# LONG TERM CARE COORDINATING COUNCIL (LTCCC)

San Francisco's Long Term Care Coordinating Council (LTCCC) advises the Mayor and City on policy, planning, and service delivery issues for older adults and people with disabilities to promote an integrated and accessible long-term care system. Long Term Care System refers to the continuum of home, community-based, and institutional services and supports that help to address the medical and non-medical needs of people with limitations

**DATE:** WEDNESDAY, DECEMBER 14<sup>TH</sup> 2022

# **MINUTES**

#### **Members Present:**

Ramona Davies, Lana Neives, Christine Roppo, Debby Kaplan, Jennifer Walsh, Kelly Dearman, Rachel Main, Eileen Kunz, Elizabeth Hewson, Vince Crisostomo, Bernadette Navarro-Simeon, Jennie Hua

Members Absent: Irin Blanco, Laura Liesem, Mark Burns

**Guests:** Cindy Kauffman, Adithi Velore, Izzy Claytor, Casey Schutte **Staff:** Valerie Coleman

# ACTIONS:

- Updated LTCCC by-laws were approved
- The Dignity Fund Oversight and Advisory Committee (OAC) nominations Vince and Jennifer were officially approved and nominated to OAC's

# **DISCUSSION:** Review possible projects

- 1. Continuum of Care + Improving coordination of services & supports + Supportive Services: Possible Projects
  - a guide for long-term services and supports, advancing supportive models of care, improving community-based care options, addressing the needs of people with cognitive impairment (inclusive of developmental disabilities, dementia, brain injuries, etc.);
  - a "report card" on agencies/orgs to better understand how they are doing;
    <u>https://www.longtermscorecard.org/databystate/state?state=CA</u>
  - better coordination amongst healthcare providers, particularly for underrepresented communities<sup>1</sup>;
  - 4. Affordable healthcare complemented by services that support systemically underrepresented communities overall well-being and quality of life;
  - 5. Support people to be able to negotiate the barriers and confidently voice the challenges

<sup>&</sup>lt;sup>1</sup> which includes those who experience discrimination based on race/ethnicity, abilities, language spoken, immigration status, and LGBTQI+ status with complex needs around their physical health, mental health (including substance use)

- Empower people to participate and/or advocate around services
- 6. Advancing supportive models of care for homeless adults with mental health challenges and disabilities transitioning into housing;
  - MOD prioritizes this
- Building out better community-based care options for complexly diagnosed adults that do not require rehousing/relocation (advancing "aging in place" systems);
  - Momentum around this idea with various City agencies, members supported this idea
- 8. Advocate for and "watchdog" cross-agency cooperation on all LTC topics.
  - Member advocated this idea

#### Discussion:

- Fine-tuned the projects above
- Interest in a scorecard aimed at improving coordination of services. Can we have SCAN come talk what is the tangible impact/effect of the score card? (Valerie will ask someone to come speak)
- Cindy will provide more information on DAS resource guide (timeline, next steps, scope) at the next meeting
- Elizabeth will provide an update on the OakDays (Cardea) model that a handful of SF Dept's are working on

# 2. Social Isolation/Connectedness: Possible Projects

- 1. Addressing the digital divide, particularly consumer's access to telehealth and other vital services. For example, ensure internet access (service and technology) on a needs-basis to any recipient;
- 2. Acknowledge its impact on general health
- 3. Review existing efforts and recommendations (such as LTCCC workgroup)

# **Discussion:**

- Send Behavioral Health report to members, discuss possible next steps Susie give background
- Isolation can mean different things and look differently depending on where people are living (home, community, skilled nursing, etc.)
- Having internet access isn't enough for accessing telehealth need privacy
- Provide an overview/background on the Social Engagement workgroup
- Personal caregivers be trained about resources and opportunities that might reduce social isolation and loneliness
- Intergenerational pilots
- Valerie bring more info on current research/gaps around social isolation and loneliness (UCSF, our 2019 results, etc.)
- Mapping Policy statement to Affordable Housing report (include link in minutes) Vince
- Follow up with Lana and Vince about hybrid accessible meeting room

# ACTION: Next Steps

# **ANNOUNCEMENTS**

<u>ADJOURN</u>

4:30pm

NEXT MEETING: December 14th, 2022

4:20pm