**City and County of San Francisco** 

Human Services Agency Department of Human Services

Department of Aging and Adult Services Office of Early Care and Education

London Breed, Mayor

Trent Rhorer, Executive Director

#### **MEMORANDUM**

TO:	AGING & ADULT SERVICES COMMISSION														
THROUGH:	SHIREEN MCSPADDEN, EXECUTIVE DIRECTOR														
FROM:	CINDY KAUF JOHN TSUTA	FMAN, DEPUT KAWA, DIREC	TY DIRECTOR	RACTS JT											
DATE:	MAY 1, 2019		9 <u>.</u>												
SUBJECT:	GRANT MODIFICATION: <b>FELTON INSTITUTE</b> (NON-PROFIT) FO PROVISION OF THE SENIOR COMPANION PROGRAM														
GRANT TERM:	<u>Current</u> 7/1/16- 6/30/19	<u>Modification</u> 7/1/19- 6/30/20	<u>Revised</u> 7/1/16- 6/30/20	Contingency	<u>Total</u>										
GRANT AMOUNT:	\$255,563	\$87,300	\$342,863	\$34,286	\$377,149										
ANNUAL AMOUNT:	<u>FY16/17</u> \$83,093	<u>FY17/18</u> \$85,170	<u>FY18/19</u> \$87,300	<u>FY 19/20</u> \$87,300											
FUNDING	<u>County</u>	State	<u>Federal</u>	Contingency	<u>Total</u>										
SOURCE MODIFICATION	\$87,300			\$8,730	\$96,030										
FUNDING: PERCENTAGE:	100%				100%										

The Department of Aging and Adult Services requests authorization to modify the existing grant agreement with Felton Institute for the time period beginning July 1, 2019 and ending June 30, 2020, in the amount of \$87,300 plus a 10% contingency for a total not to exceed \$377,149. The purpose of this modification is to continue the Senior Companion program through the end of the 2019-2020 fiscal year.

#### Background

The Senior Companion Program establishes social service roles for volunteers through which they maintain a sense of self-worth, retain physical health and mental alertness, and enrich their social contacts. It also provides supportive services, including friendship and socialization, to older persons in an effort to maintain independent living. Senior Companions serve 15 to 40

hours per week helping an average of three to five adult clients live independently in their own homes. Volunteers receive pre-service orientation, training from the organization where they serve, supplemental insurance while on duty, and may qualify to earn a tax-free hourly stipend. To qualify for a tax-free stipend, a Senior Companion volunteer's income must be at or below 200% federal poverty level. An individual making over 200% of poverty level can be a Senior Companion but they will not be eligible to receive a stipend.

#### Services to be Provided

Funding for the Senior Companion program will support continued development of volunteer opportunities throughout the community by matching low to moderate-income older persons with opportunities to support individuals in their homes and increase capacity at local community based programs. Senior Companions may be assigned one-on-one to visit older adults in their homes. Visits can include sorting mail, watching a movie together, sharing a snack. Senior Companions also help with grocery shopping or picking up a prescription. Senior Companions help meet critical community needs by increasing the service capacity of Community Center sites where they volunteer. Seniors Companions help with activities, congregate meal service and socialization of participants. Senior Companion volunteers benefit from meaningful volunteer service to others, enriching both the volunteer's life and the lives of those they serve.

#### **Grantee Performance**

Grantee was found to be compliant with Citywide Fiscal and Compliance Monitoring standards in February 2019. Program monitoring took place in March 2019 with no findings.

#### **Grantee Selection**

Grantee was selected through Request for Proposals 677, which was competitively bid in March 2016.

#### Funding

Funding for this grant is provided entirely by City and County funds. Volunteer stipends represent more than 50% of the budget.

#### Attachments

Appendix A1: Services to be Provided Appendix B1: Budget

## APPENDIX A-1- SERVICES TO BE PROVIDED BY GRANTEE

# FAMILY SERVICE AGENCY OF SAN FRANCISCO DBA FELTON INSTITUTE

### Effective July 1, 2019 to June 30, 2020

### SENIOR COMPANION PROGRAM (SCP)

#### I. Purpose

The purpose of this grant is to empower people 55 years of age and older to contribute to their communities through service, enhance the lives of those who serve and those whom they serve, and provide communities with valuable supportive services and companionship.

#### **II.** Program Definition

The Senior Companion Program creates social service roles for volunteers through which older adults can maintain a sense of self-worth, retain physical health and mental alertness, and enrich their social contacts through regular and ongoing volunteer opportunities. It also provides supportive services to older persons in an effort to maintain independent living.

Adult Day Program	An ADP program is a community-based program providing non-medical care to persons 18 years of age or older in need of personal care services, supervision or the assistance essential for sustaining the activities of daily living or for the protection of the individual on less than a 24-hour basis. The State Department of Social Services (DSS) licenses these centers as community care facilities. This program is not eligible for Medi-Cal reimbursement.
CARBON	Contracts Administration, Reporting and Billing On-Line System
Disability	A condition or combination of conditions that is attributable to a mental, cognitive or physical impairment, including hearing and visual impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: Activities of Daily Living (ADL), and Instrumental Activities of Daily Living (IADL); b) Capacity for independent living and self-direction; c) Cognitive functioning, and emotional adjustment
Frail	An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or others.

Grantee	Family Service Agency of San Francisco, also known as Felton Institute
HSA	Human Services Agency of City and County of San Francisco
Older Adult	Person who is 60 years or older, used interchangeably with Senior.
OOA	Office on the Aging
Senior	Person who is 60 years or older, used interchangeably with Older Adult.
SOGI	Sexual Orientation and Gender Identity; Ordinance No. 159-16 amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (Chapter 104, Sections 104.1 through 104.9).

## III. Eligibility to be enrolled as Senior Companion Volunteer

Senior Companions must:

- be 55 years of age or older;
- meet the established income eligibility guidelines not to exceed 200 percent of the poverty level;
- be determined by a physical examination to be capable of serving frail older adults or adults living with disabilities between 18 and 59 years of age. Volunteer service must be performed without physical detriment to either the Senior Companion or the adult served;
- be willing to accept supervision as required;
- be willing to serve from 15 to 40 hours per week; and
- be willing to receive 20 hours of pre-service orientation training before assignment and monthly in-service training thereafter.

Eligibility to be a Senior Companion may not be restricted on the basis of formal education, experience, race, religion, color, national origin, sex, age, handicap, or political affiliation.

## **IV.** Description of Service

**A.** The Senior Companion Program provides supportive services to adults with physical, emotional, cognitive and mobility health limitations, in an effort to achieve and maintain their highest level of independent living. The Program has a dual purpose:

- 1. Engage persons 55 and older, particularly those with low to moderate incomes, in volunteer service to meet critical community needs by increasing the service capacity of those sites, where volunteers provide service.
- 2. Provide a high-quality experience that enriches the lives of the volunteers and those they serve.
- **B.** Senior Companions visit with and assist homebound older adults with one-on-one social interactions, chores, grocery shopping, transportation to medical and other appointments and other duties as needed and appropriate.
- **C.** The Senior Companion may advocate for the client when appropriate, and assist with obtaining community resources that prolong independence and improve quality of life.
- **D.** The Senior Companion may be placed in a structured program such as an Adult Day Program or a Community Center for older adults. The Senior Companion encourages and assists older adults participate in center based activities designed to help the client maintain independence and increase socialization.
- **E.** The Senior Companion is an integral part of care management and is trained to alert doctors and/or family members of potential health problems.
- **F.** Many Senior Companions may also work with persons diagnosed with Alzheimer's disease, stroke, diabetes, or other cognitive and/or mobility issues.
- **G.** After placement in the community and in return for their services, Senior Companions receive a tax-exempt stipend of \$2.65 per hour in accordance with the Domestic Volunteer Service Act of 1973, as amended. Additional benefits include a free meal or meal reimbursement for each day of service, reimbursement for transportation to and from the work site, supplemental accident, personal liability and excess automobile insurance coverage, an annual physical examination, and personal recognition for their efforts.

## V. Units of Service and Definitions

During the term of the grant, the Grantee will provide service to the indicated number of consumers with the indicated number of units of service on an annual basis:

## **Unduplicated Senior Companions:**

An individual volunteer enrolling in the program and serving as a Senior Companion.

Unit: One (1) unduplicated Senior Companion

## Number of Volunteer Hours:

Time spent by Senior Companions deployed in the community providing services.

Unit: One (1) Hour

## Number of unduplicated Older Adults Served:

Senior Companion program federal regulations require that volunteers provide person-toperson services to frail and isolated older adults. The average ratio of volunteer to clients is 3 to 5 assigned clients per volunteer. Grantee agrees to operate this program at a 5 clients per Senior Companion ratio.

.

Unit: One (1) unduplicated senior receiving services from a Senior Companion.

## VI. Service Objectives

## **During the Grant Term:**

- Grantee will provide at minimum <u>15</u> unduplicated volunteers to serve as Senior Companions.
- Grantee will provide at minimum <u>12,740</u> volunteer hours through Senior Companion services.
- Grantee will provide Senior Companion services to a minimum of <u>75</u> unduplicated seniors.

## VII. Outcome Objectives

At least eighty per cent (80%) of Senior Companions will respond to the annual consumer satisfaction survey.

- At least seventy-five percent (75%) of Senior Companions responding to the annual consumer satisfaction survey agree that program participation makes them feel they are providing a meaningful service to the community.
- At least seventy-five percent (75%) of Senior Companions responding to the annual consumer satisfaction survey agree that program participation makes them feel engaged in their work assignment.
- At least eighty percent (80%) of Senior Companion placement sites will continue to participate in the program throughout the year.

## VIII. Reporting and Other Requirements

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5th working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from Annual Consumer Satisfaction survey to Office on the Aging staff by March 15<sup>th</sup> of each grant year.

- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31 each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAAS/OOA.
- H. Grantee shall develop and deliver an annual summary report of SOGI data collected in the year as required by state and local law. The due date for submitting the annual summary report is July 10<sup>th</sup> each contract year.
- I. Grantee will develop and maintain with OOA's approval, an updated Site Chart (using OOA's format) with details about the program.
- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- K. Apart from reports requested to be sent via e-mail to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Esperanza Zapien Contracts Manager/HSA P.O. Box 7988 San Francisco, CA 94120 esperanza.zapien@sfgov.org Linda Murley DAAS, Office on the Aging P.O. Box 7988 San Francisco, CA 94120 linda.murley@sfgov.org

## **IX.** Monitoring Activities

A. Program Monitoring: Program monitoring will include review of compliance to specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OOA funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.

B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

ł

	A	В	С	D	E	F
1				Appendix B-1, Document Date:		Page 1 4/8/2019
3	· •	IUMAN SERVICES	AGENCY CONT	RACT BUDGET S	UMMARY	
4			BY PROGRAM			
5	Name			Term		
6	Felton Institute			July 1, 2016 - June 30	, 2020	
7	(Check One) New _ Renewal	Modification	_X			
	If modification, Effective Date of Mod.	No. of Mod.				
9	Program: DAAS - Senior Companion Pro	ogram				
10	Budget Reference Page No.(s)				Modification	
11	Program Term	7/1/16 - 6/30/17	7/1/17 - 6/30/18	7/1/18 - 6/30/19	7/1/19 - 6/30/20	7/1/16-6/30/20
12	-				000.005	600.070
	Salaries & Benefits	\$12,324	\$12,324	\$20,865	\$20,865 \$55,048	\$66,378 \$231,764
14	Operating Expense	\$59,931	\$61,737	\$55,048	\$00,040	
	Capital Expenditure Subtotal	\$72,255	\$74,061	\$75,913	\$75,913	\$298,142
10	Indirect Percentage (%)	15%	15%	15%	15%	
	Indirect Cost (Line 17 X Line 18)	\$10,838	\$11,109		\$11,387	\$44,721
	Total Expenditures	\$83,093	\$85,170	\$87,300	\$87,300	\$342,863
20	HSA Revenues	1 1				
21						
22	General Fund	\$83,093	\$85,170	\$87,300	\$87,300	\$342,863
23						
24						
25						
26						
27						
28 29						
30	· · · · · · · · · · · · · · · · · · ·					
31						
32						
33	· · · · · · · · · · · · · · · · · · ·					
34	TOTAL HSA REVENUES	\$83,093	\$85,170	\$87,300	\$87,300	\$342,863
35	Other Revenues			·		1
36						
37						
38						
39				\$07.000	¢07.200	6343.963
40	Total Revenues	\$83,093	\$85,170	\$87,300	\$87,300	\$342,863
41	Full Time Equivalent (FTE)					
43	Prepared by: Lissette Garza, Controller		Telephone No.: 474-	7310 ext. 486		4/8/2019
44	HSA-CO Review Signature:			-		
45	HSA #1			-		

33	<u>32</u> 34	30	29	28	26	25	24	23	22	21	20	19	18	17	16	15	14 14	13	12	<u>د</u> د	10	9876		24	
HSA #2	TOTAL SALARIES & BENEFITS		EMPLOYEE FRINGE BENEFITS	FRINGE BENEFIT RATE	TOTALS								-				Volunteer Coordinator	13 Program Coordinator	Program Director	POSITION TITLE			Contractor's Name: Felton Institute (Same as Line 6 on HSA #1)		A
	\$168,350		\$38,850	30.00%	\$129,500												\$26,500	\$41,000	\$62,000	Annual Full TimeSalary for FTE	Agency Totals				в
					2.50												50.0%	100.0%	100.0%	Total % FTE	otals	valarie	-		ဂ
					0,50												26.0%	11.0%	13.0%	% FTE			) ]		D
					0.31						r						13.0%	8.0%	10.0%	Adjusted FTE 7-16-6-18	For HSA Program	Salaries & Délients Detail	<b>7</b>		m
					0.37								7				13.0%	11.0%	13.0%	Adjusted FTE 7-18-6-20	rogram				T
	\$12,324		\$2,844		\$9,480													\$3,280	\$6,200	7/1/16 - 6/30/17					G
	\$12,324		\$2,844		\$9,480													\$3,280		7/1/17 - 6/30/1					T
	24 \$20,865		4 \$4,815		<u>10 \$16,050</u>												\$3,450			7/1/16 - 6/30/17 7/1/17 - 6/30/18 7/1/18 - 6/30/19 7/1/19 - 6/30/20		-		Appendix B-1, Document Date:	
	5 \$20,865		5 \$4,815		5 \$16,050												) \$3,450			7/1/19 - 6/30/20	Modification				_ _
4/8/2019			5 \$15,318		351,060												\$6,900			7/1/16-				Page 2 4/8/2019	n

33	3 4 8	28	28	27	26	25	2 23	22	21	20	19	18	17	16	15	14	13	12	11	10	9	ω	νσ	ა თ	4 0		
HSA #3	TOTAL OPERATING EXPENSE	Program Related Expenses	Volunteer Tranportation	Volunteer Meals	Volunteer Recognition	OTHER					Volunteer Stipends (15)	Consultant (Outreach)	Repair & Maintenance of Rental of Equipment	Rental of Equipment	Staff Travel-(Local & Out of Town)	Staff Training	Insurance	Printing and Reproduction	Office Supplies, Postage	10 Utilities(Elec, Water, Gas, Phone, Scavenger)	Rental of Property	Expenditure Category			Felton Institute		
																	1		ļ			TERM		Ope			-
	\$59,931	\$1,179	\$3,765	\$3,250	\$2,000						\$43,000	\$3,500	\$350		\$2,053		\$150		\$684			7/1/16 - 6/30/17		Operating Expense Detail			
	\$61,737	\$1,1/9	\$3,765	\$3,250	\$2,000						\$43,000	\$3,500	\$350		\$2,053		\$1,150		\$1,490			7/1/17 - 6/30/18		etail	:		
	\$55,048	\$1,1/9									\$43,000		\$456		\$1,000		\$1,200		\$1,600			7/1/18 - 6/30/19				Appendix B-T, Document Date:	Appendix D-1
	\$55,048	\$1,1¢	\$2,765	\$3,250	\$598						\$43,000		\$456		\$1,000		\$1,200		\$1,600			7/1/19 - 6/30/20	Modification				
4/8/2019	\$231,764	\$4,710									\$172,000	\$7,000			\$6,106		\$3,700		\$5,374			7/1/16-6/30/20				r/age	Dane 2