, on-going assessment, information and referral, on-going care coordination, matching and support of client-volunteer peer support matches, facilitation of peer support volunteer trainings, facilitation of drop-in services, support group facilitation, peer-based psychosocial support (including practical assistance and emotional support).

UNIT: One hour of Care Navigation services.

3) <u>Volunteer Recruitment and Development</u>. The service model includes volunteers that are trained and then assigned to work with consumers. Conduct outreach to draw volunteers who will then undergo formal training and will make a specified minimum time commitment to the program.

UNIT: One volunteer.

4) <u>Peer Support</u>. Grantee will train, coordinate, and provide peer support through the use of paid staff, student-interns, and peer support volunteers. Peer support services include emotional and practical support via regular interactions with clients such as social visits, accompaniment to appointments or events, and other assistance.

UNIT: One hour of Peer Support to consumers.

5) <u>Support Programming</u>. Includes individual emotional and behavioral support, peer support groups (including abstinence-based and substance-use management groups), and social activities; outreach, education, and early intervention programs.

UNIT: One hour of Support Programming.

V. Location and Time of Services

Details of the sites and operation hours are as attached in the Site Chart (Appendix F.)

VI. Service Objectives

For the period September 1, 2016 - June 30, 2017, Grantee will:

- Provide program services for at least <u>75</u> unduplicated consumers.
- Provide at least <u>2620</u> hours of Care Navigation to consumers.
- Provide Volunteer Recruitment and Development services to at least 20 volunteers.
- Provide at least **2085** Peer Support hours to consumers, delivered by trained peer support volunteers.
- Provide at least <u>250</u> hours of Support Programming to consumers, in collaboration with Curry Senior Center and other community partners including Project Open Hand, AIDS Housing Alliance, SFAF 5-Plus, and Lyon Martin Health Services.
- At least <u>thirty-five percent</u> (35%) of consumers will respond to an annual consumer satisfaction survey.
- At least <u>fifty percent</u> (50%) of peer support volunteers will respond to an annual consumer satisfaction survey.

* Service units reflect a pro-rated total covering a 10-month (as opposed to 12-month) service period in the first year of the grant.

For FY 17/18, Grantee will:

- Provide program services for at least <u>90</u> unduplicated consumers.
- Provide at least **1650** hours of Care Navigation to consumers.
- Provide Volunteer Recruitment and Development services to at least 44 volunteers.
- Provide at least <u>4400</u> Peer Support hours to consumers, delivered by trained peer support volunteers.
- Provide at least <u>300</u> hours of Support Programming to consumers, in collaboration with Curry Senior Center and other community partners including Project Open Hand, AIDS Housing Alliance, SFAF 5-Plus, and Lyon Martin Health Services.
- At least <u>thirty-five percent</u> (35%) of consumers will respond to an annual consumer satisfaction survey.
- At least <u>fifty percent</u> (50%) of peer support volunteers will respond to an annual consumer satisfaction survey.

VII. Outcome Objectives

- At least <u>seventy percent</u> (70%) of consumers responding to an annual consumer satisfaction survey will be satisfied (or better) with services and find it beneficial to them.
- At least <u>seventy percent</u> (70%) of peer support volunteers responding to an annual consumer satisfaction survey report that their training was comprehensive and helpful to their program role.
- At least <u>seventy percent</u> (70%) of consumers will demonstrate reduced isolation by their engagement in care navigation, volunteer peer support activities, or supportive programming.

VIII. Reporting Requirements

- A. Grantee will enter into CA-GetCare the consumer data including the Intake Form by the 5th working day of the month for the preceding month's services.
- B. Grantee will enter into CA-GetCare all the units of service in the Service Recording Tool by the 5th working day of the month for the preceding month.
- C. Monthly reports must be entered into the Contracts Administration, Billing and Reporting Online (CARBON) system for each unit of service delivered during the reporting period for each service listed in Section VI.
- D. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31 of the following fiscal year. This report must be submitted to the CARBON system.
- E. Grantee will be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules. For specific compliance requirements, please refer to Appendices within the Grant Agreement.
- F. Grantee program staff will complete the California Department of Aging (CDA) Security Awareness Training on an annual basis; Grantee will maintain evidence of staff completion of this training.
- G. Grantee will provide an annual consumer satisfaction survey report to OOA by March 15 each grant year.
- H. Grantee shall develop and deliver ad hoc reports as requested by HSA.
- I. Grantee will develop and maintain with OOA's approval, an updated Site Chart (using OOA's format) with details about the program.

J. For assistance with reporting requirements or submission of reports, please contact:

Victoria Chan, Contract Manager Human Services Agency P.O. Box 7988 San Francisco, CA 94120-7988 E-mail: victoria.chan@sfgov.org Michael Zaugg, Program Analyst Office on the Aging 1650 Mission Street, 5th floor San Francisco, CA 94103 Email: <u>michael.zaugg@sfgov.org</u>

IX. Monitoring Activities

- A. Program Monitoring: Program monitoring will include review of compliance to specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; program operation, which includes a review of a written policies and procedures manual of all OOA funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; board of director list; and whether services are provided appropriately according to Sections IV, VI and VII.
- B. Fiscal Compliance and Contract Monitoring: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

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2			Docum	ent Date: 08/24/2016			
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5	Name			erm			
6	Shanti Project 09/01/2016 - 06/30/2018						
7	(Check One) New X_ Renewal	Modification					
8	If modification, Effective Date of Mod.						
	Program: Isolation Prevention Services		and Adults with Dis	abilities			
	Budget Reference Page No.(s)	9/1/16-06/30/17	7/1/17-06/30/18	Total			
11	Program Term Expenditures	9/1/10-00/30/17	11111-00/00/10				
	Salaries & Benefits	\$205,621	\$205,333	\$410,954			
	Operating Expense	\$87,957	\$88,245	\$176,202			
	Subtotal	\$293,578	\$293,578	\$587,156			
	Indirect Percentage (%)	9%	9%	9%			
	Indirect Cost (Line 16 X Line 15)	\$26,422	\$26,422	\$52,844			
	Capital Expenditure	\$0	\$0	\$0			
	Total Expenditures	\$320,000	\$320,000	\$640,000			
20	HSA Revenues	+020,000					
21	General Fund	\$320,000	\$320,000	\$640,000			
22	General i unu		+020,000				
23							
24			Î				
25				-			
26							
27	TOTAL HSA REVENUES	\$320,000	\$320,000	\$640,000			
28	Other Revenues						
29	Private donations	\$25,000	\$25,000	\$50,000			
30							
31							
32							
33							
34	Total Revenues	\$345,000	\$345,000	\$690,000			
35	Full Time Equivalent (FTE)	3.32	3.50	6.82			
37	Prepared by: Bruce Campbell		Telephone No.:				
38	HSA-CO Review Signature:			s			
39	HSA #1			11/15/2007			

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3	1									
4	Program: Isolation Prevention Services for L	GBT Seniors an	d Adults wi	th Disabilit	ies					
5	(Same as Line 9 on HSA #1)									
6	4					1000 000				
7	1		Salari	es & Be	nefits De	etail				
8										
9						9/1/16-06/30/17			7/1/17-06/30/18	
10		Agency	Totals	ForHSA	Program	For DHS Program	For HSA	Program	For DHS Program	TOTAL
11		Annual Full		101110	l	1 of Dirio Program	1 0. 110.			
		TimeSalary	Total %		Adjusted			Adjusted		
12	POSITION TITLE	for FTE	FTE	% FTE	FTE	Budgeted Salary	% FTE	FTE	Budgeted Salary	9/1/16 to 6/30/18
13	Program Manager	\$70,000	100%	83%	83%	\$58,333	100%	100%	\$70,000	\$128,333
14	Volunteer Services Coordinator	\$44,990	100%	44%	44%	\$19,985	53%	53%	\$23,982	\$43,967
15	In-Kind Volunteer Services Coordinator	\$44,490	100%	39%	39%	\$0	47%	47%	\$0	\$0
16	Care Navigator	\$43,992	100%	42%	42%	\$18,330	50%	50%	\$21,996	\$40,326
17	VS Manager	\$61,284	100%	21%	21%	\$12,767	25%	25%	\$15,321	\$28,088
18	Senior Care Navigator and Trainer	\$55,000	100%	63%	63%	\$34,375	75%	75%	\$41,250	\$75,625
19	Executive & Programs Assistant	\$56,000	100%	20%	20%	\$11,200				\$11,200
20	Deputy Executive Director	\$110,000	100%	6%	6%	\$6,600				\$6,600
21	Volunteer Services Director	\$80,000	100%	14%	14%	\$11,200				\$11,200
22										
23										
24										
25										
26										
27										
28										
29	TOTALS	\$565,756	8.00	3 32	3.32	\$172,791	3 50	3.50	\$172,549	\$345,340
30 31	FRINGE BENEFIT RATE	19%							r	
	EMPLOYEE FRINGE BENEFITS	\$107,493	Sec. 1	1910225	A.42.85	\$32,830		2 	\$32,784	\$65,614
33 34										
_	TOTAL SALARIES & BENEFITS	\$673,249				\$205,621			\$205,333	\$410,954
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4		e 9 on HSA #1)		LGBI	seniors and a	Aduits	with Disabilities		
6									
7	-			Ope	rating Exp	pense	Detail		
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10	1								
11	Expenditure C	ategory		TERM	9/1/16-06/3	0/17	7/1/17-06/30/18		TOTAL
	Occupancy/Re		V			922	\$10,210		\$20,132
	Utilities(Elec, V			aer)		310	\$310		\$620
	Office Supplies			J - /		980	\$980	-	\$1,960
	Building Mainte		es and Repair		\$1,6	500	\$1,600	-	\$3,200
	Communicatio				\$5	550	\$550		\$1,100
	Printing and Re				\$3	325	\$325		\$650
	Insurance				\$1,4	450	\$1,450		\$2,900
20	Staff Training								
21	Staff Travel-(Lo	ocal & Out of T	own)	-					
22	Rental of Equip	oment		-	\$9	950	\$950		\$1,900
23	CONSULTANT/SU	JBCONTRACTOR	DESCRIPTIVE	TITLE					
24	Curry Senior C	enter Subcont	ract		\$46,8	370	\$46,870		\$93,740
25									
26 27									
28									
29	OTHER								
30	LGBT Senior/A	WD Outreach	Advertising	-	\$25,0	000	\$25,000		\$50,000
31				- 5					
32 33									
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35								-	
36							7.		
37								-	
38		ana ang ang ang ang ang ang ang ang ang					000 045		\$176 000
	TOTAL OPERA	ATING EXPEN	SE	-	\$87,9	5/	\$88,245		\$176,202
40									11/15/2007
41	HSA #3								11/15/2007

APPENDIX A-2: SERVICES TO BE PROVIDED Shanti Project / PAWS Animal Bonding Services for Isolated LGBT Seniors and Adults with Disabilities September 1, 2016 to June 30, 2017

I. Purpose

The purpose of this grant is to provide animal bonding services to isolated LGBT Seniors and Adults with Disabilities. Pets are a powerful source of companionship and support for their pet owners, but can easily become a liability to low-income and frail individuals. Sustaining the human-animal bond can be critical to the health and well-being of those individuals. This grant seeks to address these issues through care navigation, peer support, and pet care resources.

II. Definitions

Adult with Disability (AWD)	Person 18 years of age or older living with a disability.
Care Navigation	Includes the following: intake, follow up, on-going assessment, information and referral, on-going care coordination, matching and support of client-volunteer peer support matches, facilitation of peer support volunteer trainings, facilitation of drop-in services, support group facilitation, peer-based psychosocial support (including practical assistance and emotional support).
DAAS	Department of Aging and Adult Services
Frail	An older individual that is determined to be functionally impaired because the individual either: (a) Is unable to perform at least two activities of daily living, including bathing, toileting, dressing, feeding, breathing, transferring and mobility and associated tasks, without substantial human assistance, including verbal reminding, physical cueing or supervision. (b) Due to a cognitive or other mental impairment, requires substantial supervision because the older individual behaves in a manner that poses a serious health or safety hazard to the individual or others.
	$(1 + 1)$ $D = 1 + 1$ $D = 1 + 1$ $W = 1 + 6 + 1$ $Q = 1 + 6 + 1$ $(9D \land W/Q'')$

Grantee

Shanti Project / Pets Are Wonderful Support ("PAWS")

HSA	Human Services Agency
Isolation	For the purpose of this program, isolation is defined as combination of 2 or more of the following factors: self- reported feelings of isolation, mild to moderate depression, lack of natural or reliable supports, chronic illness or conditions, need for emotional and practical support, lack of engagement with available community- based, natural or social supports, and other additional factors that indicate 1:1 in home and wraparound support would be beneficial
LGBT	Lesbian, Gay, Bisexual, Transgender
OOA	Office on the Aging
Peer Support	Includes the use of paid staff, student-interns, and peer support volunteers. Peer support services include emotional and practical support via regular interactions with clients such as social visits, accompaniment to appointments or events, and other assistance.
Senior	Person who is over 60 years old

III. Target Population

Isolated LGBT seniors and adults with disabilities, with pets, who are residents of San Francisco.

Services must also target clients who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited –English speaking
- Minority
- Frail

IV. Description of Services / Units of Service

In recognition of the strong support a pet can provide for an isolated individual, this program seeks to blend the following proven models of service to both address the social, emotional, practical, and behavioral health needs of isolated LGBT Seniors and to provide support to their animal companions.

A. <u>Care Navigation</u>: Care Navigators serve as the main point of contact for clients, and provide services which include but are not limited to intake, follow up, ongoing

Page 2

assessment and care coordination, information and referral, and drop-in facilitation. Care Navigators will also help with the development and utilization of peer support volunteers who, in turn, help support clients participating in the program. Care Navigators will match peer support volunteers with clients and assist with facilitation and dedication of pet care services and resources, peer support volunteer trainings, and peer-based psychosocial support.

Care Navigator qualifications are based on expertise in providing harm reduction-based coordination, advocacy, and/or psychosocial support to at-risk communities, and therefore these positions are not required to have specific licensure or graduate-level training. Care Navigators are evaluated for experience and competence in serving severe need populations and targeted communities.

B. <u>Peer Support</u>: Peer Support Volunteers provide outreach and supportive services for isolated, underserved LGBT seniors and adults with disabilities who need pet support services. Use of a peer support network provides an innovative service delivery framework for a target population that may be reluctant to seek support services for themselves or their animal companions due to a history of discrimination and marginalization.

Grantee will develop an assessment and training program for Peer Volunteers prior to matching them to clients. Assessment should include evaluation of a volunteer's physical and mental health status and ability to provide support as intended by this program element. Training should be comprehensive; suggested topics could include animal care basics, cultural competency, boundaries, Aging 101, the grieving process, suicide ideation, clinical issues (including cognitive impairment), psychosocial issues, harm reduction models, and the peer counseling/support model.

Through intake and assessment, Grantee will determine pet care resources that best fit each client's needs. Current available care options, which are largely leveraged by Shanti from other financial resources, include but are not limited to the following:

- Pet Food Bank: Clients are entitled to one visit every 4 weeks. Homebound clients can register for the food delivery program. Prescription food is also available with a vet prescription.
- Annual Wellness Exam: Each registered pet may receive one free exam and a set of vaccinations each year at Pets Unlimited. Clients may also qualify for financial assistance with veterinary services, emergency pet services, and diagnostics like x-rays or biopsies.
- Supportive Pet Care Services: dog walking (regular exercise for pets whose guardians are homebound); in-home cat care (litterbox maintenance or feeding); transportation (to and from veterinary appointments); emergency foster care (during client emergencies, such as client hospitalization or loss of housing)

In delivery of the above program model, the following units of service will be used to help measure program performance:

1) <u>Unduplicated Consumers</u>. Grantee will provide services to consumers which consist of the target population.

UNIT: One unduplicated consumer.

2) <u>Care Navigation</u>. Grantee will provide Care Navigation services, consisting of: intake, follow up, on-going assessment, information and referral, on-going care coordination, matching and support of client-volunteer peer support matches, coordinating pet-focused volunteers to assist with the needs of clients' pets, facilitation of peer support volunteer trainings, facilitation of drop-in services, support group facilitation, peer-based psychosocial support (including practical assistance and emotional support).

UNIT: One hour of Care Navigation services.

3) <u>Volunteer Recruitment and Development</u>. The service model includes volunteers that are trained and then assigned to work with clients and their pets. Conduct outreach to draw volunteers who will then undergo formal training and will make a specified minimum time commitment to the program.

UNIT: One volunteer.

4) <u>Peer Support</u>. Grantee will provide peer support through the use of paid staff, studentinterns, and peer support volunteers. Peer support services include social, emotional, and practical support via regular interactions with clients; and assistance with pets such as walking/exercise, maintenance, administration of medications, and emergency foster care.

UNIT: One hour of Peer Support to consumers.

V. Location and Time of Services

Details of the sites and operation hours are as attached in the Site Chart (Appendix F.)

VI. Service Objectives

For the period September 1, 2016 – June 30, 2017, Grantee will:

- Provide program services for at least <u>50</u> unduplicated consumers.
- Provide at least <u>625</u> hours of Care Navigation to consumers.
- Provide Volunteer Recruitment and Development services to at least 20 volunteers.

- Provide at least <u>2075</u> Peer Support hours to consumers, delivered by trained peer support volunteers.
- At least <u>thirty-five percent</u> (35%) of consumers will respond to an annual consumer satisfaction survey.
- At least <u>fifty percent</u> (50%) of peer support volunteers will respond to an annual consumer satisfaction survey.

VII. Outcome Objectives

- At least <u>seventy percent</u> (70%) of consumers responding to an annual consumer satisfaction survey will be satisfied (or better) with services and find it beneficial to them.
- At least <u>seventy percent</u> (70%) of peer support volunteers responding to an annual consumer satisfaction survey report that their training was comprehensive and helpful to their program role.
- At least <u>seventy percent</u> (70%) of consumers will demonstrate reduced isolation by their engagement in care navigation, volunteer peer support activities, and animal support services.

VIII. Reporting Requirements

- A. Grantee will enter into CA-GetCare the consumer data including the Intake Form by the 5th working day of the month for the preceding month's services.
- B. Grantee will enter into CA-GetCare all the units of service in the Service Recording Tool by the 5th working day of the month for the preceding month.
- C. Monthly reports must be entered into the Contracts Administration, Billing and Reporting Online (CARBON) system for each unit of service delivered during the reporting period for each service listed in Section VI.
- D. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31 of the following fiscal year. This report must be submitted to the CARBON system.
- E. Grantee will be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules. For specific compliance requirements, please refer to Appendices within the Grant Agreement.
- F. Grantee program staff will complete the California Department of Aging (CDA) Security Awareness Training on an annual basis; Grantee will maintain evidence of staff completion of this training.

- G. Grantee will provide an annual consumer satisfaction survey report to OOA by March 15 each grant year.
- H. Grantee shall develop and deliver ad hoc reports as requested by HSA.
- I. Grantee will develop and maintain with OOA's approval, an updated Site Chart (using OOA's format) with details about the program.
- J. For assistance with reporting requirements or submission of reports, please contact:

Victoria Chan, Contract Manager Human Services Agency P.O. Box 7988 San Francisco, CA 94120-7988 E-mail: <u>victoria.chan@sfgov.org</u> Michael Zaugg, Program Analyst Office on the Aging 1650 Mission Street, 5th Floor San Francisco, CA 94103 Email: michael.zaugg@sfgov.org

IX. Monitoring Activities

- A. <u>Program Monitoring</u>: Program monitoring will include review of compliance to specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; program operation, which includes a review of a written policies and procedures manual of all OOA funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; board of director list; and whether services are provided appropriately according to Sections IV, VI, and VII.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

	A	В	С
1			Appendix B-2, p
2		D	ocument Date: 08/24/20
3	_		
4	HUMAN SERVICES AGENO	Y BUDGET SUMMARY	(
5		BY PROGRAM	
6	Name		
7	Shanti Project		
8		Modification	
9	If modification, Effective Date of Mod.		
10	Program: Animal Bonding Services for Isolated	LGBT Seniors and Adults w	vith Disabilities
	Budget Reference Page No.(s)	-	
	Program Term	9/1/16-06/30/17	Total
13			
14	Salaries & Benefits	\$169,090	\$169,09
15	Operating Expense	\$14,396	\$14,39
16	Subtotal	\$183,486	\$183,48
17	Indirect Percentage (%)	9%	9
	Indirect Cost (Line 16 X Line 15)	\$16,514	\$16,51
	Capital Expenditure	\$0	9
	Total Expenditures	\$200,000	\$200,00
21	HSA Revenues		
22	General Fund	\$200,000	\$200,00
23			
24			
25			
26			
27			
28	TOTAL HSA REVENUES	\$200,000	\$200,00
29	Other Revenues		And
30			
31			
32			
33			
34			
35	Total Revenues	\$200,000	\$200,00
36	Full Time Equivalent (FTE)	2.97	2.5
38	Prepared by: Bruce Campbell		
39	HSA-CO Review Signature:		
40	HSA #1		11/15/20

	A	В	С	D	E	F	G
1						Dec	Appendix B-2, p.2 sument Date: 08/24/2016
2	-					Doc	ument Date. 00/24/2010
4	Program: Animal Bonding Services for Isola	ated LGBT Ser	iors and A	dults with	Disabilities		
5	(Same as Line 9 on HSA #1)						
6							
7			Salari	es & Bei	nefits Deta	ail	
8							
9						9/1/16-06/30/17	
10		Agency 1	Totals	For HS	A Program	For HSA Program	TOTAL
11		Annual Full	otuto				
		TimeSalary	Total %		Adjusted FTE	Budgeted Salary	7/1/16 to 6/30/18
12	POSITION TITLE	for FTE	FTE	% FTE			
13	Care Navigator/Volunteer Coordinator	\$43,992	100%	42%	42%	\$18,330	\$18,330
14	Care Navigator/Volunteer Coordinator	\$43,992	100%	83%	83%	\$36,660	\$36,660
15	Food Bank & Facilities Manager	\$60,000	100%	83%	83%	\$50,000	\$50,000
16	Program Admin Assistant	\$41,600	100%	83%	83%	\$34,667	\$34,667
17	Volunteer Director	\$85,000	100%	5%	5%	\$4,250	\$4,250
18							
19							
20							
21							
22							
23							
24							
25							
26							
27							
28							
29	TOTALS	\$274,584	5.00	2.97	2.97	\$143,907	\$143,907
30 31	FRINGE BENEFIT RATE	17%				T	
	EMPLOYEE FRINGE BENEFITS	\$48,052	Y and the second			\$25,183	\$25,183
33 34							
	TOTAL SALARIES & BENEFITS	\$322,636				\$169,090	\$169,090
							11/15/2007
30	HSA #2						

	A	В	С	D	E	F	G
1		L		-			idix B-2, p.3
2	-				Do	cument Da	te: 08/24/2016
4	- Program: Anin	nal Bonding Se	rvices for Isol	ated LGE	3T Seniors and Adul	ts with Disa	abilities
5		9 on HSA #1)					
6				0	ating Exponded	Dotail	
7	-			Oper	rating Expense	Detail	
9	-						
10 11							TOTAL
	Expenditure C	ategory		TERM	9/1/16-06/30/17		
	Occupancy/Re			-	\$8,910	_	\$8,910
14	Utilities(Elec, V	Vater, Gas, Pho	one, Scaveng	er)	\$276	_	\$276
15	Office Supplies	s, Postage			\$872		\$872
16	Building Mainte	enance Supplie	s and Repair		\$1,424		\$1,424
17	Communicatio	ns			\$490		\$490
18	Printing and Re	eproduction		_	\$289		\$289
19	Insurance				\$1,289		\$1,289
	Staff Training			_			
21	Staff Travel-(Lo	ocal & Out of To	own)				
22	Rental of Equip	oment		-	\$846	-	\$846
23	CONSULTANT/SL	BCONTRACTOR	DESCRIPTIVE 1	TTLE			
24							
25 26							
7				- ' -		-	
8							
29	OTHER						
30						-	
31							
32							
33							
4							
5							
37	TOTAL OPERA		SF		\$14,396		\$14,396
				-			and a set in the set
38							11/15/2007
39	HSA #3						